

April 14, 2023

#### Dear Catamount Families,

Thank you so much to the over 800 of you who shared your thoughts and ideas with us through our recent family survey. The insight you provided will help shape what, where, and how we share information that supports you and your students.

I'm pleased to announce the formation of the **Catamount Family Advisory Council**. This group will be invited to share their experiences and ideas with us and serve as a set of ambassadors to get the word out to all of our Catamount families about the UVM campus experience. Members will be asked to commit to a two-year term and will represent the diverse backgrounds of our student body.

As the weeks of the semester wind down, it's a good time to touch base with your student about ending the semester well. Here are the kinds of open-ended questions that can support their health and wellbeing over the next several weeks:

- Are there any habits you need to change to help you do well in the last weeks of the semester?
- What's your plan to get a little more sleep ahead of finals?
- Do you feel like you and your friends are being the best people you can be, with each other and with others?
- Is there anything I can do to support you?

Thank you for your engagement throughout this year and thank you for the gift of your students. They make this community a phenomenal place in which to learn and grow.

Warmly, Erica

**Erica Caloiero** (she/her) *Vice Provost for Student Affairs* 

## WHAT'S HAPPENING ON CAMPUS



### Earth Week at UVM

April 17-23

Saturday, April 22 marks the 53rd anniversary of Earth Day—and UVM has been there from the beginning! There's a wide range of events to pique your student's interest and deepen their understanding and advocacy around sustainability, ecology and all things green. <u>See the full</u> <u>schedule here</u>.

### Wellness Environment's Annual 5K Race

April 20, 2023, 4:00 p.m.

Grab your leg warmers and leotards the <u>8th annual 4/20 5k for Wellness</u> is 80s THEMED! This family-friendly event is open to the full UVM and greater Burlington communities, with free registration, race shirts, games, raffles, food trucks, and more. Let's get physical!



#### Research Week April 17–21

In celebration of UVM's recent historic increase in sponsored research—and to celebrate UVM becoming a Top 100 Public Research University in the United States—the university is pleased to announce the second annual UVM Research Week. Check out <u>the full list of activities</u> focused on research, scholarship, and creative works.

# Spring into savings with UVM Dining

Now's the time to add some retail points to get your student through the semester. Talk with your Catamount about their remaining funds and remind them to <u>avoid running out before finals</u> <u>week</u>. Additional retail points added to their original meal plan will carry over as long as they are enrolled at UVM.

## **COMMENCEMENT 2023**

The university is well underway preparing for our traditional Commencement ceremonies and events that will take place on **Saturday, May 20** and **Sunday, May 21** this year. President Suresh Garimella recently announced this year's commencement speaker will be the Honorable Sethuraman Panchanathan, director of

the U.S. National Science Foundation (NSF). We are thrilled to bestow Dr. Panchanathan—whose leadership of NSF has helped drive important advancements in scientific discovery, technological innovation, and STEM education—an honorary degree alongside our graduates. Visit the <u>official Commencement website</u> for more information about our speakers, ticket information, and so much more.

#### VIEW THE FULL SCHEDULE

## **CAREER CORNER**



## Green Mountain Job Retention Program

Work in Vermont. Lose some of your student loans. When you live and work in Vermont after graduating from UVM, you can get \$5,000 of your student loans paid off. Visit <u>go.uvm.edu/gmjrp</u> to learn more.



# Senior Series Blog: Find Your People

Attention Senior families! Check out the Career Center's Senior Series Blog, giving soon-to-be grads and their families a leg-up on the post-graduation job search. New posts will appear every Monday through graduation. <u>Click here</u> to read!

### In case you didn't know...

#### Their futures revealed: LCOM Class of '23 celebrates Match Day

On March 17, members of the medical Class of 2023 enjoyed an upbeat, emotional, and life-changing <u>Match Day</u> at the University of Vermont's Larner College of Medicine. <u>Watch the 2023 Match Day video</u>.

Want to read previous editions of the Catamount Family Newsletter? Visit our <u>Communications with Families webpage</u>. Don't miss an update. Add or adjust your contact information through <u>your subscription center</u>.

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