The Dietetic Internship and Grad School Application Process

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Today’s Plan

• What is the process for applying to grad school or a dietetic internship?
• Common application components
  – UVM MSD specifically
• Timeline
• Next Steps
• How Can I Help?
• Email list or best method of communication
Considerations on Deciding Which Type of Program

• Program Emphasis
• Cost
• Length
• Location
• Financial constraints
• Family considerations

Applying to a Grad Program

• Finding a grad program
  – Eatright.org
    • [http://www.eatrightpro.org/resources/career/professional-development/advanced-degrees](http://www.eatrightpro.org/resources/career/professional-development/advanced-degrees)
  – Look at program website carefully
    • How does the masters program interplay with any internship options?
    • What is their focus area?
  – Contact program director with any questions, and to express your interest – get on the radar
Applying to a Grad Program

- Read application instructions VERY carefully
- Take the GRE if required
- Register for, and complete the DICAS app if required.
  - Won’t generally be required for straight grad programs, might be required for coordinated programs
- Pay attention to deadlines, for grad programs they can vary greatly

Side Note on the UVM MSD Application Process

- You would all be “Track 1” students
- Go to http://www.uvm.edu/nfs/?Page=dieteticgrad.html&SM=gradsubmenu.html and click on “Track 1” for application instructions
UVM MSD Program

- Interviews this year will be granted based on an initial screening AFTER applications are submitted
- For qualified candidates interviews will be required – Skype or in-person
- CONTACT Amy if you are interested in applying
  – She wants to hear from you, and will not be impressed if she does not.

Applying to an Internship

- Finding an Internship
  – Eatright.org
    – Check out program emphasis
    – Look at website
    – CONTACT program director
- Fill out the DICAS application
  – Most internships require DICAS, but some do not
Components to an Application

• Transcripts
• GRE – for most grad programs, fewer internships
• Personal Statement
  – Read prompts carefully
  – 8,000 characters about 1,000 words limit for DICAS (about 2 pages)
• Letters of Recommendation
  – 3 needed
  – Request at least TWO MONTHS in advance
• Résumé

What is DICAS?

• Dietetic Internship Centralized Application System (DICAS)
• Let’s take a quick tour!
  – https://portal.dicas.org
• Also need to register with D&D digital: https://www.dnddigital.com
  – (DON’T DO THIS YET, they’re still doing FALL match)
  – I would guess the right site will be up in October
• http://www.eatright.org/ACEND/content.aspx?id=186
Timeline

- Deadline to submit computer matching info to DICAS and D&D Digital
  - Monday, FEBRUARY 15th, 2016
- Applicant notified of decision
  - Sunday, APRIL 3, 2016 7PM EST
- Applicant has to accept placement
  - Monday, APRIL 4, 2016 by 6PM internship time zone
- Posting of programs with open positions remaining
  - Thursday, APRIL 7, 2016

Next Steps

- Research programs
- Take GRE if necessary
- Keep doing well in school
- Consider who should write your letters of recommendation
- Join the MSD Mentoring program
- Attend future workshops!
How Can I Be Most Helpful?

- Will answer questions about the process
- Can look over personal statements
- Plan to host workshops with more specific information
  - The DICAS application itself
  - Writing a personal statement
  - Working on a résumé?
- Empathy
- Materials can be found: http://www.uvm.edu/nfs/?Page=internships.html&SM=undergradsubmenu.html