Semester Internships:
Most students get internships here in Vermont during the fall or spring semesters, and enroll in credit either through their department, or through AS-190. Here are some actions you can take that will help you find and get credit for an internship while here at UVM:

Find an opportunity:
• Go to go.uvm.edu/intern to find online search engines, UVM sponsored and semester-away internship programs... and more!

Get credit:
• Most students get credit through their departments. Check with yours to see if they have internship credit options.
• If not, check out AS-190, the internship course run through the College of Arts and Sciences for students of all majors.
  AS-190 A - for a current internship
  AS-190 B - for an internship you did in the previous semester.

Tip! Look outside your major!
You can gain skills from an internship in any industry. Find something interesting to YOU and go for it!

Summer Internships:
Some students choose to do an internship over the summer. If you find an unpaid or under-paid summer internship, you can apply for up to $2,500 in funding to pay for living expenses while working! (go.uvm.edu/internfunding) If you would like credit for a summer internship, either enroll in AS-190 A during the summer semester, or AS-190 B for the fall semester.

Contact Us:
Sophia Trigg • Internship Coordinator, CAS • strigg@uvm.edu • 802-656-1212
Richard Watts • Lecturer, Internship Coordinator, CAS • rwatts@uvm.edu

goto.uvm.edu/intern
Upcoming Events:

We would love to meet you! Come see us at some of the events below. If you have more questions or want to make an appointment, see the bottom of this page.

Semester in the City Info Session
Wednesday, September 26 at 5 p.m.
The Hub (Davis Center, 1st Floor)
Learn more about the semester-away internship program in Boston called Semester in the City! Representatives from the program will be there to answer questions, assuage concerns, and help you get ready for the application process.

Fall Job & Internship Fair
Wednesday, October 3 from 12-4 p.m.
The Grand Maple Ballroom (Davis Center, 4th Floor)
This university-wide event is a great place to find opportunities in the Burlington area! Come visit us at our table to chat with Internship Coordinator Sophia Trigg and Molly O'Shea from the Semester in the City Internship Program in Boston.

The Washington Center Info Session
Wednesday, October 10 at 3:30 p.m.
The Hub (Davis Center, 1st Floor)
Ever dream of interning in Washington, D.C? Come learn about The Washington Center - an academic internship program. Representatives from The Washington Center will be there to answer your questions, provide details and explain the application process.

College of Arts and Sciences Major/Minor Fair
Wednesday, October 31 from 1-3 p.m.
The Grand Maple Ballroom (Davis Center, 4th Floor)
Not sure what you want to major in? Thinking about an internship? Come to the College of Arts & Sciences Major/Minor Fair to explore your options. We will be there at the Internships table!

Internships! An info session for all CAS students
Monday, November 5 at 4 p.m.
The Hub (Davis Center, 1st Floor)
Are you interested in doing an internship but don’t know where to start? This info session is for you. Learn about internships: how to get one, how to get credit and how to get funding.

Make an appointment:

If you would like to talk with us, but can’t make it to an event above or have a more personal concern, you can make an appointment to come see us. Have questions about credit or a semester-away program? Email Sophia! Looking for an internship? Email Richard!

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