



# 4-H Opportunities Beyond the Club Level

SEPTEMBER 2014

## There are many ways youth can participate in the Vermont 4-H Program!

Vermont 4-H events and activities give children the opportunity to share their own unique gifts or talents and provide physical, mental, social and emotional growth experiences for individual 4-H members. 4-H events are a part of the total learning experience a youth may have in 4-H.

### 4-H Opportunities Beyond the Club Level... County

#### Competitive

- 4-H Regional Day
- County Livestock Contests (Horse, Dairy, Sheep)
  - Quiz Bowls
  - Judging
  - Horse Hippology
- Fairs & Field Days

#### Non-competitive

- 4-H County Achievement Event
- 4-H Community Service
- 4-H After-school Programs
- 4-H Leadership Opportunities

Visit the Vermont 4-H Website at  
[www.uvm.edu/extension/youth](http://www.uvm.edu/extension/youth)

### 4-H Opportunities Beyond the Club Level... State

#### Competitive

- 4-H State Day
- State Livestock Contests (Horse, Dairy)
  - Quiz Bowls
  - Judging
  - Hippology (Horse)
- State 4-H Shows (Horse, Dairy)
- 4-H Horse Communications Contest
- State 4-H Dairy Challenge
- State Sheep Quiz Bowl & Skillathon
- 4-H Working Steer Qualifying Shows
- 4-H Shooting Sports Jamboree

#### Non-competitive

- 4-H Sheep Camp
- 4-H Lambing Clinic
- 4-H Blocking & Fitting Clinic (Sheep)
- 13 Challenge
- 4-H Teen Leadership Weekend
- Teen Exploration
- Mini Exploration
- Teen Boards for Teen & Mini Congresses
- Natural Resource Management Academy
- Youth Environmental Summit (YES!)
- Raise Your Voice-Day at the Capitol
- Embryology
- Operation: Military Kids VT
- Becoming an Outdoor Family Weekend

4-H events revolve around 4-H's October 1–September 30 calendar. Visit [www.uvm.edu/extension/4hevents](http://www.uvm.edu/extension/4hevents)

UNIVERSITY OF  
VERMONT**EXTENSION**

COMMUNITY

4-H &amp; YOUTH

ENVIRONMENT

AGRICULTURE

FOOD

CULTIVATING HEALTHY COMMUNITIES

## 4-H Opportunities Beyond the Club Level... Regionally

### Competitive

Vermont 4-H at Eastern States Exposition

- New England Center 4-H Program
- 4-H Horse Program
- 4-H Dairy Program
- 4-H Sheep Program
- 4-H Working Steer Program
- 4-H New England 4-H Dog Program

Some events have eligibility requirements which may include qualifying events at the county or state level or an application process. Most out of state opportunities require that member's record books be reviewed. Some project areas like livestock and shooting sports may have additional requirements. See [www.uvm.edu/extension/4hprojects](http://www.uvm.edu/extension/4hprojects).

- New England Regional Horse Contest

Many events are designed with 4-H members' age in mind... we often refer to events for "juniors" (ages 8 – 13) and "seniors" (beginning at age 14). 4-H members' ages are determined as of January 1st of the current 4-H year.

We do not design competitive events for younger members, ages 5-7.



Competitive events allow youth to enhance decision-making capabilities, make public presentations; learn standards by which comparisons are made, and develop good sportsmanship.

Competitive events allow youth to gain experience and develop skills in gathering, preparing and presenting educational information.

## 4-H Opportunities Beyond the Club Level... Nationally

### Competitive

- Eastern National 4-H Horse Round-up (Louisville, KY)
- National 4-H Dairy Quiz Bowl (Louisville, KY)
- National 4-H Dairy Judging (Madison, WI)
- National 4-H Shooting Sports Invitational

### Non-competitive

- National 4-H Week
- Citizenship Washington Focus (Washington, DC)
- National 4-H Dairy Conference (Madison, WI)

Information for many 4-H many opportunities that happen annually in 4-H, either at a county, regional, state or national level can be found online on the Announcements, Events, Results page at [www.uvm.edu/extension/4hevents](http://www.uvm.edu/extension/4hevents).



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