

# **Program Assessment**

Each group is unique and we want to provide you with a program to suit your needs. You can help us do this by filling out this assessment as completely as possible and return (via email, if possible) at least 14 days prior to your program. Your lead facilitator will be in touch to follow up on the details of your program.

Organization & Group Name	Program Date and Time
Group Contact Person and Title	
Email	
Phone Number for Pre-program communication	Phone Number for Last Minute Communication
Will the contact person be present?	When would your group like a break/lunch?
# of Participants Expected	# of Chaperones Expected
# of Groups	Are groups pre-divided? YES NO

# Background:

Do the participants know each other's names?

How old are the participants?

How often do they meet as a group? How long have they been together?

Who are the participants and what is their relationship to one another?

What has been or will be the nature of their typical group interactions?

What possible group dynamics should our facilitators be aware of? Are there any subgroups within this group?

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What group norms, language, or symbols exist? How can we incorporate these things into our programming?

Are there any members of this group that have special needs that we can be aware of in order to create a more inclusive environment?

Are you aware of any participant health issues (including allergies) or physical limitations?

All participants are encouraged to choose how they will participate in each activity. They are not forced to do anything at the course. With that in mind, do these participants have a choice in whether or not they come to the ARC with the rest of the group that day?

## **Prior Experience:**

Have they done experiential/team-building activities or another ropes course as a group? If so, please describe the experience. AND/OR If you have been to the course in the past, what elements of the program would you like us to keep? What would you like to change?

# <u>Goals:</u>

Why do you want to bring a group to the challenge course? What does teambuilding mean to you?

What are your goals and expectations for this experience? Include both short and long term as well as individual and group goals.

Does your group have a social contract already in place? If so, please share this common language so we can be consistent and build off of your pre-existing guidelines.

How should we customize a program for your group? What specific program components or activities would you like to be included in your program?

What would make this day a success for you? For your students?

How will you know if your goals are achieved?

Who are the chaperones and how will they be participating in the day? Be full participants? Participate in the debrief? Sit back and help as needed?

## **Group Preparation and Follow-up:**

Will the program goals/desired outcomes be discussed with the group prior to the program (we recommend this)?

What lead-up activities will you be doing?

What follow-up activities will you be doing?

#### Rain Plan:

Because our course is nicely sheltered in the trees, programs will continue to run in light rain. Occasionally, adverse weather (high winds, thunderstorms, etc) would cause us to have to cancel a program. We can often come up with an indoor rain plan (at an off-site location) focused on ice breakers and team initiatives, but we do not have indoor climbing activities.

Please let us know your preference in regards to adverse weather:

Cancel Program all together (this would happen in conversation with the UVM ARC Coordinator)

Move ahead with an all indoor program. This is not always possible (due to space constraints) and there is no climbing option.

Want to reschedule (based on course availability)

Other (Explain your Ideal situation)

#### Participant/Chaperone Readiness:

- Please make sure all minors (17 years and under) have had a guardian complete the medical/liability form
- EVERYONE who is coming to the course must complete a medical/liability form.
- Programs will run rain or shine (please distribute "what to expect" document to participants)
- Please make sure chaperones are aware of your program goals and ready to engage as need ("Chaperone Information" document)

University of Vermont Adventure Ropes Course