

## Center on Disability & Community Inclusion

## 5-Year Plan Summary (2023-2028)

### What is the 5-Year Plan?

CDCI must write a plan every 5 years that says what we do. Our new plan explains what we will try to do from July 1, 2023 to June 30, 2028. The plan is based on:

- Needs of people with disabilities and families.
- Expertise of people at CDCI.
- Resources to do the work (such as time and money).

Each year we will try to match our work to the needs of people with disabilities in Vermont. We have 3 ways we do this:

- Lead a community needs assessment every year.
  - We will work with CAC, CDCI, and others around the state to plan a community needs assessment. Every December we will share a new report. We will use what we learn to identify problems, see if things are getting better, and change our plan.

- Increase diversity of who is leading and part of our work.
  - This means including people who are often left out because of disability, race, ethnicity, culture, gender, sexual orientation, age, religion, language, where they are from, and more.
- Learn new ways to focus on accessibility, diversity, equity, and inclusion in our work.

# What is each core function going to do in the

#### next five years?

| CORE<br>FUNCTION: | ACADEMICS  |
|-------------------|--|
| 5 GOALS:          | <ol> <li>Keep supporting Think College Vermont as a college<br/>option</li> <li>Create a new, smaller version of the Graduate Certificate<br/>in Disability Studies. It will be 3 courses long, so more<br/>people want to take it. The three courses are: Culture of<br/>Disability, Global Disability Studies, and a research course.</li> <li>Review how diversity, equity, and inclusion is part of CDCI<br/>research.</li> <li>Design online classes in disability studies and accessibility.</li> <li>Better support students with disabilities at UVM.</li> </ol> |

## Question for the CAC:

How do you want to be involved with Academics this year? This is the first year of the plan.

| CORE<br>FUNCTION: | COMMUNITY SERVICES  |
|-------------------|---|
|                   | <ol> <li>Support the Vermont Leadership Series with Vermont<br/>Developmental Disabilities Council, Vermont Family</li> </ol>         |
| 3 GOALS:          | Network, and Green Mountain Self-Advocates.<br>2. Provide trainings, consultation, and resources to improve<br>access to services in: |
| O                 | a. Early intervention<br>b. Education   |
|                   | <ul><li>c. Employment</li><li>d. Healthcare</li><li>e. Assistive technology</li></ul>   |
|                   | 3. Find new ways to support mental health and housing.  |

## Questions for the CAC:

How do you want to be involved with Community Services this year?

- Do you like to talk more about the work we already do or new ideas for what we should do?
- Would you like to help more with our trainings?
- We have a lot of people working on these projects at CDCI. Would you like to get to know the staff better?

| CORE<br>FUNCTION: | RESEARCH   |
|-------------------|--|
| s coals:          | <ol> <li>Collect and share data on needs in Vermont.</li> <li>Write an annual report on disability in Vermont. With topics like:         <ul> <li>Demographics of people with disabilities.</li> <li>Basic needs like income, housing, food, transportation.</li> <li>Education for young children, K-12 grades, college.</li> <li>Employment</li> <li>Healthcare, mental health, other services</li> <li>Social and recreational opportunities</li> <li>Accessibility</li> <li>Public attitudes</li> </ul> </li> <li>Partner with people with disabilities and others to do more research. For example, help UVM Autism Collaborative grow.</li> <li>Secure new funding through university and community partnerships especially for mental health and housing.</li> <li>Write accessible summaries and reports so more people can learn from research about disability.</li> </ol> |

## Questions for the CAC:

- How do you want to be involved in Community Needs Assessment?
- What do people in Vermont need to learn about disability?
- What topics are missing from the list above?

| CORE<br>FUNCTION: | COMMUNICATIONS  |
|-------------------|---|
| 4.00416           | 1. Provide more trainings and resources on accessibility. |
| 4 GOALS:          | 2. Help UVM create a policy on language access.           |
|                   | a. "Language access" means what languages every           |
|                   | document and resource are available in.                   |
|                   | 3. Continue to provide accessible and high-quality        |
| WUT.              | communications.   |
|                   | 4. Find new funding to expand our communication work.     |

## Questions for the CAC:

• How do you want to be involved in communications this year?