

Vermont Bird and Pollinator-Friendly Perennial Species List for Creating Seed Mixes

Vermont's Pollinator-Friendly Solar Resources

Revised March 5, 2018

Botanical Name	Common Name	Bloom Months	Spring Bloom	Early Summer Bloom	Late Summer Bloom	Fall Bloom	Height	
<i>Actaea pachypoda</i>	White baneberry	May-June		X			18-36"	
<i>Aquilegia canadensis</i>	Red columbine	May-July	X	X			12-36"	
<i>Asarum canadense</i>	Wild ginger	May-June	X				2-8"	
<i>Asclepias incarnata</i>	Swamp milkweed	June-July		X			12-54"	
<i>Asclepias syriaca</i>	Common Milkweed	June-Aug		X			Up to 6.5 Ft	
<i>Symphotrichum cordifolium</i> (<i>Aster cordifolius</i>)	Heartleaf Aster					X	X	Up to 3.2 Ft
<i>Eurybia divaricata</i> (<i>Aster divaricatus</i>)	White wood Aster	Aug-Oct				X	X	Up to 3.2 Ft
<i>Baptisia australis</i> (<i>Not native to New England</i>)	Blue False Indigo			X				Up to 4 ft
<i>Caltha palustris</i>	Marsh marigold	May-June	X	X				10-22"
<i>Chamaecrista fasciculata</i> (<i>Not native to Northern New England</i>)	Partridge Pea					X		Up to 3.5 ft
<i>Chelone glabra</i>	White turtlehead	July-Sept				X		28-36"
<i>Echinacea purpurea</i> (<i>Not native to New England</i>)	Purple Coneflower			X	X			Up to 4 ft
<i>Eupatorium perfoliatum</i>	Boneset					X		
<i>Eurybia macrophylla</i> (<i>Aster macrophyllus</i>)	Bigleaf aster	Aug-Oct				X	X	12-42"
<i>Euthamia graminifolia</i>	Flat-topped Goldenrod (C)					X	X	Up to 3.5 ft
<i>Gentiana clausa</i>	Bottle gentian	Aug-Sep				X		18-24"
<i>Geum rivale</i>	Water avens	June-July		X				14-24"
<i>Helianthus maximiliani</i> (<i>Not native to New England</i>)	Maximilian's Sunflower					X	X	Up to 8 ft
<i>Lilium canadense</i>	Canada lily	June-Aug		X	X			3-5"
<i>Lobelia cardinalis</i>	Cardinal flower	Aug-Oct				X		24-60"
<i>Maianthemum racemosum</i> (<i>Smilacina racemosa</i>)	Feathery false lily of the valley	May-June	X	X				16-32"
<i>Monarda fistulosa</i>	Wild bergamont	July-Sep				X		24-46"
<i>Packera aurea</i>	Golden ragwort	May-June	X	X				10-22"

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<i>Rudbeckia hirta</i>	Black-eyed susan	June-Sep			X		16-40"
<i>Schizachyrium scoparium</i>	Little Bluestem				X	X	
<i>Solidago caesia</i>	Blue-Stemed Goldenrod, Wreath Goldenrod				X	X	
<i>Solidago canadensis</i>	Canada Goldenrod	July-Oct			X	X	Up to 6.5 ft
<i>Solidago flexicaulis</i>	Zig-Zag Goldenrod				X	X	Up to 3.5 ft
<i>Solidago nemoralis</i>	Gray Goldenrod				X	X	Up to 3.5 ft
<i>Symplocarpus foetidus</i>	Skunk cabbage	Apr-May	X				24-36"
<i>Tiarella cordifolia</i>	Foamflower	May-June	X				4-14"
<i>Trientalis borealis</i>	Starflower	May-June	X				4-8"
<i>Trillium grandiflorum</i>	White trillium	May-June	X				8-16"
<i>Uvularia grandiflora</i>	large bellwort	May-June	X				8-20"
<i>Verbena hastata</i>	Blue vervain	July-Sep			X		Up to 4.9 ft
<i>Vernonia noveboracensis</i>	New York Ironweed				X		Up to 4 ft
<i>(Not native to Northern New England)</i>							
<i>Viola adunca</i>	Hookedspur violet	May-July	X	X			3-6"
<i>Zizia aurea</i>	Golden zizia	May-July	X	X			14-38"

Not Native - The Vermont Agency of Natural Resources recommends that pollinator-friendly plantings in Vermont avoid species that are not native to Vermont.

Pollinator-friendly plantings include Vermont native and naturalized wildflowers, forbs, grasses, shrubs and trees that serve as habitat, forage, and migratory way stations for pollinators. Such plantings shall not include invasive species listed on the Vermont Agency of Agriculture, Food, and Markets' Noxious Weed List, the Vermont Invasive Exotic Plant Committee Watch List, or species deemed invasive in neighboring states.

This list was created in collaboration with the University of Vermont Gund Institute, Vermont Agency of Natural Resources, and Vermont Audubon, through their in-house expertise. In addition, we referenced the NAPPCC's *Selecting Plants for Pollinators: Adirondack and New England Regional Guide* and the XERCES *Northeastern Pollinator Mix species mix*; some species on these lists are not recommended for use in Vermont. Refer to [Vermont's Pollinator-Friendly Solar Resources](http://www.uvm.edu/extension/agriculture/pollinator-friendly-solar) at www.uvm.edu/extension/agriculture/pollinator-friendly-solar