



A Guide to CDAE/Food Systems Internships

WHAT TO KNOW ABOUT EARNING CREDIT FOR INTERNSHIP:

- To receive credit, you need to enroll in a UVM internship course and pay the associated tuition. Each 40 hours you work at your internship is eligible for 1 academic credit.
- All internship credit must be agreed upon and enrolled in PRIOR to beginning your internship. No credit is awarded for work already completed.
- Many students do internships not for credit; but simply to gain career-related experience.
- Credit and pay are unrelated. Students can earn both, neither, or a combination of the two. Your internship organization should know that credit is not a substitution for payment.

HOW DO I FIND AN INTERNSHIP?

There are a number of helpful website databases for locating internships related to Food Systems and CDAE majors.

[Handshake](http://uvm.joinhandshake.com) (uvm.joinhandshake.com) is UVM's job & internship database. Search and apply for positions, learn about events, and learn about on-campus recruitment and info sessions. [The Handshake Internship Series](#) also offers tips for interns.

Other Online Job/Internship Boards

- [Vermont Businesses for Social Responsibility](#)
- [Vermont Farm to Plate](#)
- [Northeast Organic Farming Association \(NOFA\)](#)
- [The Vermont Professionals of Color Network](#)
- [Good Food Jobs](#)

Local organizations that hire UVM interns each year:

- [Common Roots Vermont](#)
- [1% For the Planet](#)
- [ECHO, Leahy Center for Lake Champlain](#)
- UVM Athletics

NOT SEEING ANY OPENINGS THAT INTEREST YOU?

Don't rule out the possibility of creating your own internship! Reach out to alumni, professors, friends, family, and other contacts, as well as organizations whose work you are interested in. Follow the Career Center's [Guide to Networking](#) for tips on how to reach out.

Still stuck?

For cover letter, resume, or Handshake help, stop by the [Career Center drop-in hours](#)!

For more specific questions such as whether a position qualifies for internship credit, information about a organization, or to get connected to current interns, [make an appointment to meet with Kerry](#).

Adapted from the UVM Career Centers Guide to Internships