

**UVM Counseling & Psychiatry Services (CAPS)
Graduate Training Program Application
2022-2023
Application Deadline is Monday January 11, 2022**

**Virtual Information session for interested applicants: Friday, 12/10/21, from 10-11am
Please email Jessica Ley Metcalf to reserve a space and receive a link to the meeting
(Jessica.ley@uvm.edu)**

Name:

Date:

Address:

Telephone(s):

E-Mail:

I. EDUCATION HISTORY

Undergraduate (include institution(s), dates of attendance, degree(s), and major(s)):

Graduate (include institution(s), dates of attendance, degree(s), and area of study):

Name of Graduate Program you are attending at present & degree you are working toward:

Starting date of program:

Anticipated date of completion:

Training Applying For (select one): ___ Master's-level Internship ___ Doctoral-level Practicum

Advisor's name, email address, and telephone number:

Please list graduate courses in clinical mental health treatment that will be completed by the start of the Fall 2022 semester:

Please list relevant mental health experience attained by Fall 2022:

NOTE: If you are NOT currently enrolled in a graduate program leading to a licensable mental health provider degree, please attach a transcript from your most relevant program and the name and contact information for the training director/coordinator.

II. EXPERIENCE: Please attach current CV or resume

- Please ensure that your CV clearly lists and briefly describes your duties in any employment, practicum/a, or other internship which provided experience in mental health and human services. **Please include the name and contact information of your supervisors at each location.**
- Please ensure that your CV lists other work or volunteer experience which you have had, even if unrelated to human services.

III. PROFESSIONAL ISSUES (Please try to limit responses to no more than a page)

1. What personal strengths do you bring to your developing role as a counselor/psychotherapist? Please describe some past experiences you've had that reflect elements of mental health practice in a university counseling center setting, such as CAPS (consider ways you have utilized or understand a brief therapy model; how do you think about providing teletherapy; how do you or what are your thoughts on assessing and treating a variety of presentations with different levels of acuity within the same day; what is your experience with or how do you think about working within a system of care and accessing resources; what is your experience working in collaboration with other providers/entities, etc.).
2. Please describe some of your anticipated challenges of clinical training at CAPS and areas you would like to grow and develop as a mental health professional.
3. What specific skills, knowledge, and training would you like exposure to in this setting?

IV. LOGISTICS

- The training program at CAPS begins with a shared multi-day orientation/onboarding experience during the week of August 22-26, 2022. **Please note these dates. Attendance is required for all trainees.**
- Trainees should plan to be on site approximately 25 hours per week, with limited flexibility to increase or slightly decrease hours depending on program requirements.
- CAPS office is open between 8:30am-4:30pm, Monday-Friday and throughout academic breaks with the exception of University wide administrative closures. Interns follow their graduate program calendars but are expected to follow the UVM Academic Calendar regarding the start

and end of each semester [for the 2022-23 academic year these dates are 8/29/22-12/16/22 (Fall) and 1/17/23-5/12/23 (Spring)]. Trainees are also encouraged to take breaks during time off for students (i.e. Thanksgiving Week; Spring Break)

- Schedules are individually arranged according to each trainee’s availability, but **all are required to be available every Wednesday morning from 8:30am to noon for Intern Training and Group Supervision.**
- Outside of CAPS regular office hours, many of CAPS therapy groups are offered in the evenings; it is often helpful to plan for some evening hours to meet requirements for group therapy hours.
- The Training Program runs through the end of spring semester, May 12, 2023.

Are there any limitations affecting your ability to meet these program expectations?

Yes_____ No_____

If you marked “Yes,” please describe here:

V. REFERENCES

Please list the names and contact information of 3 professional references we may contact.

- 1.
- 2.
- 3.

Please send your application & CV via email to Jessica.Ley@uvm.edu

To reach Jessica directly please call CAPS at (802) 656-3340