

FIRST YEAR

<u>Fall Semester</u>	Credits
NH 050 App to Hlth: From Pers to Syst	1
HSCI 021 Intro Public Health	3
RMS 157 Prevent & Care Athletic Inj	3
NFS 043 Fundamentals of Nutrition	3
Gen Ed/Minor/Cert Elective	3
Total Credits	13

<u>Spring Semester</u>	Credits
PSYS 001 Intro to Psychological Science	3
BIOL (any 3-credit Biology course) ¹	3-4
ENGS 001 FW: Written Expression	3
EXSC 150 Intro to Exercise Science	1
CHEM 031 General Chemistry	4
Total Credits	14-15

SECOND YEAR

<u>Fall Semester</u>	Credits
ANPS 019 Hum Anatomy & Physiology	4
NFS 163 Sports Nutrition	3
STAT 111 QR: Elements of Statistics or STAT 141 QR: Basic Statistical Methods	3
EXSC 242 Exercise and Sport Psychology	3
Gen Ed/Minor/Cert Elective	3
Total Credits	16

<u>Spring Semester</u>	Credits
ANPS 020 Hum Anatomy & Physiology	4
EXSC 175 Applied Kinesiology	3
EXSC 220 Research Methods	3
NH 120 Health Care Ethics	3
Gen Ed/Minor/Cert Elective	3
Total Credits	16

THIRD YEAR

<u>Fall Semester</u>	Credits
EXSC 260 Adapted Physical Activity	3
EXSC 213 Biomech Human Movement	3
EXSC 250 Exercise Physiology or Elective	3
EXSC 252 Ex Physiology Lab (if 250)	1
Gen Ed/Minor/Cert Elective	6
Total Credits	15-16

<u>Spring Semester</u>	Credits
EXSC 240 Motor Skill Learning & Control	3
EXSC 250 Exercise Physiology or Elective	3
EXSC 252 Exercise Physiology Lab (if 250)	1
EXSC 270 Professional Seminar	1
HSCI 130 Health Promotion	3
Elective/Gen Ed/Minor	6
Total Credits	16-17

FOURTH YEAR

<u>Fall Semester</u>	Credits
EXSC 296 Advanced Special Topics	3
EXSC 263 Exer in Chronic Conditions	3
EXSC 245 Evaluation & Prescription	3
Choose one of the following:	6
EXSC 272 Senior Capstone Experience (taken in either semester)	
Electives (taken in semester not taking EXSC 272)	
Total Credits	15

<u>Spring Semester</u>	Credits
EXSC 264 Certified Exer Physiol or	3
EDPE 267 Sci Strength Training	3
EXSC 262 Human Perf & Ergogenic Aids	3
EXSC 296 Advanced Special Topics	3
Choose one of the following:	6
EXSC 272 Senior Capstone Experience (taken in either semester)	
Electives (taken in semester not taking EXSC 272)	
Total Credits	15

NOTES: ¹Pre-health take BIOL 002 w/lab. Six credits of Human/Behavioral Science required (any course with abbrev. ANTH, HST, LANG, PHIL, POLS, PSYS, REL, SOC, THE). Six credits meeting diversity requirements must be taken prior to graduation. Must meet 3-credit sustainability requirement prior to graduation. Minimum 120 credits required for degree completion.