

SAMPLE ACADEMIC PLAN: DIETETICS CONCENTRATION

First Year

FALL		SPRING	
NFS 043: Fundamentals of Nutrition	3 credits	NFS 073: Farm to Table (D2/SU)	3 credits
NFS 044: Survey of the Field	1 credit	CALS 002: Foundations: Information Tech	3 credits
CALS 001: Foundations: Comm. Methods	3 credits	CHEM 042: Intro Organic Chem	4 credits
Chem 023: Outline of General Chemistry	4 credits	PSYS 001: Intro to Psychological Science	3 credits
ENGS 001: Written Expression	3 credits	Electives	1-3 credits
Total Credits	14	Total Credits	13-16

Second Year

FALL		SPRING	
NFS 143: Nutrition in the Life Cycle	3 credits	NFS 034: Servsafe certification course	1 credit
ANPS 019: Anat & Phys	4 credits	ANPS 020: Anat & Phys	4 credits
HUM: Choose Diversity Option	3 credits	BSAD 060 or CDAE 158 or BSAD 009	3 credits
SOC 1: Intro to Soc or Diversity Option	3 credits	HLTH 003: Medical Terminology	2 credits
STAT 111: Statistics	3 credits	Electives	1-4 credits
Total Credits	16	Total Credits	12-14

Third Year

FALL		SPRING	
NFS 053: Basic Concepts of Food	3 credits	NFS 243: Advanced Nutrition	3 credits
NFS 183: Intro to Biochemistry	3 credits	NFS 244: Nutrition in Health & Prevention	3 credits
BSAD 120: Prin Mgt & Org Behavior	3 credits	NFS 250: Food service System Management	4 credits
HUM: Choose Diversity	3 credits	NFS 274: Practicum	1-3 credits
Elective	3 credits	Elective	3 credits
Total Credits	12-15	Total Credits	13-16

Fourth Year

FALL		SPRING	
NFS 203: Food Micro	3 credits	NFS 262: Community Nutrition	3 credits
NFS 213: Food Micro Lab	1 credit	NFS 274: Practicum	1-3 credits
NFS 223: Nutrition Education & Counseling	3 credits	BIOC 263: Nutritional BioChem	3 credits
NFS 260: Diet & Disease	3 credits		
NFS 286: NFS Sr Seminar	1 credit		
Elective	3 credits	Electives	3-5 credits
Total Credits	14	Total Credits	15

Prerequisite sequence:

CHEM 23→CHEM 42→P BIO 185→NFS 243; NFS 243→NFS 260, 263.

Suggested sequence: take NFS 244 prior to NFS 260.

ENG 001 or ENG 0XX first year is recommended.

Any two Humanities/Fine Arts Courses can be taken (suggest choosing University Approved Diversity course for at least one Humanities option to increase the number of electives the student has available).

The Diversity courses Anthropology 021 and SWSS 47 will fulfill the Social Science requirement.

Diversity Requirement :

All undergraduates must successfully complete one three-credit course from [Category 1](#) (Race and Racism in the U.S.) and a second three-credit course from either [Category 1](#) or [Category 2](#) (Human and Societal Diversity). These requirements will apply as well to undergraduate transfer students receiving bachelor's degrees from May 2012 onward.

For approved courses refer to Web Page: <http://catalogue.uvm.edu/undergraduate/courses/diversitycourses/>

Diversity courses in Art, Classics, History, Literature, Music, Philosophy, Religion, Language, and Theater will also fulfill the humanities requirement.

Sustainability Requirement:

All undergraduate students must successfully complete a course, curriculum, or co-curricular model prior to graduation that has been approved by the Faculty Senate's Sustainability Curriculum Review Committee.

For more information and approved courses refer to this web page:
<https://www.uvm.edu/generaleducation/information-students-sustainability>

NFS 073: D2: SU: Farm to Table meets this requirement