

Aubrey L. Carpenter, Ph.D.

Formerly Aubrey L. Edson
Curriculum Vitae

Licensed Clinical Psychologist and Clinical Educator
Vermont Psychological Services
John Dewey Hall
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Burlington, VT 05401
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CLINICAL STAFF APPOINTMENTS

10/18 – **Vermont Psychological Services, University of Vermont, Burlington, VT**
Licensed Clinical Psychologist and Clinical Educator

LICENSURE

2018 Licensed Clinical Psychologist, State of Vermont
2018 Licensed Clinical Psychologist, State of Rhode Island

EDUCATION AND TRAINING

9/17 – 8/18 **Massachusetts General Hospital, Harvard Medical School, Boston, MA**
Postdoctoral Fellow in Pediatric Behavioral Medicine, Department of Psychiatry

9/16 – 8/17 **Boston Children's Hospital, Harvard Medical School, Boston, MA**
Predoctoral internship in Clinical Psychology, Department of Psychiatry

9/11 – 9/17 **Boston University, Boston, MA**
Doctorate of Philosophy in Clinical Psychology, Awarded September 2017
Dissertation: *Internet-Delivered Cognitive Behavioral Therapy for Anxious Youth: A Multiple Baseline Evaluation*

9/11 – 5/12 **Boston University, Boston, MA**
Master of Arts in Psychology, Awarded May 2012
Thesis: *Assessing Cognitive-Behavioral Clinical Reasoning Among Trainees in the Treatment of Childhood Anxiety*

9/05 – 5/09 **University of Vermont, Burlington, VT**
Bachelor of Arts in Psychology, Minor in Art History, Awarded May 2009

AWARDS AND HONORS

2015 Association for Behavioral and Cognitive Therapies Child and Adolescent Anxiety
Special Interest Group Student Poster Award

2015 American Psychological Association Division 53 Student Achievement Award

2014 Harvard University Distinction in Teaching Award

- 2014 American Psychological Association for Graduate Students (APAGS) Convention
Travel Award
- 2005-2009 University of Vermont, Vermont Scholar
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GRANTS AND FELLOWSHIP SUPPORT

- 2019 **Child and Adolescent Psychology Training and Research, Inc. Award**
\$4621 awarded to fund a pilot study collaboration with the UVM Medical Center's Pediatric Diabetes Clinic, "Telepsychology Cognitive Behavioral Intervention for Youth With Type 1 Diabetes" (P.I.: Aubrey Carpenter, PhD)
- 2016 **Boston University Graduate Women in Science and Engineering Professional Development Grant**
\$300 awarded to support travel to the annual convention of the American Psychological Association Society for Pediatric Psychology (Division 54)
- 2015 **Boston University Summer Research Fellowship**
Selected from competitive psychology doctoral students to receive summer funding to support work on dissertation data collection (\$6,000)
- 2014 **American Psychological Association Dissertation Research Award**
\$1,000 awarded to support my dissertation project, entitled "Internet-Delivered Cognitive Behavioral Therapy for Anxious Youth: A Multiple Baseline Design" (P.I.: Aubrey Carpenter, PhD)
- 2014 **Boston University Clara Mayo Memorial Fellowship**
Summer stipend (\$3,200) and study funds (\$3,600) awarded to support my dissertation project, entitled "Internet-Delivered Cognitive Behavioral Therapy for Anxious Youth: A Multiple Baseline Design" (P.I.: Aubrey Carpenter, PhD)
- 2012 **Boston University Clara Mayo Memorial Fellowship**
\$2,000 awarded to fund my 2nd Year Project, entitled "Development of a Tool for Assessment of Clinical Decision Making" (P.I.: Aubrey Carpenter, PhD)
- 2011-13 **Boston University Dean's Fellowship**
Tuition waiver and stipend awarded to fund my first year and part of the second and third years of graduate school in recognition of academic promise
- 2009 **University of Vermont Undergraduate Research Endeavors Competitive Award**
Stipend and \$1,000 awarded to fund my undergraduate research study entitled "Childhood Experiences and Parenting Style: Implications for Anxiety Sensitivity" (P.I.: Aubrey Edson; Faculty Supervisor: Timothy Stickle, PhD)
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CLINICAL EXPERIENCE

- 11/18 – **Vermont Psychological Services** at the University of Vermont
Licensed Clinical Psychologist
- Provide initial diagnostic assessments, psychological evaluations, and evidence-based treatment for children, adolescents, and young adults with psychiatric problems and/or difficulties coping with chronic health issues
 - Training students and clinical faculty in implementation of telehealth services

- 9/17 – 8/18 **Massachusetts General Hospital**
Harvard Medical School, Department of Psychiatry
Postdoctoral Fellow
- Outpatient Child and Adolescent Psychiatry Service (40% time): Conduct outpatient psychotherapy for children with psychiatric problems and/or difficulties coping with chronic illness
 - Pediatric Diabetes Multidisciplinary Clinic (10% time): Conduct outpatient consultations for youth presenting to multidisciplinary clinic for management of Type 1 Diabetes
 - Pediatric Gastroenterology and Nutrition, Liver Clinic (10% time): Conduct outpatient consultations for youth presenting for outpatient follow-up in an integrated care clinic for liver problems
 - Parenting At a Challenging Time (PACT) Program (20% time): Conduct inpatient and outpatient consultations about parenting concerns for adult patients with cancer
 - Research Fellow (10% time): Co-author manuscripts related to pediatric food allergy and biofeedback-assisted relaxation among youth with headaches, chronic pain, and related conditions
- 9/17 – 8/18 **Shriner’s Hospital for Children**
Postdoctoral Fellow
- Consultation Liaison Service (10% time): Conduct inpatient consultations for pediatric patients presenting with burns, participate in multidisciplinary rounds
- 9/16 – 8/17 **Boston Children’s Hospital Predoctoral Internship Training Program**
Harvard Medical School, Department of Psychiatry
Predoctoral Intern
- Psychiatry Consultation Service: Conducted consultations for multidisciplinary teams on 380 beds throughout inpatient floors of the hospital
 - General Assessment Service: Completed projective testing for adolescents on the inpatient psychiatric unit
 - Outpatient Psychiatry Service: Conducted outpatient psychotherapy for children with psychiatric problems and/or difficulties adjusting to chronic illness
 - Emergency Department: Conducted psychiatric evaluations of children presenting to the ED in need of various levels of care
 - Neuropsychology Service: Conducted neuropsychological assessment for children with learning and cognitive impairments in the context of medical illness
 - Atopic Dermatitis Clinic: Conducted consultations for children with severe eczema and food allergies in an integrated care setting
- 1/12 – 7/16 **Child and Adolescent Fear and Anxiety Program**
Boston University, Center for Anxiety and Related Disorders
Predoctoral Student Clinician
- Conducted semi-structured interviews and provided evidence-based treatment for children and adolescents with anxiety and related disorders
- 7/15 – 10/15 **Medical/Psychiatric Inpatient Program**
6 Green Medical/Psychiatric Adolescent Inpatient Unit, Hasbro Children’s Hospital
Practicum Student

Aubrey Carpenter, Ph.D.
Curriculum Vitae

- Participated in rounds, provided individual therapy, lead therapeutic groups, consulted and engaged in treatment planning with multidisciplinary team
- 8/14 – 7/15 **Pediatric Neuropsychology Service**
Rhode Island Hospital in conjunction with Bradley Hospital Outpatient Services
Practicum Student
- Administered neuropsychological testing to children at Bradley Hospital and Rhode Island Hospital with medical and psychiatric problems
- 9/13 – 6/14 **Angier Elementary School, Newton Public Schools**
Newton, Massachusetts
Practicum Student
- Conducted school-based psychological assessments, prepared comprehensive psychological reports, participated in IEP meetings
- 9/12 – 9/13 **Psychological Services Center**
Boston University, Center for Anxiety and Related Disorders
Practicum Student
- Conducted semi-structured diagnostic interviews and provided psychotherapy to adults with anxiety and depression, provided neuropsychological testing for adults with learning disabilities and ADHD
- 8/12 – 8/12 **Brave Buddies Intensive Program for Young Children With Selective Mutism**
8/13 – 8/13 *Boston University, Center for Anxiety and Related Disorders*
Predoctoral Student Clinician
- Provided intensive outpatient, group-based CBT to children ages 3-8 with selective mutism in a week-long, day camp setting over two summers
- 5/08 – 6/09 **The Howard Center: Child, Youth and Family Services**
Burlington, Vermont
Residential Counselor
- Facilitation of milieu therapy and medication administration for 6-13 year old children and adolescents with trauma histories and behavioral dysregulation

CLINICAL SUPERVISION AND MENTORSHIP EXPERIENCE

- 01/19 – **Vermont Psychological Services, University of Vermont**
Clinical supervisor to Clinical Psychology PhD graduate students completing psychological evaluations for young adults
- 11/18 – 5/18 **Shriner’s Hospital for Children, Psychiatry Service**
Supervisor to practicum student Ashley White, PsyD candidate
- 8/15 – 8/16 **Center for Anxiety and Related Disorders, Child Program, Boston University**
Research Supervisor to research assistants completing treatment adherence ratings on my dissertation study
- 8/14 – 7/15 **Center for Anxiety and Related Disorders, Child Program, Boston University**
Individual Clinical Supervisor to junior practicum student carrying outpatient cases
- 6/13 – 10/14 **Center for Anxiety and Related Disorders, Child Program, Boston University**
Research Assistant Supervisor to undergraduate volunteers in the lab

1/13 – 1/15 **American Psychological Association, Division 53, Mentor Match Program**
Mentor to undergraduate students Rita Rabinovich, Mika Maeda, May Mishal

CLINICAL WORKSHOPS COMPLETED

- 12/18 **How to Add Teletherapy to your Practice: Setting it Up, Managing Risk, and Working with Insurance**
Jennifer Warkentin, PhD, in conjunction with the Vermont Psychological Association, Montpelier, VT
- 5/18 **Emergency Management and Burn Disaster Preparedness**
Shriners' Hospital for Children, Boston, MA
- 1/17 **IDEAS (Parent-focused Problem Solving Skills Training for children with cancer)**
Dana Farber Cancer Institute, Harvard Medical School, Boston, MA
- 5/16 **Unified Protocol Adolescent Training**
Center for Anxiety and Related Disorders, Boston University, Boston, MA
- 4/16 **Pediatric Psychology Consultation Liaison Practice**
Annual convention of the American Psychological Association Society for Pediatric Psychology, Atlanta, GA
- 4/16 **Navigating Ethical Dilemmas in Pediatric Psychology**
Annual convention of the American Psychological Association Society for Pediatric Psychology, Atlanta, GA
- 9/15 **Living In The Moment: A Comprehensive Approach to End-of-Life Care**
2015 Hasbro Children's Hospital Bereavement Conference, Providence, RI
- 9/14 **Clinical Workshop: Advanced Parent Child Interaction Therapy**
Florida International University, Department of Psychology, Miami, FL
- 8/14 **Involving Minors in Decisions About Medical and Mental Health Care**
Annual convention of the American Psychological Association, Washington, D.C.
- 12/13 **Clinical Workshop: Comprehensive Behavioral Intervention for Tics (CBIT)**
Center for Effective Child Therapy, Judge Baker Children's Center, Boston, MA
- 10/13 **Clinical Workshop: Advanced Parent Child Interaction Therapy**
Florida International University, Department of Psychology, Miami, FL
- 10/13 **Dyslexia and ADHD in School-Aged Children: Defining, Evaluating, Educating**
The Dyslexia Foundation, Harvard University Medical School, Boston, MA
- 7/12 **Clinical Workshop: Parent-Child Interaction Therapy**
Boston University, Department of Psychology, Boston, MA
- 11/11 **Clinical Workshop: Family Focused Treatment for Childhood Depression**
Boston University, Department of Psychology, Boston, MA
- 11/10 **Clinical Workshop: Habit Reversal Therapy for Pediatric Trichotillomania & Tics**
COTTAGE, University of Pennsylvania School of Medicine, Philadelphia, PA

Aubrey Carpenter, Ph.D.
Curriculum Vitae

- 10/10 **Clinical Workshop: Prolonged Exposure Therapy for PTSD**
Center for Treatment and Study of Anxiety, University of Pennsylvania School of Medicine, Philadelphia, PA
- 10/10 **Clinical Workshop: Treating Anxiety and OCD in the School Setting**
COTTAGE, University of Pennsylvania School of Medicine, Philadelphia, PA
- 6/10 **Clinical Workshop: Cognitive-Behavioral Treatment of Pediatric OCD**
COTTAGE, University of Pennsylvania School of Medicine, Philadelphia, PA
- 4/10 **Clinical Workshop: Cognitive-Behavioral Treatment for Pediatric Anxiety**
COTTAGE, University of Pennsylvania School of Medicine, Philadelphia, PA
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CURRENT PROFESSIONAL MEMBERSHIPS

American Telemedicine Association
American Psychological Association, Division 12
American Psychological Association, Division 53
American Psychological Association, Division 54, *Pediatric Consultation Liaison SIG, Pediatric Pain SIG, Pediatric Gastroenterology SIG, Diabetes SIG, Hematology/Oncology SIG*
Association for Behavioral and Cognitive Therapies (ABCT), *Child and Adolescent Anxiety SIG, Behavioral Medicine and Integrated Primary Care SIG, Technology and Behavior Change SIG*

PROFESSIONAL SERVICE

- 11/18 – present APA, Division 54, Diabetes SIG Dissemination Committee, *Member-At-Large*
- 10/18 – present ABCT, Child Anxiety SIG Executive Board, *Newsletter Co-Editor*
- 8/15 – 6/16 APA, Division 54, *National Campus Representative*
- 9/13 – 9/13 PCIT International Annual Conference, *Programming Committee*
- 4/13 – 11/15 ABCT, Child Anxiety SIG Executive Board, *Student Representative*
- 11/12 – 5/15 APA Division 53, Mentor Match Program, *Mentor*
- 6/12 – 09/14 APA, Division 53, Student Advisory Board Member
- 2/12 – 5/15 BU Clinical Psychology Diversity Committee, *Co-Chair and Secretary*
- 12/11 – 01/14 APA, Division 12, *Campus Student Representative*
- 9/11 – 05/13 BU Clinical Psychology Colloquium Committee, *Publicity Manager*
- 9/11 – 05/13 BU Doctoral Program in Clinical Psychology, *Student Representative*
- 5/10 – 7/16 ABCT, Child Anxiety SIG Executive Board, *Website Manager*
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TEACHING EXPERIENCE

- 6/16 – 8/16 **Roger Williams University, School of Continuing Studies**
Instructor, “Treatment of Children and Adolescents”
- 6/16 – 6/16 **Boston University Summer Challenge Program**
Instructor, “Abnormal Psychology”
- 1/14 – 5/14 **Harvard University, Department of Psychology**
Teaching Fellow, “Psychology of Close Relationships”
- 7/13 – 7/13 **Boston University Summer Challenge Program**

- 7/12 – 7/12 Instructor, “Abnormal Psychology”
- 9/12 – 12/12 **Boston University, Department of Psychology**
Teaching Fellow, “Introduction to Psychology”
- 1/09 – 5/09 **University of Vermont, Department of Psychology**
In conjunction with Chittenden County Correctional Facility
Teaching Fellow, “Introduction to Psychology” for incarcerated individuals
- 1/08 – 5/08 **University of Vermont, Department of Psychology**
Teaching Fellow, “Introduction to Psychology”
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PEER-REVIEWED PUBLICATIONS

- 1) Mian, N., **Carpenter, A.L.**, Pincus, D.B., Bair-Merritt, M.H., & Perrin, E.C. (2019). Training residents in the early identification of anxiety disorders: Feasibility and preliminary efficacy of a novel training program. *Clinical Pediatrics*, e-publication ahead of print. doi: 10.1177/0009922819837356
- 2) Leyfer, O., **Carpenter, A.L.**, & Pincus, D.B. (2018). N-methyl-d-aspartate-agonist enhanced intensive cognitive-behavioral therapy of panic disorder in adolescents. *Child Psychiatry and Human Development*, e-publication ahead of print. doi: 10.1007/s10578-018-0837-1
- 3) Long, K.A., Lehmann, V., Gerhardt, C., **Carpenter, A.L.**, Marsland, A., & Alderfer, M. (2018). Psychosocial functioning and risk factors for siblings of children with cancer: An updated systematic review. *Psycho-Oncology*, 27(6), 1467-79. doi: 10.1002/pon.4669
- 4) **Carpenter, A.L.**, Furr, J.M., Pincus, D.B., & Comer, J.S. (2018). Working from home: An initial pilot examination of videoconferencing-based cognitive behavioral therapy for anxious youth delivered to the home setting. *Behavior Therapy*. doi: 10.1016/j.beth.2018.01.007
- 5) Comer, J.S., Furr, J.M., Miguel, E.M., Cooper-Vince, C.E., **Carpenter, A.L.**, Elkins, R.M., Kerns, C.E., Cornacchio, D., Chou, T., Coxe, S., DeSerisy, M., Sanchez, A.L., Golik, A., Martin, J., Myers, K.M., & Chase, R. (2017). Remotely delivering real-time parent training to the home: An initial randomized trial of Internet-delivered Parent-Child Interaction Therapy (I-PCIT). *Journal of Consulting and Clinical Psychology*, 5(9), 909-17. doi: 10.1037/ccp0000230
- 6) Comer, J.S., Furr, J.M., Kerns, C.E., Miguel, E., Coxe, S., Elkins, R.M., **Carpenter, A.L.**, Cornacchio, D., Cooper-Vince, C.E., DeSerisy, M., Chou, T., Sanchez, A.L., Khanna, M., Franklin, M.E., Garcia, A.M., & Freeman, J.B. (2017). Internet-delivered, family-based treatment for early-onset OCD: A pilot randomized trial. *Journal of Consulting and Clinical Psychology*, 85(2), 178-86. doi: 10.1037/ccp0000155
- 7) **Carpenter, A.L.**, Elkins, R.M., Kerns, C., Chou, T., Green, J.G., & Comer, J.S. (2017). Attack-related household discussions following the Boston Marathon bombing and associated posttraumatic stress among area youth. *Journal of Clinical Child and Adolescent Psychology*, 46(3), 331-42. doi: 10.1080/15374416.2015.1063432
- 8) Chu, B.C., **Carpenter, A.L.**, Conklin, P.H., Wyszynski, C., & Comer, J.S. (2017). Scalable options for extended skill building following didactic training in cognitive-behavioral therapy for anxious youth: A pilot randomized trial. *Journal of Clinical Child and Adolescent Psychology*

Psychology, 46(3), 401-10. 10.1080/15374416.2015.1038825

- 9) **Carpenter, A.L.**, Pincus, D.B., Bair-Merritt, M.H., Perrin, E.C., & Mian, N. (2016). Early identification of anxiety disorders: The role of the pediatrician in primary care. *Children's Health Care*, e-publication ahead of print, 1-17.
- 10) Chou, T.C., **Carpenter, A.L.**, Kerns, C.E., Elkins, R.M., Green, J.G., & Comer, J.S. (2016). Disqualified qualifiers: Evaluating the utility of the revised DSM-5 definition of potentially traumatic events among area youth following the Boston Marathon bombing. *Depression and Anxiety*, 34(4), 367-73. doi: 10.1002/da.22543
- 11) **Carpenter, A.L.**, Pincus, D.B., Conklin, P.H., Wyszynski, C., Chu, B.C., & Comer, J.S. (2016). Assessing cognitive-behavioral clinical decision-making among trainees in the treatment of childhood anxiety. *Training and Education in Professional Psychology*, 10(2), 109-16. doi: 10.1037/tep0000111
- 12) **Carpenter, A.L.**, Puliafico, A., & Kurtz, S., Pincus, D.B., & Comer, J.S. (2014). Adapting Parent-Child Interaction Therapy for mood and anxiety problems in young children: New advances for an overlooked population. *Clinical Child and Family Psychology Review*, 17(4), 340-56. doi: 10.1007/s10567014-0172-4
- 13) Elkins, R.M., **Carpenter, A.L.**, Pincus, D.B., & Comer, J.S. (2014). Inattention symptoms and the accurate diagnosis of comorbid attention-deficit/hyperactivity disorder among youth with generalized disorder. *Journal of Anxiety Disorders*, 28, 754-760. doi: 10.1016/j.janxdis.2014.09.003
- 14) Kerns, C.E., Elkins, R.M., **Carpenter, A.L.**, Chou, T., Green, J.G., & Comer, J.S. (2014). Caregiver distress, shared traumatic exposure, and child adjustment among area youth following the 2013 Boston Marathon bombing. *Journal of Affective Disorders*, 167(1), 50-55. doi: 10.1016/j.jad.2014.05.040
- 15) Comer, J.S., Kerns, C.E., Elkins, R.M., **Edson, A.L.**, Chou, T., Dantowitz, A., Miguel, E., Brown, B., Coxe, E., & Green, J.G. (2014). Adjustment among children with relatives who participated in the manhunt following the Boston Marathon attack. *Depression and Anxiety*, 31(7), 542-550. doi: 10.1002/da.22281
- 16) Comer, J.S., Dantowitz, A., Chou, T., **Edson, A.L.**, Elkins, R.M., Kerns, C., Brown, B., Green, J.G. (2014). Adjustment among area youth after the Boston Marathon attack and subsequent manhunt. *Pediatrics*, 134, 1-8. doi: 10.1542/peds.2013-4115
- 17) Thompson-Hollands, J., **Edson, A.L.**, Tompson, M., & Comer, J.S. (2014). Family-based treatment of OCD across the lifespan: A meta-analysis. *Journal of Family Psychology*, 28(3), 287-298. doi: 10.1037/a0036709
- 18) Comer, J.S., Furr, J.M., Cooper-Vince, C., Chan, P.T., **Edson, A.L.**, Khanna, M., Franklin, M.E., Garcia, A.M., & Freeman, J.B. (2014). Internet-delivered, family-based treatment for early-onset OCD: Rationale, considerations, and a preliminary case series. *Journal of Clinical Child and Adolescent Psychology*, 43, 74-87. doi: 10.1080/15374416.2013.855127
- 19) Franklin, M.E., Sapyta, J., Freeman, J.B., Khanna, M., Compton, S., Almirall, D., Moore, P., Choate-Summers, P., **Edson, A.L.**, Foa, E.B., March, J.S. (2011). Cognitive-behavior therapy augmentation of pharmacotherapy in pediatric obsessive compulsive disorder: The Pediatric OCD Treatment Study II (POTS II) randomized, controlled trial. *Journal of the American*

Medical Association. 306(11), 1224-1232. doi: 10.1001/jama.2011.1344

- 20) Franklin, M.E., **Edson, A.L.**, Ledley, D., Cahill, S. (2011). Behavior therapy for pediatric trichotillomania: A randomized controlled trial. *Journal of the American Academy of Child and Adolescent Psychiatry*, 50(8), 763-771. doi: 10.1016/j.jaac.2011.05.009
- 21) Kendall, P.C., Khanna, M., **Edson, A.**, Cummings, C., Harris, M.S. (2011). Computers and psychosocial treatment for child anxiety: Recent advances and ongoing efforts. *Depression and Anxiety*, 28, 58-66. doi: 10.1002/da.20757
- 22) Franklin, M.E., **Edson, A.L.**, & Freeman, J.B. (2010). Behavior therapy for pediatric trichotillomania: Exploring the effects of age on treatment outcome. *Child and Adolescent Psychiatry and Mental Health*, 4(18). doi: 10.1186/1753-2000-4-18

BOOK CHAPTERS AND ENCYCLOPEDIA ARTICLES

- 1) Franklin, M.E., **Edson, A.L.**, & Freeman, J.B. (2011). Obsessive compulsive disorder. In R. Levesque (Ed.), *Encyclopedia of Adolescence*. New York: Springer.

MANUSCRIPTS IN PREPARATION OR UNDER REVIEW

- 1) **Carpenter, A.L.**, Cheung, P.T., Jodoin, A., & Furr, J. (in preparation). Case study of various delivery methods of cognitive behavioral therapy for selective mutism.
- 2) **Carpenter, A.L.**, Rotter, N., Lieb, L., Scheffler, W., & Friedman, D. (in preparation). Family experiences following their child's completion of oral food challenge: Implications for relationship between anxiety and pediatric food allergy.

RESEARCH PRESENTATIONS

- 1) Elkins, R.M. & **Carpenter, A.L.** (Co-Moderator). (2016, October). *Strategies and successes in shattering the "ivory ceiling" for women in psychology*. Discussion panel presented at the 2016 Association for Behavioral and Cognitive Therapies Annual Convention. New York, NY.
- 2) **Carpenter, A.L.**, Pincus, D.B., & Comer, J.S. (2016, March). *Feasibility and preliminary efficacy of Internet-delivered, family-based cognitive behavioral therapy for child anxiety: A multi-site pilot study*. Paper presented at the 35th annual meeting of the Anxiety and Depression Association of America. Philadelphia, PA.
- 3) Chou, T., Golik, A.M., Martin, J., Caproni, E., **Carpenter, A.L.**, Cornacchio, D., Miguel, E., Sanchez, A., Elkins, R.M., & Comer, J.S. (2016, March). *Beyond brick and mortar: A meta-analytic examination of the use of remote technologies to extend the reach of children's mental healthcare*. Paper presented at the 35th annual meeting of the Anxiety and Depression Association of America. Philadelphia, PA.
- 4) Comer, J.S., Furr, J.M., Cooper-Vince, C., **Carpenter, A.L.**, Elkins, R.M., Kerns, C.E., Chou, T., Cornacchio, D., Sanchez, A.L., DeSerisy, M., Miguel, E., Franklin, M.E., Khanna, M., Garcia, A.M., & Freeman, J. (2016, March). *Internet-delivered treatment for early-onset OCD: Results from a pilot randomized trial*. Paper presented at the 35th annual meeting of the Anxiety and Depression Association of America. Philadelphia, PA

- 5) **Carpenter, A.L.**, Korn, A.S., Mian, N.D., Pincus, D.B., & Comer, J.S. (2014, November). *Treatment seeking motivators among parents of anxious youth*. Paper presentation in **Carpenter, A.L.** (Chair), *Parent engagement in evidence-based interventions for children: What is it, why does it matter, and how can we measure it?* Paper presented at the 2014 Association for Behavioral and Cognitive Therapies Annual Convention. Philadelphia, PA.
- 6) **Carpenter, A.L.**, Elkins, R.M., Kerns, C.E., Chou, T., Green, J.G., & Comer, J.S. (2014, November). *Attack-related household discussions following the Boston Marathon bombing and associated posttraumatic stress among area youth*. Paper presentation in Comer, J.S., & **Carpenter, A.L.** (Co-chair), *Psychological adjustment among area youth after the Boston Marathon bombing and subsequent manhunt*. Paper presented at the 2014 Association for Behavioral and Cognitive Therapies Annual Convention. Philadelphia, PA.
- 7) **Carpenter, A.L.**, Elkins, R.M., Kerns, C.E., Chou, T., Green, J.G., & Comer, J.S. (2014, November). *Attack-related household discussions following the Boston Marathon bombing and associated posttraumatic stress among area youth*. Paper presentation in Chou, T. (Chair), *Attacks from all sides: Exploring multiple facets affecting response to the Boston Marathon Bombing*. Paper presented at the 2014 International Society for Traumatic Stress Studies Annual Convention. Miami, FL.
- 8) **Edson, A.L.** (Chair). (2013, November). *Family involvement in the treatment of obsessive compulsive spectrum conditions*. Symposium presented at the 2013 Association for Behavioral and Cognitive Therapies Annual Convention. Nashville, TN.
- 9) Chou, T. & **Edson, A.L.** (Co-Moderator). (2013, November). *Giving the people what they want: Recent innovations and future directions in direct-to-consumer marketing of evidence-based psychological treatments*. Discussion panel presented at the 2013 Association for Behavioral and Cognitive Therapies Annual Convention. Nashville, TN.
- 10) Bentley, K. & **Edson, A.L.** (Co-Chair). (2012, November). *Real-time interventions: Advancing training, treatment, and tracking with technology*. Symposium presented at the Association for Behavioral and Cognitive Therapies Annual Convention. National Harbor, MD.
- 11) **Edson, A.L.**, Comer, J.S., Pincus, D.B., Franklin, M.E., Chase, R., Albano, A. (2012, November). *Development of a measure of clinical decision making in CBT for children: A novel approach to assessing change in therapist trainees*. Paper presentation in **Edson, A.L.** (Chair), *Novel approaches to training in evidence-based treatments*. Paper presented at the Association for Behavioral and Cognitive Therapies Annual Convention. National Harbor, MD.
- 12) **Edson, A.L.**, Comer, J.S., Pincus, D.B., Puliafico, A., Kurtz, S., Eyberg, S. (September 6, 2012). *New directions in the adaptation of Parent-Child Interaction Therapy for early childhood internalizing disorders*. Paper presented at the Parent-Child Interaction Therapy Conference, University of California Davis Children's Hospital. Davis, CA.
- 13) Franklin, M.E. & **Edson, A.L.** (November 12, 2011). *CBT for OCD in children and adolescents*. Clinical grand rounds presentation at the Association for Behavioral and Cognitive Therapies Annual Convention. Toronto, ON.
- 14) **Edson, A.L.** & Khanna, M. (November 10, 2011). *Technology in the dissemination of evidence based practice for child anxiety*. Paper presented at the Child and Adolescent Anxiety Special Interest Group Pre-Conference at the ABCT Annual Convention. Toronto, ON.

- 15) Franklin, M.E., Khanna, M., **Edson, A.L.**, Benavides, K. (November 18, 2010). *Treatment of pediatric OCD, tics and trichotillomania: Research update*. Paper presented at the Child and Adolescent Anxiety Special Interest Group Pre-Conference at the ABCT Annual Convention. San Francisco, CA.
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POSTER PRESENTATIONS

- 1) **Carpenter, A.L.**, Furr, J.M., Pincus, D.B., & Comer, J.S. (2018, November). *Working from home: An initial pilot examination of videoconferencing-based behavioral therapy for anxious youth delivered to the home setting*. Poster presented at the 2018 Association for Behavioral and Cognitive Therapies Annual Convention. Washington, DC.
- 2) **Carpenter, A.L.**, Furr, J.M., Nelson, L.J., Rodrigues, A., Manning, M. Pincus, D.B., & Comer, J.S. (2016, October). *Feasibility and efficacy of internet-delivered, family-based cognitive behavioral therapy for child anxiety: Main outcomes from a multi-site pilot study*. Poster presented at the 2016 Association for Behavioral and Cognitive Therapies Annual Convention. New York, NY.
- 3) Chevalier, L., **Carpenter, A.L.**, Keller, A., Langer, D.A., & Pincus, D.B. (2016, October). *Family accommodation and sleep-related problems in children with anxiety*. Poster presented at the 2016 Association for Behavioral and Cognitive Therapies Annual Convention. New York, NY.
- 4) **Carpenter, A.L.**, Furr, J.M., Pincus, D.B., & Comer, J.S. (2015, November). *Feasibility and preliminary efficacy of internet-delivered, family-based cognitive behavioral therapy for child anxiety: A multi-site pilot study*. Poster presented at the 2015 Association for Behavioral and Cognitive Therapies Annual Convention, Child and Adolescent Anxiety Special Interest Group Poster Exposition. Chicago, IL.
- 5) Korn, A.S., **Carpenter, A.L.**, Rodrigues, A.L., Comer, J.S., Langer, D.A., Pincus, D.B., & Mian, N. (2014, November). *Do parents agree on motives when seeking treatment for their anxious children?* Poster presented at the Child and Adolescent Anxiety Special Interest Group Exposition at the Association for Behavioral and Cognitive Therapies Annual Convention. Philadelphia, PA.
- 6) Chang, W.C., **Edson, A.L.**, Langer, D., Comer, J.S., & Pincus, D.B. (2013, November). *Associations between negative self-esteem and anxiety symptoms in an outpatient sample of anxious youth*. Poster presented at the Child and Adolescent Anxiety Special Interest Group Exposition at the Association for Behavioral and Cognitive Therapies Annual Convention. Nashville, TN.
- 7) Elkins, R.M., Chou, T., Dantowitz, T., **Edson, A.L.**, Kerns, C.E., Green, J.G., & Comer, J.S. (2013, November). *Child anxiety and PTSD symptoms in Boston-area youth in the aftermath of the 2013 Boston Marathon Attack*. Poster presented at the Child and Adolescent Anxiety Special Interest Group Exposition at the Association for Behavioral and Cognitive Therapies Annual Convention. Nashville, TN.
- 8) **Edson, A.L.**, Pincus, D.B., Franklin, M.E., Albano, A.M., & Comer, J.S. (2013, November). *Clinical decision-making in CBT for anxious youth: Psychometric validation of a measure of clinical reasoning*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention. Nashville, TN.

- 9) **Edson, A.L.**, Thompson-Hollands, J., Tompson, M.C., & Comer, J.S. (2013, November). *A meta-analytic investigation of family-based treatment for pediatric OCD*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention. Nashville, TN.
- 10) **Edson, A.L.**, Elkins, R.M., Pincus, D.B., Comer, J.S. (2012, November). *High-end specificity of the childhood behavior checklist in detecting ADHD in a sample of youth with generalized anxiety disorder*. Poster presentation at the Association of Behavioral and Cognitive Therapies Annual Convention. National Harbor, MD.
- 11) **Edson, A.L.**, Comer, J.S., Furr, J.M., Kendall, P.C. (2012, November). *Posttraumatic stress in children with disaster-related Loss: A comprehensive meta-analysis*. Poster presentation at the Association of Behavioral and Cognitive Therapies Annual Convention. National Harbor, MD.
- 12) Comer, J.S., Furr, J.M., **Edson, A.L.**, Khanna, M., Franklin, M.E., Garcia, A.M., & Freeman, J.B. (2012, July). *Internet-delivered treatment for early-onset OCD: A pilot feasibility trial*. Poster presented at the 19th annual meeting of the International Obsessive Compulsive Disorder Foundation. Chicago, IL.
- 13) **Edson, A.L.**, Benavides, K.L., Franklin, M.E. (November 11, 2011). *Styles of pulling in children and adolescents with trichotillomania*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention. Toronto, ON.
- 14) **Edson, A.L.**, Benavides, K.L., Goss, A., Franklin, M.E. (April 30, 2011). *Styles of pulling in children and adolescents with trichotillomania: Preliminary baseline data*. Poster presentation at the Trichotillomania Learning Center Annual Conference. San Francisco, CA.
- 15) **Edson, A.L.**, Wilson, M.A., Franklin, M.E. (November 19, 2010). *Developmental factors in trichotillomania and its treatment*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention. San Francisco, CA.
- 16) **Edson, A.L.**, Wilson, M.A., Marini, V.A., Brush, L.N., Stickle, T.R. (November 19, 2010). *Anxiety sensitivity and parenting style: Implications for mechanisms of relationships in the presence and absence of childhood maltreatment*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention. San Francisco, CA.
- 17) **Edson, A.L.** & Franklin, M.E. (May 25, 2010). *Behavior therapy for pediatric trichotillomania: Exploring the effects of age on treatment outcome*. Poster presentation at the Philadelphia Behavior Therapy Association's Student Poster Exhibition. Philadelphia, PA.
- 18) **Edson, A.L.** & Stickle, T.R. (May 25, 2010). *Childhood maltreatment and parenting style: Implications for anxiety sensitivity among youth who have experienced physical or sexual abuse*. Poster presentation at the Philadelphia Behavior Therapy Association's Student Poster Exhibition. Philadelphia, PA.
- 19) **Edson, A.L.** & Stickle, T.R. (April 22, 2010). *Childhood maltreatment and parenting style: Implications for anxiety sensitivity*. Poster presentation at the University of Vermont Student Research Conference. Burlington, VT.

CLINICAL AND COMMUNITY PRESENTATIONS

- 1) **Carpenter, A.L.** (March 8, 2019). *Telepsychology in Outpatient Settings: Ethics, State Laws, and Logistics*. Presentation delivered to clinical graduate students and faculty members of the University of Vermont Clinical Psychology PhD program. Burlington, VT.

Aubrey Carpenter, Ph.D.
Curriculum Vitae

- 2) Friedman, D., & **Carpenter, A.L.** (April 13, 2018). *Pediatric Behavioral Medicine: An Overview*. Presentation delivered to first year Child Psychiatry Fellows at Massachusetts General Hospital, Department of Psychiatry. Boston, MA.
- 3) **Carpenter, A.L.** (January 25, 2017). *Psychiatric correlates and long-term psychiatric trajectories of chronic pain in children and adolescents*. Presentation delivered to psychiatrists, psychologists, and social workers on the Boston Children's Hospital Psychiatry Consultation Service. Boston, MA.
- 4) **Carpenter, A.L.** (March 23, 2016). *Parent-Child Interaction Therapy: An overview*. Guest lecture delivered to master's level and doctoral level graduate students enrolled in a Boston University graduate course taught by Dr. Martha Tompson. Boston, MA.
- 5) **Carpenter, A.L.,** & Keller, A. (March 16, 2016). *Assessing and treating child anxiety: An overview*. Presentation delivered to parents and school staff in the Belmont Elementary Public Schools. Belmont, MA.
- 6) **Carpenter, A.L.** (March 11, 2016). *Managing adolescent anxiety in the school setting*. Presentation delivered to faculty and staff at Burr and Burton Academy, Manchester, VT.
- 7) **Carpenter, A.L.,** & Kemp, G.N. (October 7, 2015). *Collaborating with schools in outpatient treatment of child anxiety*. Presentation delivered to graduate students and faculty at the Center for Anxiety and Related Disorders at Boston University. Boston, MA.
- 8) **Carpenter, A.L.** (October 2, 2015). *Treatment of conversion disorder in the inpatient setting: Sculpting our definition of empathy*. Presentation delivered to psychiatrists, psychologists, nursing staff, and milieu therapists on a medical/psychiatric inpatient unit at Hasbro Children's Hospital. Providence, RI.
- 9) **Carpenter, A.L.** (August 12, 2015). *Parent management training and reinforcement strategies with anxious youth*. Presentation delivered to graduate students and faculty at the Center for Anxiety and Related Disorders at Boston University. Boston, MA.
- 10) **Carpenter, A.L.,** & Elkins, R.M. (March 25, 2015). *Telehealth at CARD and beyond: Adaptations and considerations required of Internet-delivered treatment*. Presentation delivered to graduate students and faculty at the Center for Anxiety and Related Disorders at Boston University. Boston, MA.
- 11) **Carpenter, A.L.** (March 25, 2015). *Parent-Child Interaction Therapy: An overview*. Guest lecture delivered to master's level and doctoral level graduate students enrolled in a Boston University graduate course taught by Dr. Martha Tompson. Boston, MA.
- 12) **Carpenter, A.L.,** Lowenhaupt, E., Mesidor, L. Majeed, S., Dennis, K., & Cauley, W. (January 20, 2015). *Check Up From The Neck Up: Youth Trauma*. Open panel presented to Providence public school social workers, school psychologists, and nurses. Providence, RI.
- 13) **Carpenter, A.L.** (June 9, 2014). *Selective mutism in the school setting*. Presentation delivered to teachers and staff members at the Plympton Elementary School. Waltham, MA.
- 14) **Edson, A.L.** (April 8, 2014). *Weaving DBT strategies into CBT for youth*. Didactic presentation delivered to the Child and Adolescent Fear and Anxiety Program in the Center for Anxiety and Related Disorders. Boston, MA.

- 15) **Edson, A.L.** (February 27, 2014). *Using videoconferencing for delivering cognitive behavioral therapy to anxious youth in treatment at the Center for Anxiety and Related Disorders*. Didactic presentation delivered to the Child and Adolescent Fear and Anxiety Program in the Center for Anxiety and Related Disorders. Boston, MA.
- 16) Merson, R., & **Edson, A.L.** (October 9, 2013). *Cognitive restructuring in CBT for anxious youth*. Lecture delivered to the Child and Adolescent Fear and Anxiety Program in the Center for Anxiety and Related Disorders. Boston, MA.
- 17) **Edson, A.L.** (January 31, 2013). *Motivational enhancement of cognitive behavioral therapy for anxious children*. Lecture delivered to the Child and Adolescent Fear and Anxiety Program in the Center for Anxiety and Related Disorders. Boston, MA.
- 18) Shinn, M., Urquiza, A., Abner, J., Nelson, M., Masse, J., Polka, L., & **Edson, A.L.** (September 6, 2012). *Ask the Experts*. Open panel presented to clinicians at the Parent-Child Interaction Therapy 12th Annual Conference at the University of California, Davis. Davis, CA.
- 19) Elkins, R.M., & **Edson, A.L.** (August 16, 2012). *Single-subject and multiple baseline designs*. Lecture delivered to the Child and Adolescent Fear and Anxiety Program in the Center for Anxiety and Related Disorders. Boston, MA.
- 20) **Edson, A.L.** (May 11, 2012). *Managing anxiety and behavior problems in the school setting*. Lecture delivered for the Child Mind Institute's "Speak Up For Kids Campaign" to teachers and residential staff at the Howard Center Child Youth and Family Services. Burlington, VT.

AD HOC REVIEW EXPERIENCE

Behavior Therapy
Journal of the American Academy of Child and Adolescent Psychiatry
Journal of Clinical Child and Adolescent Psychology
Journal of Abnormal Psychology
Journal of Nervous and Mental Disease
Cognitive Therapy and Research
Journal of Anxiety Disorders
Anxiety, Stress and Coping

RESEARCH EXPERIENCE

- 4/19 – **“Telepsychology Cognitive Behavioral Intervention for Youth With Type 1 Diabetes”**
University of Vermont Department of Psychological Science in conjunction with the University of Vermont Medical Center
Position: Principal Investigator and Study Clinician on pilot study testing the feasibility, acceptability, and efficacy of Internet-delivered CBT to promote adherence among youth with Type 1 Diabetes in treatment at UVM Medical Center
- 8/15 – 7/16 **“Early Identification of Anxiety Disorders in Pediatric Settings”**
Boston University in conjunction with University of New Hampshire, Manchester, NH
Position: Research Coordinator on pilot study testing feasibility and acceptability of technology-assisted training in child anxiety assessment for pediatric medical residents.

Principal Investigator: Nicholas Mian, Ph.D.

- 1/16 – 7/16 **“Development and Evaluation of an Interactive, Internet-Based Treatment for Youth with Panic Disorder and Agoraphobia: Reducing Disability and Expanding Access to Evidence Based Psychological Services in Schools”**
Boston University, Department of Psychological and Brain Sciences
Position: Independent Evaluator on pilot study testing the feasibility and efficacy of Internet-delivered CBT delivered to adolescents with panic disorder in school setting
Principal Investigator: Donna Pincus, Ph.D.
- 9/14 – 8/16 **“Internet-Delivered Cognitive Behavioral Therapy for Anxious Youth: A Multiple Baseline Evaluation”**
Boston University in conjunction with Florida International University
Position: Principal Investigator (Doctoral Dissertation) and Study Clinician on multi-site pilot study testing the feasibility, acceptability, and efficacy of Internet-delivered CBT for anxious youth in the Miami and Boston areas (N=13).
- 8/13 – 8/13 **“Risk and Resilience in Maltreated Children”**
University of Vermont School of Medicine, Department of Psychiatry in conjunction with Yale University School of Medicine, Department of Psychiatry
Position: Independent Evaluator on large trial assessing biomarkers and psychosocial predictors of resilience among children with and without trauma histories.
Principal Investigator: James Hudziak, M.D., and Joan Kauffman, Ph.D.
- 9/11 – 5/15 **“Internet-delivered EX/RP for early-onset OCD: A pilot feasibility trial”**
Boston University in conjunction with Florida International University
Position: Independent Evaluator, Study Clinician, Research Assistant on multi-site, pilot RCT of Internet-delivered Exposure and Response Prevention for children with OCD.
Principal Investigator: Jonathan Comer, Ph.D.
- 9/11 – 8/15 **“Evaluating the feasibility of Internet-delivered Parent-Child Interaction Therapy”**
Boston University in conjunction with Florida International University
Position: Graduate Research Assistant on multi-site, pilot RCT of Internet-delivered PCIT for preschoolers with disruptive behavior problems.
Principal Investigator: Jonathan Comer, Ph.D.
- 6/14 – 6/15 **“N-methyl-d-aspartate-agonist Enhanced Intensive Cognitive-Behavioral Therapy of Panic Disorder in Adolescents”**
Boston University, Department of Psychological and Brain Sciences
Position: Independent Evaluator and Research Assistant on pilot RCT testing efficacy of intensive CBT for panic disorder in adolescents receiving placebo or D-cycloserine.
Principal Investigator: Ovsanna Leyfer, Ph.D.
- 11/11 – 7/12, **Family Development and Treatment Lab**
5/13 – 3/15 *Boston University, Department of Psychological and Brain Sciences*
Position: Rater of Treatment Adherence on multi-site RCT testing efficacy of family-based treatment for young children with depression.
Principal Investigators: Martha Tompson, Ph.D., and Joan Asarnow, Ph.D.
- 6/11 – 1/12 **Division 53, Society of Clinical Child and Adolescent Psychology**
American Psychological Association
Position: Website Developer for Division 53 in collaboration with Dr. Muniya Khanna

Aubrey Carpenter, Ph.D.
Curriculum Vitae

- 6/09 – 6/11 **Child/Adolescent OCD, Tics, Trichotillomania and Anxiety Group (COTTAGE)**
University of Pennsylvania School of Medicine, Department of Psychiatry
Positions: Study Coordinator, Research Assistant, and Clinic Coordinator for outpatient child anxiety clinic and worked on three separate RCTs, including multi-site RCT of Exposure and Response Prevention versus Relaxation Training for young children with OCD, multi-site RCT of Habit Reversal Training versus supportive counseling for teenagers with Trichotillomania, and multi-site study evaluating biomarkers of OCD.
Principal Investigator: Martin Franklin, Ph.D. (at UPenn site of all three studies)
- 3/09 – 11/10 **“Childhood Experiences and Parenting Style: Implications for Anxiety Sensitivity”**
University of Vermont, Department of Psychology
Position: Principal Investigator on undergraduate thesis study evaluating associations between childhood trauma, child anxiety sensitivity, and parenting style.