

Aishwarya Joshi, LPC, NCC
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CURRICULUM VITAE

EDUCATION

- Idaho State University**, Meridian, Idaho August 2019 - May, 2022
Doctor of Philosophy in Counselor Education & Counseling
CACREP-accredited
Dissertation: *Transit & Transform: Exploring the Experiences of International Doctoral Students and Faculty Members in the US (A Grounded Theory Study)*
Defended September, 29, 2021
Dissertation Chair: Dr. Randy Astramovich
- Heidelberg University**, Tiffin, Ohio May 2016 - May 2019
Masters of Arts in Clinical Mental Health Counseling
CACREP-accredited
- Tiffin University**, Tiffin, Ohio August 2013 - December 2014
Masters of Science
Majors: Criminal Justice and Forensic Psychology
- Garden City College**, Bengaluru, Karnatak, India May 2010 - May 2013
Bachelor of Arts,
Majors: Psychology, Journalism and English Literature
Minor: Industrial Psychology

CERTIFICATIONS

Licensed Professional Counselor (LPC) - State of Ohio #C. 190203 National
Certified Counselor (NCC) - National Board for Certified Counselors and Affiliates, Inc. #1274544

PROFESSIONAL EXPERIENCE

COURSES TAUGHT

Idaho State University, Meridian, Idaho
Graduate Teaching Assistant/Co-Instructor

CACREP Core Areas

COUN 6691 Professional Issues in Clinical Mental Health Counseling Spring 2022
Instructor of Record

COUN 6696 Pre Practicum Counseling Techniques Co-Instructor	Fall 2019 - Fall 2021
COUN 6623 Lifestyle and Career Development Co-Instructor	Spring 2020
COUN 6621 Professional Orientation & Ethics Co-Instructor	Fall 2020
COUN 6624 Cultural Counseling Co-Instructor	Fall 2020

Additional Teaching Experience

COUN 6659 Human Sexuality Instructor of Record	Spring 2021
COUN 6625 Crisis Intervention & Trauma Counseling Co-Instructor	Fall 2019
The College of Idaho , Caldwell, Idaho Instructor of Record COUN 3300 Relationships and the Helping Professions	Fall 2020

Research Agenda/Experience

Idaho State University, Meridian, Idaho
 Doctoral Student August, 2020 - Present
International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry

Idaho State University, Meridian, Idaho
 Doctoral Student June, 2020 - Present
Understanding the Embodiment of Microskills in Counselors in Training (CITs)

Huruma Rescue Mission, Inc., Embu, Kenya
 Officer for Multiculturalism and Diversity October 2018 - Present
Needs Assessment for Mental Health Education in Embu, Kenya

The Council for Accreditation of Counseling and Related Educational Programs (CACREP)
CACREP Covid- 19 Special Report
 Data Analyst May 2021 - July 2021

Idaho State University, Meridian, Idaho
 Doctoral Student August 2020 - November 2020

Heidelberg University, Tiffin, Ohio

Graduate Research Assistant

September 2017 - May 2019

The Niela Project - National Science Foundation (NFS)

GRANTS/FUNDING

Funded

Joshi, A. (2021). *Exploring the Experiences of International Doctoral Students and Faculties in the US*. Grant proposal funded by the Association for Adult Development and Aging Research Grant. (\$500.00)

Joshi, A. (2021). *Exploring the Experiences of International Doctoral Students and Faculties in the US*. Grant proposal funded by the Association for Humanistic Counseling Make a Difference Grant. (\$750.00)

Joshi, A., Edelman, R., Nirk, T., Strong, E., & Robbins, C. (2020). *Rural Mental Health Community Outreach via TeleHealth: Inter-State Webinar Collaboration*. Grant proposal funded by the Chi Sigma Iota Statewide/Regional Networking Grant. (\$800.00)

Nelson, A., Arrington, S., **Joshi, A.**, Vik, L., & Sarasqueta-Allen, K. (2020). *Understanding the Embodiment of Microskills in Counselors in Training (CITs)*. Grant proposal funded by the Southern Association for Counselor Education and Supervision (SACES) Research Grant. (\$500.00)

Joshi, A., Arrington, S., & Zhou, Z. (2020). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry*. Multicultural Assessment and Research in Counseling Student Grant Proposal funded by the Association of Assessment and Research in Counseling (AARC). (\$500.00)

Joshi, A., Sasakawa, Y., & Njue, P. (2020). *Need for Mental Health Assessment and Education in Embu, Kenya* Grant proposal funded by the American Counseling Association Foundation Grant (ACAF). (\$500.00)

Joshi, A. (2019). *Afterschool Psycho-Education Program in Galion School District*. Grant proposal funded by the Family First Council of Crawford County Grant. (\$1000.00)

Joshi, A. (2018). *Afterschool Psycho-Education Program in Galion School District*. Grant proposal funded by the Family First Council of Crawford County Grant. (\$1000.00)

AWARDS /SCHOLARSHIPS/ FELLOWSHIPS

Association for Counselor Education and Supervision

September 2021

Diversity Conference Scholarship

Awarded: \$1000.00

Chi Sigma Iota International

Leadership, Fellowship & Internship Program

April 2021 - April 2022

Awarded: \$600.00

Urban Leadership Fellowship

Leadership Fellow

April 2020 - July 2020

Awarded: \$2500.00
Tiffin University, Tiffin, Ohio
Academic Excellence Scholarship
Awarded: \$10,000.00

August 2013 - December 2014

PUBLICATIONS

Journal Articles

Published

Spencer B., Artis, S., Shavers, M., LeSure, S., & **Joshi, A.** (2022). To code-switch or not to code-switch: The psycho-social ramifications of being resilient black female engineering & computing doctoral students. *The Sociological Focus*.

Joshi, A., Arcot, R., & Harrichand, J. J. S. (2021). Mentoring & peer support: A strategy to retain BIPOC faculty in counselor education and supervision. *Chi Sigma Iota Exemplar*, 36(2), 35-40.

https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/Fall_2021_Exemplar.pdf

Joshi, A., Chan, C. D., & Graham, L. (2021). Convergences of oppression of international racially minoritized doctoral students. *Journal of Asia Pacific Counseling*, 11(2), 73-89. <http://doi.org/10.18401/2021.11.2.5>

Chan, C. D., Frank, C. D., DeMyer, M. L., **Joshi, A.**, Andrade, E., & Silverio, N. (2021). Counseling older LGBTQ+ adults of color: Relational-cultural theory in practice. *The Professional Counselor*.11(3), 370-382. <https://doi.org/10.15241/cdc.11.3.370>

Joshi, A., & Mangette, H. (2018). Unmasking of impostor syndrome. *Journal of Research, Assessment and Practice in Higher Education*, 3(1),1-8.
<https://ecommons.udayton.edu/jraphe/vol3/iss1/3>

Artis, S., Shavers, M.C., LeSure, S., Spencer, B.M., & **Joshi, A.** (2018). Re-framing and reimagining the doctoral student narrative: Black women's experiences in engineering and computer science. <https://peer.asee.org>

In Progress

Joshi, A. & Harrichand, J. J. S. (*Under Review*). Mentorship model: A conceptual strategy for retention and success of international faculty in counselor education.

Joshi, A., & Shavers, M. C. (*Under Review*). Inter-departmental Collaboration Model: A Support Strategy to Retain International Faculty in Counselor Education and Supervision

Joshi, A. & Oliviera, J. (*In Progress*). Creative Expressions: A Consideration for Multilingual International Faculty in Counselor Education.

Joshi, A., & Chan, C. D. (*In Progress*). A peer support group model for counselor education international graduate students experiencing impostor syndrome.

Graham, L., & **Joshi, A.** (*In Progress*). Internationalization of counseling: Decolonizing pedagogy in counselor education

Joshi, A., Arrington, S. R., Nelson, A. R., Vik, L., & Sarasqueta-Allen, K., (*In Progress*). Understanding the creative experience of embodying microskills by counselors in training (CITs).

Book Chapter

Joshi, A., & Arrington, S. (In Press). *Leadership in education for black Americans in community colleges*. In *On Leadership: An Interdisciplinary Approach*.

PRESENTATIONS

International

Joshi, A., & Bahekar, P. (October, 2021). *LGBTQAI+ Communities and Mental Health Issues in India*. World Mental Health Day. Mental Health Action by People (INDIA). Virtual.

Joshi, A., & Zhou, Z. (December, 2020). *International Female Faculties Navigating Identities in CACREP Accredited Programs: A Critical Narrative Inquiry*. 10th International Conference on Education and Social Justice. Virtual.

Nelson, A.R & **Joshi, A.** (September, 2020). *Understanding Cultural Trauma: Race Based Trauma*. European Branch of the American Counseling Association. Virtual.

Joshi, A., & Sasakawa, Y. (2018, November). *Collectivism and Post-traumatic growth: Challenging perceptions* [Poster session]. International Society for Traumatic Stress Studies, Washington DC, Maryland.

National

Joshi, A., Sarasqueta-Allen, K., Nelson, A.R., Arrington, S. R., & Vik, L. (October 2021). *Understanding the Embodiment of Micro-Skills in Counselors in Training (CITs)*. Association for Counselor Education and Supervision. Atlanta, Georgia.

Joshi, A. (July 2021). *Exploring and Navigating Impostorism among International Counselor Education Doctoral Students*. Association for Adult Development and Aging. Charlotte, North Carolina.

Nelson, A.R & **Joshi, A.** (November, 2020). *Understanding Cultural Trauma: Race Based Trauma*. Idaho Counseling Association. Virtual.

Lamprecht, L & **Joshi, A.** (October, 2020). *Faculty and Doctoral Student Supervision: Master's Students Experiences as Group Counselors*. Rocky Mountain Association of Counselor Education and Supervision. Virtual

Spencer, B., Artis, S., LeSure, S., Shavers, M., & **Joshi, A** (June, 2020). *Expectations vs. reality: ReImagining the engineering and computing doctoral experience for black women* [Paper presentation]. American Society for Engineering Education. Virtual.

Chan, C. D., Ngadjui, O. T., & **Joshi, A.** (2020, March). *Sizeism: A perspective on biases, career inequities, and health disparities*. Invited presentation for the Positive Body Image Symposium at Idaho State University, Pocatello, ID.

Joshi, A., Sasakawa, Y., & NJue, P. M. (2019, February). *Reframing & implementing mental health education in Embu, Kenya* [Conference session]. Society for Cross-cultural Research, Jacksonville, Florida.

Joshi, A., Shavers, M., Artis, S., LeSure, S., & Spencer, B. (2019, February). *Exploring mental health perceptions and prevalence among black women doctoral candidates in STEM fields of computer science and engineering* [Conference session]. Society for Cross-Cultural Research, Jacksonville, Florida.

Joshi, A., Sasakawa, Y., & NJue, P. M. (2019, February). *Reframing & implementing mental health education in Embu, Kenya* [Conference session]. National Cross-cultural Counseling Conference, Savannah, Georgia.

Joshi, A., Shavers, M., Artis, S., LeSure, S., & Spencer, B. (2019, February). *Exploring mental health perceptions and prevalence among black women doctoral candidates in STEM fields of computer science and engineering* [Conference session]. National Cross-Cultural Counseling Conference, Savannah, Georgia.

Shavers, M., Artis, S., LeSure, S., **Joshi, A.,** & Spencer, B. (2018, April). *The Niela Project: Identity, challenges, and strategies for success for black women pursuing doctoral and post-doctoral degrees in Computer Science and Engineering* [Paper presentation]. American Education Research Association, New York City, New York.

Joshi, A. (2018, January). *Presence of impostor syndrome on college campuses* [Conference session]. Ohio College Personnel Association Annual Conference, Columbus, Ohio.

Joshi, A., & Mangette, H. (2017, September). *The unmasking of impostor syndrome* [Conference session]. Tri-State Annual Conference, Plymouth, Ohio.

Invited Presentation/Addresses

Joshi, A. (March, 2022) *Human Sexuality: Working with Older Adult Population* (Guest Lecture). Ferkauf School of Psychology, Yeshiva University. Virtual.

Joshi, A. (February, 2022) *Internationalism within the Profession of Counseling* (Guest Lecture). Ferkauf School of Psychology, Yeshiva University. Virtual.

Joshi, A. (July, 2021) *Ethical Practices working with Families & Couples in rural settings.* (Guest Lecture). Department of Clinical Mental Health Counseling & Psychology, Southern Oregon University. Virtual.

Joshi, A. (June, 2021) “Fostering better relationships with Teenagers” on *The Better Relationship Summit* hosted by Purvi Tantia. Virtual.

Joshi, A. (April, 2021). *International Female Faculty Experience: A Critical Narrative Inquiry.* International Counseling Web Conference. CSI Chapter Mu Chi Alpha. Messiah University. Virtual.

Joshi, A. (February, 2021) Panelist for ULF Experience Webinar, Urban Leaders Fellowship. Virtual.

Joshi, A., Sarasqueta-Allen, K., & Hines, B. (August, 2019). *Therapeutic Communication in Nursing.* School of Nursing. Idaho State University, Meridian, Idaho.

SUPERVISION

Idaho State University
Meridian Counseling Clinic

Fall 2019-Spring 2022

Doctoral Supervisor
COUN 6697 and 6698 *Practicum/Internship*

Individual Supervision

Fall 2019-Spring 2022

- Engaged in individual and triadic supervision with first- and second-year masters' counseling students
- Facilitated supervision by viewing client tapes and providing feedback
- Infused Deliberate Practice supervision model by drawing attention to practice of skills
- Developed the ability of a counselor trainee to observe their reactions to psychological stimuli.
- Assessed and facilitated strategies to meet the learning needs of supervisee
- Evaluated the performance of the supervisees

CLINICAL EXPERIENCES

Ambitions of Idaho , Meridian, Idaho Behavioral Health & Developmental Disability Services Licensed Professional Counselor	April 2021 - December, 2022
INDEAR Foundation , Virtual Licensed Professional Counselor	March 2021 - February, 2022
Community Counseling Services, Inc , Bucyrus, Ohio Counselor Trainee	May 2018 - April 2019
Family Life Counseling and Psychiatric Services , Norwalk, Ohio Counselor Trainee	May 2018 - April 2019
Wayne County Children Services , Wooster, Ohio Crisis Case Manager	January 2015 - March 2016

SERVICE TO THE PROFESSION

Association for Adult Development and Aging

- EditorialAssistant,
Adultspan Journal 2020 - 2021
- Member, Newsletter Committee 2020 - 2022
- Member, Research Task Force 2021 - 2022

Association for Humanistic Counseling

Member, Awards Committee August 2020-April 2022

Chi Sigma Iota International

- Member, Professional Advocacy Committee April 2021-April 2022
- Phi Omicron Chi, Chapter President April 2020-April 2021
- Sigma Phi Beta, Chapter Secretary April 2018-April 2019

Urban Leaders Fellowship

National Regional Ambassador March 2021-April 2022

Rocky Mountain Association for Counselor Education and Supervision (RMACES)

Reviewer, RMACES 2020 Conference Proposal

OTHER RELEVANT TRAININGS

- Idaho Child and Adolescent Needs & Strengths (ICAN) Training April 2021
- Kids Connection CBFT Training October 2018
- Adventure Therapy Training August 2018
- Suicide Prevention Training March 2017
- Trauma Informed Care Training April 2017
- Psychological First Aid Training (School) March 2017
- Psychological First Aid Training (Clinical) August 2016
- Forensic Fluid Training May 2015