



February 13, 2023

Dear Catamount Families,

And just like that, we're in the swing of the semester! We hope your student has been able to enjoy the gifts of this new semester—meeting new friends, encountering new challenges that spur intellectual and personal growth, and getting outdoors, whether at the mountain or on our [pop-up rink](#).

As your students evolve, so does UVM. We've been thinking about new ways to engage and support you, the most crucial champions of student success.

To that end, we want to hear from you. Please take this [brief survey](#) for current and alumni Catamount families. Your feedback will inform more engaging and supportive programming and communications. I'm very excited to know how we can better serve you, so [we'd love your thoughts](#) by March 15.

As always, please be in touch. I so value the feedback you share and the opportunity to create an ever-stronger UVM.

Warmly,
Erica

Erica Caloiero (she/her)
Vice Provost for Student Affairs

Keep scrolling for what's happening on campus...



"Let's Talk" Open Hours

Did you know your student can access Counseling and Psychiatry Services (CAPS) for drop-in conversations? Counselors are available to all students through [Living Well](#) and the [Women & Gender Equity Center](#) (WAGE), as well as for students of color through the [Mosaic Center](#) and LGBTQAI+ students through the [Prism Center](#).



Cheese and Dairy Fest

February 21, 11:00 a.m.–1:30 p.m.

Students are invited to meet some of Vermont's best cheese and dairy producers at our annual Dairy Fest in the Davis Center and enjoy free samples of cheese, yogurt, and ice cream. Plus, be entered to win raffle prizes and more...they don't want to miss it!



Intuitive Eating Series

Series begins March 2

During this 5-week [workshop](#), students will challenge the messages keeping them stuck in diet culture and become empowered to use their own body's wisdom to guide food choices. We will talk about nutrition and



Campus Rec Buddies

This month, Campus Rec is encouraging students to grab a friend and try out the many ways they can be active and have fun. Research shows that working out with a partner increases motivation and consistency with activity. They're more

self-care from a non-diet, health-at-every-size perspective.

likely to work harder, be more adventurous, and try new things. Encourage your student to stop by and find their fit!

IMPORTANT RESIDENTIAL LIFE DATES

February 16: Trading Spaces deadline

If your student is interested in a room change for the spring 2023 semester, the trading spaces form will close February 16.

Returner On-Campus Housing for 2023–24

The 2023-24 Returner Housing contract will open in UVM's housing portal on February 13 and will close March 10. [Learn more](#) about the returner housing process. We will be sending more detailed information to your students shortly.

Please consider following up with your student to remind them to check their residency requirement. UVM requires that all first-time, first-year students live on campus for four semesters. At this time, we are unable to guarantee housing beyond the required four semesters.

Off-Campus Housing for 2023–24

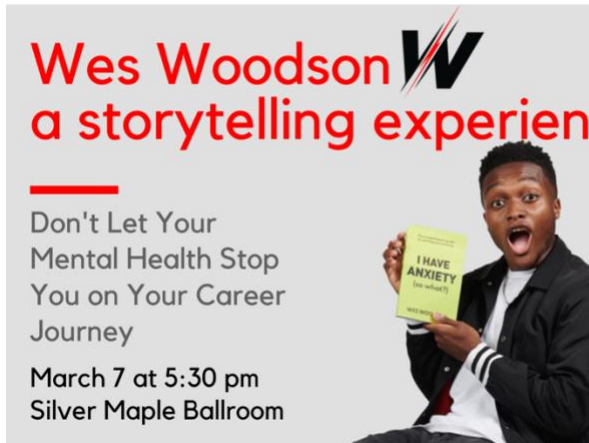
If your student's housing requirement will be fulfilled in May, they will need to find housing off campus. If they do not already have housing secured, we suggest your student visits the [Office of Student and Community Relations](#) (OSCR) for support in their search. OSCR's [off-campus housing site](#) is a great place to start, which includes a housing database and off-campus living guide. We recommend beginning this search as soon as possible.

Spring Break Closure March 11–19

Residence halls close for spring break Saturday, March 11 at noon and will re-open on Sunday, March 19 at 8:00 a.m.

If your student plans to stay in housing for spring break or needs to return early, the Break Housing form will open on February 22 and will be shared with all residents.

CAREER CORNER



Imposter Syndrome & the Career Journey

March 7, 5:30–6:30 p.m.
Grand Maple Ballroom

The biggest speaking engagement UVM Career Center has ever hosted! Author [Wes Woodson](#) will focus on the topics of imposter syndrome for students, navigating the college experience, and preparing for their transition into the working world. We want this to be a packed house!

All students are welcome, with particular focus on students of color, first generation students, international students, and LGBTQIA+ students.

Spring Job and Internship Fairs

[STEM Job Fair](#)

February 15, 12:00–3:00 p.m.
Grand Maple Ballroom

An industry-specific fair for STEM fields

[Vermont Virtual Job Fair](#)

February 23, 12:00–4:00 p.m.

Hosted by the Vermont Department of Labor

[UVM Career Center Job and Internship Fair](#)

March 8, 12:00–3:00 p.m.
Grand Maple Ballroom

Meet 100+ employers who actively hire Catamounts!

IN CASE YOU MISSED IT

This past Friday, the UVM Board of Trustees approved the formation of the School of World Languages and Cultures and the Institute for Agroecology, further enriching the academic offerings at Vermont's flagship land grant university. [Read more >>>](#)

*Want to read previous editions of the Catamount Family Newsletter?
Visit our [Communications with Families webpage](#).*

*Don't miss an update. Add or adjust your contact information through
[UVM Foundation](#).*
