Participating in Psychology Studies

Step 1: request a Sona Systems user account:
- Browse to [https://uvm.sona-systems.com/](https://uvm.sona-systems.com/) (please use a reasonably up-to-date Web browser!)

At the bottom left, click on "New Participant / Request an account here". Fill out information on this form (other than phone number, which is not needed) and click "Request Account". **Please note:**

- **Do NOT use your UVM NetID or 95 number.** Instead, choose your own User ID that can be any combination of letters and numbers. You will be assigned a random password which you can change in the system. **Do NOT change this to your NetID password or password used for other sites, because it may be sent via email.** Instead, choose and write down a unique password for this site.
- **However, be sure to use your UVM email address;** this is required to prevent fraudulent logins.
- At the bottom of the form, select all relevant course sections that you are enrolled in this semester. Use the Control (Windows) or Apple key to select multiple sections. If a course does not appear, that class is not currently awarding credit for studies.

![Screenshot of the Sona Systems user account request form](image-url)
Step 2: Login to the site and browse studies.

Your login information and instructions will be emailed to you (if this does not come within a few minutes of registering, make sure that email from uvm-admin@sona-systems.net is not being blocked or routed to your junk mail folder. However, do not reply to that email address, as it is unmonitored. Email Keith.Burt@uvm.edu for system support.)

From the main page, you can browse studies, track your "points" / progress / signups, cancel a signup, and view/edit your user profile.

Click on "Study Sign-Up" to see studies and view when studies have openings. Click on the name of any study for more information and to view timeslots.

Step 3: Sign up for studies.

When you sign up for a study, you will be able to choose which class to assign points to from a drop-down menu. In the example below, the study also has a password ("invitation code"), so you must contact the researcher before signing up.
Please note:

- The system assigns "points" for study completion. **1 POINT on this system = 1 HOUR** of your time. Policies for how system points are used for course credit may vary by class.
- Many studies have eligibility requirements, which should be clearly shown as part of the study description. *It is your responsibility to ensure that you meet these requirements. If you come to a scheduled session to which you are not eligible, you will not be able to receive credit for participation.*
- Some studies may require a password (Invitation Code). This is provided by researchers when they wish to pre-select participants for a study.
- Some studies may require two visits, scheduled a certain number of days apart.
- Some studies may be completed online.
- Studies will have a time limit beyond which you cannot sign up and cannot cancel a signup. Please ensure you are able to commit to studies that you sign up for.
- It may take up to 48 hours for credit to be applied for a study you participated in.