

STUDY STRATEGIES PLANNING

Directions: Fill in the third column with study strategies you could use to better prepare for an exam. Use the last row to add your own study material.

Material to study	What I currently do	What I could do using study strategies
Lecture notes	Re-read notes Write down exactly what professor says in class	
Assigned texts and articles	Read and underline	
Assigned problems and exercises	Try to solve while looking at class examples	
PowerPoint Slides	Print out and read	
Lab Reports	Re-read answers	

STUDY STRATEGIES REVIEW

COMPREHENSION CHECK

Instructions: Match the strategy with its corresponding explanation.

1. Use specific examples to understand abstract ideas.
2. Explain and describe ideas with many details.
3. Switch between ideas while you study.
4. Practice bringing information to mind.
5. Combine words and visuals.
6. Space out your studying over time.

Elaboration

Retrieval practice

Spaced practice

Dual coding

Interleaving

Concrete examples