

SAMPLE ACADEMIC PLAN: DIETETICS CONCENTRATION

First Year

FALL		SPRING	
NFS 1043: Fundamentals of Nutrition	3 credits	NFS 1073: Farm to Table (D2/SU)	3 credits
NFS 1044: Survey of the Field	1 credit	CALS 1020: Foundations: Information Tech	3 credits
CALS 1010: Foundations: Comm. Methods	3 credits	CHEM 1580: Intro Organic Chem	4 credits
Chem 1100: Outline of General Chemistry	4 credits	PSYS 1400: Intro to Psychological Science	3 credits
ENGS 1001: Written Expression	3 credits	Electives	1-3 credits
Total Credits	14	Total Credits	13-16

Second Year

FALL		SPRING	
NFS 2143: Nutrition in the Life Cycle	3 credits	NFS 1034: Servsafe certification course	1 credit
ANPS 1190: Anat & Phys	4 credits	ANPS 1200: Anat & Phys	4 credits
Catamount Core Course: AH/D1/GC	3 credits	MATH 1077: Exploring Modern Mathematics	3 credits
SOC 1500: Intro to Soc or Diversity Option	3 credits	HLTH 1030: Medical Terminology	2 credits
STAT 111: Statistics	3 credits	Electives	1-4 credits
Total Credits	16	Total Credits	12-14

Third Year

FALL		SPRING	
NFS 1053: Basic Concepts of Food	3 credits	NFS 3243: Advanced Nutrition	3 credits
NFS 2183: Intro to Biochemistry	3 credits	NFS 3250: Foodservice Systems Management	4 credits
Catamount Core Course(s): AH/D1/GC	3-6 credits	NFS 3992: Practicum	1-3 credits
Electives	3-6 credits	Elective	4 credits
Total Credits	12-15	Total Credits	13-16

Fourth Year

FALL		SPRING	
NFS 3203: Food Micro	3 credits	NFS 3262: Community Nutrition	3 credits
NFS 3204: Food Micro Lab	1 credit	NFS 3992: Practicum	1-3 credits
NFS 3223: Nutrition Ed & Counseling	3 credits	BIOC 3063: Nutritional BioChem	3 credits
NFS 3260: Clinical Nutrition 1	3 credits	NFS 3261: Clinical Nutrition 2	3 credits
NFS 4286: NFS Sr Seminar	1 credit		
Elective	3 credits	Electives	3-5 credits
Total Credits	14	Total Credits	15

Prerequisite:**Course:****Prerequisite:**

NFS 2113: US Food Policy and Politics	NFS 1073 or CDAE 1020 or CDAE 1040
NFS 2114: Human Health in the Food System	NFS 1043 or NFS 1073
NFS 2143: Nutrition in the Life Cycle	NFS 1043
NFS 2153: Principle of Food Technology	NFS 1043, NFS 1053 and Chem 1580
NFS 2154: Principles of Food Technology Lab	NFS 2153 or concurrent, CHEM 1580, NFS majors only
NFS 2156: Deadly Food: Outbreak Investigations	NFS 2153 or MMG 1010 or ASCI 1000
NFS 2163: Sports Nutrition	NFS 1043
NFS 2183: Intro to Biochemistry	CHEM 1580 or CHEM 2580/2585, NFS majors only
NFS 3203: Food Microbiology	NFS 2153
NFS 3204: Food Microbiology Lab	NFS 2153, NFS 2154
NFS 3205: Functional Foods: Principles & Technology	NFS 2153, NFS 2154
NFS 3223: Nutrition Education & Counseling	NFS 1043, NFS 1053, NFS 2143
NFS 3243: Advanced Nutrition	NFS 1043, NFS 2183, ANPS 1190, Junior standing
NFS 3250: Foodservice Systems Management	NFS 1043, Junior standing
NFS 3254: Global Food Safety	NFS 2113 or NFS 2114; NFS 2153, MMG 1020 or MMG 2010
NFS 3260: Clinical Nutrition 1	NFS 2143, NFS 3243, Senior standing
NFS 3261: Clinical Nutrition 2	NFS 3260
NFS 3262: Community Nutrition	Junior standing
NFS 3283: HACCP: Theory and Application	NFS 3203
NFS 5245: Nutrition for Global Health	Senior or Graduate standing
NFS 5253: Food Regulation	Senior or Graduate standing
NFS 5254: Global Food Safety	Senior or Graduate standing