

# Sex, Hooking-up and how to find Love: A Group for Men

This group is for men who are seeking to deepen their understanding of women in relationship to sex, love, and intimacy. As men, we are socialized to primarily see women as sexual objects and conversely, studies show that men actually crave emotional intimacy as well as opportunity for vulnerability. The barriers to this connection are saturation with sexual objectification of women through pornography, reality TV, and alcohol media.

Through weekly dialogue, and the exploration of multimedia, we will deepen our understanding of the difference between what men and women need to form meaningful, healthy sexual relationships.

**Start date:** Mid-September to mid-November

**Day:** Wednesday, 5:30-7:00pm

**Where:** Jacobs House

**More info:** Call Counseling & Psychiatry Services and request a 15 minute screening, 802.656.3340, or email [Mary-Beth.Vassar@uvm.edu](mailto:Mary-Beth.Vassar@uvm.edu) or [Keith.Smith@uvm.edu](mailto:Keith.Smith@uvm.edu)

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