

SAMPLE ACADEMIC PLAN: NUTRITION, SUSTAINABILITY AND SOCIETY CONCENTRATION

First Year

FALL		SPRING	
NFS 1043: Fundamentals of Nutrition	3 credits	NFS 1073: Farm to Table (D2/SU)	3 credits
NFS 1044: Survey of the Field	1 credit	CALS 1020: Foundations: Information Tech	3 credits
CALS 1010: Foundations: Comm. Methods	3 credits	CHEM 1580: Intro Organic Chem	4 credits
Chem 1100: Outline of General Chemistry	4 credits	PSYS 1400: Intro to Psychological Science	3 credits
ENGS 1001: Written Expression	3 credits	Electives	3 credits
Total Credits	14	Total Credits	16

Second Year

FALL		SPRING	
NFS 2113: US Food Policy & Politics	3 credits	NFS 2114: Human Health in the Food System	3 credits
NFS 2143: Nutrition in the Life Cycle	3 credits	ANPS 1200: Anat & Phys	4 credits
ANPS 1190: Anat & Phys	4 credits	ANTH 1100: Cultural Anthropology	3 credits
Catamount Core Course:	3 credits	MATH 1077: Exploring Modern Mathematics	3 credits
STAT 1110: Elements of Statistics	3 credits	Electives	1 credit
Total Credits	16	Total Credits	14

Third Year

FALL		SPRING	
NFS 1053: Basic Concepts of Foods	3 credits	NFS 3243: Advanced Nutrition	3 credits
NFS 2183: Intro to Biochemistry	3 credits	NFS 2990: Sustainable Diets	3 credits
Catamount Core Course:	3 credits	NFS 2990: Sustainable Diets Lab	1 credit
		NFS 3262: Community Nutrition	3 credits
Electives	6 credits	Electives	6 credits
Total Credits	15	Total Credits	16

Fourth Year

FALL		SPRING	
NFS 3203: Food Micro	3 credits	NFS 3995/3991: Research or Internship	3 credits
NFS 3204: Food Micro Lab	1 credit		
NFS 4286: NFS Senior Seminar	1 credit		
Catamount Core Course:	3 credits		
Electives	7 credits	Electives	12 credits
Total Credits	15	Total Credits	15

Prerequisites:

Course:

Prerequisite:

NFS 2113: US Food Policy and Politics	NFS 1073 or CDAE 1020 or CDAE 1040
NFS 2114: Human Health in the Food System	NFS 1043 or NFS 1073
NFS 2143: Nutrition in the Life Cycle	NFS 1043
NFS 2153: Principle of Food Technology	CHEM 1580
NFS 2154: Principles of Food Technology Lab	NFS 2153, NFS majors only
NFS 2156: Deadly Food: Outbreak Investigations	NFS 2153 or MMG 1010 or ASCI 1000
NFS 2163: Sports Nutrition	NFS 1043
NFS 2183: Intro to Biochemistry	CHEM 1580 or CHEM 2580/2585, NFS majors only
NFS 3203: Food Microbiology	NFS 2156, or NFS 2183 or concurrent
NFS 3204: Food Microbiology Lab	NFS 3203
NFS 3205: Functional Foods: Principles & Technology	NFS 2153, NFS 2154
NFS 3223: Nutrition Education & Counseling	NFS 2143, Junior or Senior standing
NFS 3243: Advanced Nutrition	NFS 1043, NFS 2183, ANPS 1190, Junior standing
NFS 3250: Foodservice Systems Management	NFS 1043, NFS 053, Junior standing
NFS 3254: Global Food Safety	NFS 2113 or NFS 2114; NFS 2153, MMG 1020 or MMG 2010
NFS 3260: Clinical Nutrition 1	NFS 2143, NFS 3243, Senior standing
NFS 3261: Clinical Nutrition 2	NFS 3260
NFS 3262: Community Nutrition	NFS major, Senior standing
NFS 3283: HAACP: Theory and Application	NFS 3203
NFS 5245: Nutrition for Global Health	Senior or Graduate standing
NFS 5253: Food Regulation	Senior or Graduate standing
NFS 5254: Global Food Safety	Senior or Graduate standing