TOP INTERNSHIP TIPS FROM THE EXPERTS

1. **Apply early and often.** The most meaningful experiences take effort to get!

2. **Look outside your major.** Seek out transferrable skills that can apply in multiple industries.

3. **Help is available.** Look for guidance from professors, the Career Center and CAS.

4. **Internships are for learning.** It is not expected that you know everything your first day.

5. **You can afford it.** Scholarships are available for unpaid/underpaid internships.

GET IN TOUCH!

WE ARE HERE TO HELP

College of Arts & Sciences
Internship Coordinators
Richard.Watts@uvm.edu
Sophia.Trigg@uvm.edu

College of Arts & Sciences
Internship Coordinators
Richard.Watts@uvm.edu
Sophia.Trigg@uvm.edu