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"I felt heard and understood"



## "Parenting a child with complex needs"

An upcoming free, virtual workshop series for parents & families hosted by Rachel Wright, author & medical provider

**Interactive, engaging and supportive workshops for parents/caregivers of children with complex needs.**

Parenting a child with disabilities can feel like another world. It's a unique kind of parenting roller-coaster which can take you to higher highs and lower lows. **These workshops are based on lived experience and use evidence and research to navigate the complexities of parenting a child with complex needs.**



**REGISTER ONLINE**



Rachel Wright (BSc) is founder of Born at the Right Time, author of *The Skies I'm Under*, award winning blogger, speaker, trainer, qualified nurse and unqualified mum of three sons; one who has severe disabilities and life-limiting epilepsy.

An expert through lived experience, Rachel works towards Bridging the Gap between families of children with complex conditions and the practitioners who support them. Occasionally she ties on her trainers and runs in a vague attempt to counteract her love for Salt 'n Vinegar crisps, hummus and all things carbohydrate.

### Parenting a child with complex needs

January 6 & 20, 2022  
noon-1:30 (EST)

### Creating a shared dream

(session for families & providers)  
February 10, 2022  
noon-1:00 (EST)



**Questions & accommodation requests:**  
pjcummin@uvm.edu