

Syllabus Fall 2023

NFS 6100, MSD Journal Club, 2 Credit Hours

Welcome to Journal Club! Please read the information below carefully.



Modality, Meeting Pattern, Location

We will meet remotely over MS Teams on Mondays during the scheduled course time; 2:30 pm - 4:00 pm EST. You will be participating in both large and small group discussions during this time. It is your responsibility to come prepared for these discussions.

Instructor, Contact Information, Office Hours

Course Instructor: Janet Gamble, MTeach, RDN

Email: janet.gamble@uvm.edu

Office Hours: Please email me to set up a time that works best for you.

Supporting your success is my priority. I check emails on a daily basis during the week and occasionally on the weekend. My goal is to respond to you in a timely fashion ~24-48 hrs. Please keep me updated on events that are happening in your life and contact me anytime with any questions or concerns you may have.

Course Description

This course aims to critically review and integrate scientific information and research into practice. Topics of emphasis will include nutrition, sustainable and resilient food systems, organizational and professional values of diversity, equity, inclusion and access, food security and malnutrition, as well as chronic disease prevention and management.

Course Learning Objectives

By the end of this course, you will be able to:

- 1) Develop and explore ethical decision making within dietetics practice
- 2) Describe and apply Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists
- 3) Discuss Academy Professional Practice Papers
- 4) Explore organizational and professional values of justice, diversity, equity, access and inclusion
- 5) Improve presentation delivery and facilitation by leading journal discussions.

Statement on Weight Inclusivity:

This course will take a weight-inclusive approach with the intention of improving access to health care that is *non*-stigmatizing. This approach is built on scientific evidence that individuals can maintain a healthy body and achieve a state of well-being independent of their weight. This

approach moves away from blaming the individual for being unable to lose weight. It allows for a decrease in weight stigma and body shaming, while increasing focus on overall improvement in psychological well-being and social determinants of health. In this course, a weight-inclusive approach will be applied to all facets of dietetics & nutrition practice, including interventions, training, counseling, and education.

Required Course Materials:

Required Software: MS Teams, Brightspace and reliable internet access.

Readings: All required readings are listed in the syllabus for you to access and are posted to Brightspace. Any additional materials that you may need will also be posted to Brightspace.

Brightspace and MS Teams:

Brightspace is the learning platform that we will be using for this course. It will be used to house all course materials including any course lectures, supporting materials, and assessment. You should be comfortable accessing and navigating Brightspace. Information for students is provided at: <https://www.uvm.edu/it/kb/article/brightspace-for-students/>.

***Teams Meetings and your video background.**

Please make sure your meeting background is professional. If you have a background that does not resemble a professional setting, or provides others with distractions, you should use the blur background function on Teams.

Technical Support for Students

Please read this technology checklist to make sure you are ready for classes.

<https://www.uvm.edu/it/kb/student-technology-resources/>

Should you need assistance, please contact the Helpline (802-656-2604) for support with any technical issues.

Attendance and Illness

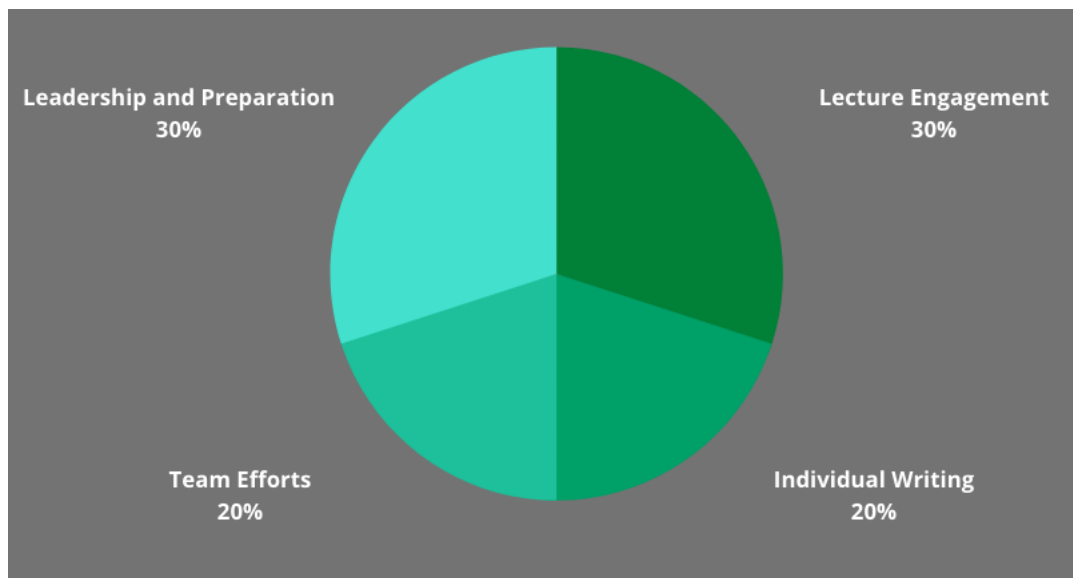
Attendance in this course is required. The MS Teams attendance report will be used to calculate part of your Lecture Engagement grade.

If you are not able to attend class (even though it's online) for qualifying health reasons, Student Health Services (SHS) will send a notification to the appropriate student services office or designated staff member informing them of this along with the dates you are unable to attend. The SHS notification will specify whether the request for flexibility is only around class attendance or includes additional flexibility for assignments and tests because you are too ill to participate. It is your responsibility to work with me to make up class content and work you miss due to a documented illness.

Dire Emergencies

I recognize that sometimes things happen. These emergencies must be documented and are subject to my approval. In such emergencies, you should contact me within twenty-four hours of the scheduled assessment/due date, unless it is physically impossible for you to do so, in which case you should be prepared to document that impossibility. If you cannot provide documentation and/or you miss more than two major assignments due to dire emergencies, I would strongly encourage you to withdraw from the class.

Grading Criteria/Policies:



The course grade is based on four weighted categories; Lecture Engagement (30%), Individual Writing (20%), Team Efforts (20%), Leadership and Preparation (30%).

The following are the grade cut-offs. Please note, grades are not rounded up at the end of the semester.

A+: > 98.0%	A: 93.0-97.9%	A-: 92.9-90.0%
B+: 89.9-88.0%	B: 87.9-83.0%	B-: 82.9-80.0%
C+: 79.9-78.0%	C: 77.9-73.0%	C-: 72.9-70.0%
D+: 69.9-68.0%	D: 67.9-63.0%	D-: 62.9-60.0%
F: < 60.0%		

***Our NFS 6100 Fall 23 Roadmap contains our weekly Topics, Readings and Assignment details. Please be sure to familiarize yourself with the schedule.**

Additional Information

Research and Citation Help:

For help selecting research topics, finding information, citing sources, and more, ask a librarian. You may ask questions by phone, e-mail, chat, or text, or make an appointment for an individual consultation with a librarian.

Howe Library: <https://library.uvm.edu/askhowe>

Dana Medical Library: <https://dana.uvm.edu/help/ask>

Silver Special Collections Library: <https://specialcollections.uvm.edu/help/ask>

Intellectual Property Statement/Prohibition on Sharing Academic Materials:

You are prohibited from publicly sharing or selling academic materials that you did not author (for example: class syllabus, outlines or class presentations authored by the professor, practice questions, text from the textbook or other copyrighted class materials, etc.); and you are prohibited from sharing assessments (for example homework or a take-home examination). Violations will be handled under UVM's Intellectual Property policy and Code of Academic Integrity.

Tips for Success:

Here are a few resources for students on remote/online learning:

- Checklist for success in <https://learn.uvm.edu/about/support-for-students/checklist-online-credit-courses/>
- Academic support for online courses: <https://www.uvm.edu/academicsuccess/online-learning-student-resources-remote-instruction>
- 30-minute webinar on online learning success (Mar 2020): https://www.youtube.com/watch?v=Xp_MYsqQyvE
- Helpful resources other than the professor (e.g. [Undergraduate/Graduate Writing Center](#), [Supplemental Instruction](#), [Learning Co-op tutors](#), supplemental course materials)

Student Learning Accommodations:

In keeping with University policy, any student with a documented disability interested in utilizing ADA accommodations should contact Student Accessibility Services (SAS), the office of Disability Services on campus for students. SAS works with students and faculty in an interactive process to explore reasonable and appropriate accommodations, which are communicated to faculty in an accommodation letter. All students are strongly recommended to discuss with their faculty the accommodations they plan to use in each course. Faculty who receive Letters of Accommodation with Disability Related Flexible accommodations will need to fill out the Disability Related Flexibility Agreement. Any questions from faculty or students on the agreement should be directed to the SAS specialist who is indicated on the letter.

Contact SAS:

A170 Living/Learning Center;

802-656-7753

access@uvm.edu

www.uvm.edu/access

Important UVM Policies

Academic Integrity:

The Academic Integrity policy addresses plagiarism, fabrication, collusion, and cheating.

Code of Student Conduct:

UVM's Code of Student Conduct outlines conduct expectations as well as students' rights and responsibilities.

FERPA Rights Disclosure:

The purpose of UVM's FERPA Rights Disclosure is to communicate the rights of students regarding access to, and privacy of their student educational records as provided for in the Family Educational Rights and Privacy Act (FERPA) of 1974.

Grading:

This link offers information on grading and GPA calculation.

Grade Appeals:

If you would like to contest a grade, please follow the procedures outlined in this policy.

Religious Holidays:

Students have the right to practice the religion of their choice. If you need to miss class to observe a religious holiday, please submit the dates of your absence to me in writing by the end of the second full week of classes. You will be permitted to make up work within a mutually agreed-upon time. The complete policy is here.

Promoting Health & Safety:

The University of Vermont's number one priority is to support a healthy and safe community:

- Center for Health and Wellbeing
- Counseling & Psychiatry Services (CAPS) Direct Phone Line: (802) 656-3340
- **C.A.R.E.** If you are concerned about a UVM community member or are concerned about a specific event, we encourage you to contact the Dean of Students Office (802-656-3380). If you would like to remain anonymous, you can report your concerns online by visiting the C.A.R.E. Team website.

Discrimination, Harassment, Sexual Harassment or Sexual Misconduct:

If a crime or other emergency is in progress, always call 9-1-1.

*Please note that I am *NOT* confidential resource; I will, however, help you identify confidential resources including:

Victim's Advocate (<https://www.uvm.edu/~women/?Page=support.html&SM=capmenu.html>), CAPS (<http://www.uvm.edu/~chwb/psych/>), and other health care providers (<http://www.uvm.edu/~chwb/health/>) and licensed counselors who *are* confidential resources.