

2023 Adventure TREK Leader Internship

As a TREK Leader Intern, you will learn and develop transferable leadership skills through training and real-world practice, leading a TREK trip! Your primary responsibility will be to welcome first year UVM students and support them to form connections with one another and the Northeastern outdoors. Leaders will be trained and supervised by Assistant Director of Student Life for Outdoor Programs and the Outdoor Programs Coordinator. Trips in 2023 will include: Camping, Backpacking, Hiking, Canoeing, Sea Kayaking, Rock Climbing, Mountain Biking*, White Water Paddling*, and two Affinity space trip options: Mosaic and Pride TREK*.

*Affinity TREK trips:

These trips will happen only if there are leaders identified who specifically want to take on the task. And, in the past we've had to cancel Mosaic TREK due to lack of enrollment. If we can make them happen, we will! And want to make sure we're intentional about crafting this experience both for the leaders and participants. Mosaic TREK is for incoming students wanting to connect over a shared affinity around the experience of starting UVM as a Student of color. Pride TREK is for students wanting to connect over a shared affinity around the experience of starting UVM as LGBTQA+. BIPOC and LGBTQA+ students are encouraged to join whichever TREK experience feels most right to them, these trips are one additional option.

Your Role as a TREK Leader

- Leading with a co-leader to build relationships with participants (TREKKIES) and foster relationships between TREKKIES.
- Act as a resource for TREKKIES to better understand the community values and at UVM.
- Teach outdoor living skills, expedition behavior and minimum impact camping techniques.
- Providing an environment in which students are supported in both physical and emotional needs.
- Effectively manage physical, emotional and social risks specific to first year programming and an outdoor environment

What You'll get from your internship experience:

- An opportunity to learn and practice outdoor leadership
- A Chance to share your unique and diverse UVM experiences with incoming students
- An Amazing working environment (Green Mts., Lake Champlain and Adirondacks)
- All meals provided.
- On Campus Housing during Pre-TREK training and prep.
- TREK leader uniform apparel
- Financial Compensation is based on years of experience leading TREK, level of medical training and level of responsibility.
 - 1st time leader – \$475 + WFA (\$200 value)+CPR(\$45 value)+MHFA(\$25 value)
 - 1st time leader w/WFA \$525 +CPR+MHFA
 - Returning leader - \$600
 - Returning leader w/WFR – \$750

Our Expectations for you as an Intern and Leader:

- Complete fulfillment of the terms of the internship as described in the offer letter you received.
- Ability to commit to TREK full-time with no other commitments from **August 13th** – **August 24th**. No exceptions!

- Regularly check email and respond to communications from the Outdoor Programs Office in a timely manner.
- Act in a manner that positively reflects on UVM as an institution, TREK as a program and the Outdoor Programs as a subset of the Department of Student Life.
- Appropriately manage the sensitive personal information of your TREKKIES.
- Respond to incidents to the best of your ability, in accordance with your level of medical certification and the provided TREK Training

Minimum qualifications:

- Prior leadership experience (not necessarily service or outdoor based)
- LEAP training – We are reserving spaces in our May LEAP course and will offer an Adventure TREK leader internship contingent on the applicant completing this course.
- Previous experience in the activity for the trip you're applying to lead
- Commitment to diversity, equity and inclusion
- Ability to assume leadership roles and manage risk.
- Excellent, communication, group facilitation and interpersonal skills.