

Life Time Ram 4-H Sheep Record

Ram's Name And/or Flock #	Sire <div style="border: 1px solid black; padding: 5px; text-align: center;"> Ram Picture here </div> Dam	Sire Dam	Sire
			Dam
Birth date _____	Date sold/died _____	Sire Dam	Sire
			Dam
			Sire

Pictures of ram



Ewe's Life Time Lambing Record (For Level 2 only)

Name of Ewe _____

Date Lambed	S,TW, TR	Sex	Name of Flock or flock #	Sire	Birth Weight	Disposition (Sold or add to flock)

S for single, TW for twin, TR for triplet;
 E for ewe, R for ram.

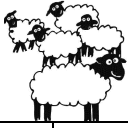


Name of sheep _____

Life Time Health Record Sheep Health Record

Date	List all health events for sheep. Examples: vaccinations, worming, hoof trimming, sicknesses

*Add pages as needed
Life Skill – Disease prevention



Name of sheep _____ (For Level 2 only)

Life Time Shearing Record

Date	Weight of Fleece	Length of Staple	Comment (quality, condition)	Shearer

Sample of fleece

(Staple fleece samples inside a clear plastic bag here)

Life Time Showing Record

Name of Sheep _____



Year	Event	Class	Placing	Ribbon	Comment	Judge
2003	Example: Addison County Field Days	Jr Ewe Lamb	1 st	Blue	Nice Fleece	Jean Audet

*Add pages as needed.

Life Skill – Self-Esteem

[E] Expenses: (Add pages as needed.) Expenses are divided into four categories:

E1- Equipment expenses

E2- Feed Expenses – Remember that the cost of feed equals the number of pounds of feed x price per pound. When homegrown feed is used, list feed cost at the market value.

E3- Health/Medical expenses – Including veterinary services and medicine

E4- other expenses – e.g. purchasing of animals, workshop fees, transportation fees,

Date	Description of expense (include quantities)	Expense Category Costs			
		Equip- ment [E1]	Feed [E2]	Health Medical [E3]	Other [E4]
11/1/03	Example: 50 lbs of sheep feed		8.50		
Expense Category Totals (Add up all expenses in each column)		[E1]	[E2]	[E3]	[E4]
[E] Total (E= E1+E2+E3+E4)				[E]	

[I] Income

List any income received from your project this year. Income includes live sheep, market lambs, wool, cash and prizes, and sales of any project related items. It is possible that your project had no income. If so, enter “None” under description and “0” under “I Total.” Remember that if products such as wool or meat were consumed at home, they should be listed for the same price as if you had sold the product. Make copies of this page as needed.

Date	Description of income	Income
10/1/03	Example: Sold cull ewe, .30/lb.	45.00
I Total (Add up all income and put number in the box at right.)		[I]

[P] Total Profitability (For Level 2 only.)

If your project earned more money than it cost, then you earned a profit. It is not likely that you earned a profit, so don't worry if you didn't. A business aims to earn a profit, but a 4-H project is meant for learning. An education has a value of its own kind. Part of what you should be learning, is how much things cost and how to spend your money wisely. If you earned a profit this year, feel proud!

TOTAL EXPENSES [E]	
Total Equipment Expenses (E1)	\$
Total Feed Expenses (E2)	\$
Total Health/Medical Expenses (E3)	\$
Total Other Expenses (E4)	\$
Total Expenses [E](Add up E1, E2, E3, and E4)	\$
Income [I]	
Total Income [I]	

Total Profitability [P]	
Total Income (I from above)	\$
Total Expenses [E] (from above)	\$
Total Profitability [P] (Subtract Total Expenses from Total Income. Put a negative number in parenthesis.)	\$

Life Skill - Managing

Year End Review: A Look Back

This section is completed at the end of the 4-H year and is meant to help you reflect on what you learned, how you managed your flock, and how you participated in your 4-H program. This process of reflection is important to self-development. There are six parts to this section:

- Summary of Flock Management
- Review of Project Year Goals
- The Three Most Important Things I Learned
- Project Story
- End of Year Signatures
- Project Photos and Certificates

Summary of Flock Management

How many sheep did you raise this year?

What breed(s) of sheep did you raise?

Where did you keep your sheep?

How much grain, hay and water did you feed your sheep each day?

Did your sheep get shorn?

How healthy were your sheep this year?

Did your sheep get vaccinated?

What were the vaccines for?

Review of Project Year Goals

Look back at the goals that you set at the beginning of the year. How well did you meet your goals? Did you add new goals during the year? If you did, include them in your review below.

Goals for the year	How well did each get met?
Example: I will learn how to feed my sheep.	I went to sheep camp and learned how much grain, hay and water my lamb needs. I talked to my veterinarian about what I am feeding my sheep. I learned about minerals and that sheep can't have copper.

Make copies of this page as needed.

The Three Most Important Things I Learned

Think back on what you learned from your 4-H project this year. Decide what was most important to you. List the three most important things in the boxes below. They may or may not have to do with your goals. Sometimes in working toward goals, we have educational adventures and can be surprised by what we learn along the way.

The three most important things that I learned in this project during the past year were:
1.
2.
3.

Life Skill – Self-Motivation

After reviewing your goals and thinking about the things you learned this year, write a story that explains what you gained this past year in 4-H. Whenever possible, use specific examples that are unique to you. Think about what you gained in knowledge and skills and how it relates to school, family, and other activities in your life. Use as many pages as you need to tell your story.

Sheep Activities I have participated in without my sheep:
Include club project meeting work, knowledge contests, workshops, etc.

Description of activity	Date of activity	Location	Level of activity: Club, County, Regional, State

Date	PROJECT PRESENTATIONS DONE OUTSIDE THE CLUB SETTING: This section should include any visual or verbal presentations you developed and conducted that shared project skills, knowledge, or information with an audience outside your club. Describe what kind of presentation (ex: poster, tabletop, talk), the specific topic, and where it was presented.	Time Spent	Activity Expenses

End of year signatures

By signing below, I am stating that I have completed this record book myself and, to the best of my knowledge, the information included in it is correct.

Member signature

Date

By signing below, I am stating that I am familiar with this work and, to the best of my knowledge the member completed this record book and the information included in it is correct.

Parent signature

Date

4-H Club Leader

Date

Important Telephone Numbers

Veterinarian name _____ **Phone** _____

Emergency Phone Number(s): _____

Leader(s)
Name _____ **Phone** _____

Name _____ **Phone** _____

4-H Educator _____ **Phone** _____

Appendix A

Sheep Knowledge and Skill

Use the following list to assist you in determining your goals. You may think of skills that are not listed. With your parents' and leader's help, turn unlisted skills into a goals.

Item #	Sheep Knowledge and Skills
Beginning Skills	
S-1	Learn and practice barn safety for animals, tools, equipment and self
S-2	Perform a set daily animal care schedule
S-3	Learn the types of feed and how to manage a sheep's diet
S-4	Demonstrate one or more fitting techniques
S-5	Practice sheep showmanship techniques
S-6	Identify at least 25 parts of a sheep's body
S-7	Identify breeds of sheep
S-8	Identify wool properties and uses
S-9	Identify and locate 7 meat cuts on a sheep
S-10	Identify at least 6 sheep by-products
S-11	Identify signs of health and illness
S-12	Care appropriately for a new born lamb
S-13	Identify common poisonous plants for sheep
S-14	Identify conformation faults in sheep
S-15	Learn common diseases and health issues and their treatment in sheep

Intermediate Skills	
S-16	Identify parts of a ruminant digestive tract
S-17	Identify the nutrients that different feeds provide
S-18	Learn and practice prevention techniques for better sheep health
S-19	Learn and how to correct abnormal birth positions
S-20	Identify internal and external parasites in sheep
S-21	Locate sheep information on the World Wide Web
S-22	Develop sheep educational exhibits for the public.
S-23	Identify and practice best management practices
S-24	Discuss ethical issues in the sheep industry
S-25	Learn and practice methods to save a weak lamb
S-26	Learn and practice judging a class of sheep and present reasons for placing
S-27	Learn and determine sheep body scores
Advanced Skills	
S-28	Plan and organize a sheep related activity
S-29	Develop and present a workshop for younger members
S-30	Mentor a younger member
S-31	Learn about and discuss issues affecting the sheep industry
S-32	Learn how to shear sheep
S-33	Learn how to butcher and dress lamb
S-34	Learn about and preparation for careers in the agricultural industry
S-35	Learn marketing and promotion techniques

Appendix B

Guidelines for the 4-H Sheep Project Record Book

Why complete a record book?

This record book has been created for members in the 4-H sheep project. Keeping a record book is an important part of the project. It will help you set goals for the project year, record your accomplishments and help guide your efforts.

A record book is not meant to be a chore. Instead, it is a way for you to learn. By keeping a record book, you will:

Learn how to organize yourself

Learn how to set reasonable goals for yourself

Appreciate what you have learned by working toward goals

Explain what you've learned

Keep track of the costs of your project

Gather information needed to apply for awards and scholarships

Meet requirements to participate in some county, state, regional or national 4-H sheep events

Provide documentation for applications to college and employment

Each year, one record book is completed for all your project animals. Start your record book at the beginning of the 4-H year and keep all your expenses and receipts during the year. It is important to keep your record book up to date monthly. Record books are available as word processing templates using Microsoft Word or as paper records. When your record book is submitted for judging, it should be neat and complete.

The Sheep Project Record Book will be a section of your 4-H Record Book. You may have other project record books that reflect your participation and progress in other projects e.g. sewing, gardening, technology etc. It is expected that you will complete the 4-H Member Record to document your participation in your 4-H club(s). Completion of the 4-H Member Record provides the documentation to support your application for county awards and metals.

Your record book should be placed in a three ring binder with the pages numbered, and different sections clearly identified. It is recommended that you save your record books from year to year. In this way, you can easily compare your progress and achievements throughout the years. Your project record books can also be helpful when applying for awards, colleges, and jobs.

Member in good standing requirements

In general, all 4-H members are expected to meet the following standards each year. These are minimum requirements. Your club may have additional requirements.

- Attend at least 70% of regular club meetings and/or activities
- Complete a 4-H project, doing one's own work with minimal assistance from parents or others
- Complete a project record book (like this one)

How to use this record book

This record book is divided into three sections

- Starting Out
- All Through The Year
- Year End Review: A Look Back

You may add a section with pictures and documents related to your project animals and activities related to your sheep project. Each form in the record book is required for Level 1 and Level 2 unless noted as being required for Level 2 only on the form and in the guidelines. Before you hand this record book in for judging, you need to complete the End of Year Signatures form. This involves yourself, your parents and your sheep project leader. Attached to your record book are two Appendixes to assist you in setting project year goals and the completion of record book forms.

In the **Starting Out** section there are three forms to complete. Directions for the forms follow:

Goals for the Year – You need to write at a minimum of three goals for the project year. Look over Appendix A and B and talk with your leader and parents. Write down things that you will do to help you reach your goal.

Signatures for Goals Setting – Have your parents and leader sign that they have reviewed the goals and agree to assist you in your work toward these goals. You also need to sign this form.

Financial Agreement – The purpose of this record is to document who owns the sheep in your project. If the animals belong to someone other than you, record the nature of the agreement that you have with them.

In the **All Through The Year** section, there will be either 7 or 9 forms for you to complete depending on whether you are a Level 1 or level 2. Directions for the forms follow:

Life Time Ewe 4-H Sheep Record- You will need to complete a form for each project ewe. Additions should be made each year that this ewe is a part of your project. Fill in information for each line on the genealogy tree. Many of you will not have all the information to fill out the entire tree, don't worry, just put a question mark on the line.

Life Time Lambing Record- This record is for Level 2. This form will be added to each year. You will have a Lambing Record for each project ewe. Complete the

information on the page for each lamb born to the ewe. Older ewes may need to have more than one page.

Life Time Ram 4-H Sheep Record – This form is like the ewe sheep record. You will need to fill out one form for each project ram and maintain it for as long as he remains a part of your sheep project. Complete as much of the genealogy tree as you can, putting question marks on any missing information.

Life Time Individual Health Records – An Individual Health Record needs to be maintained for each project animal and will be added to each year that the animal is in your flock. Put all health related information on the record during the year. Health issues include illnesses, vaccinations, parasite treatment, hoof trimming, breeding and pregnancy/lambing. Maintenance of this record will allow you to observe an individual animal's general health over its lifetime in your flock and will help you provide potential buyers of the animal with a history that can add to the animal's value.

Life Time Shearing Record – Additions will be made to this form each year. Fill in the information for each column. Maintain a Sheep Shearing Record on each animal in your flock that is shorn.

Life Time Showing Record – Additions will be made to this form each year. A Showing Record will be maintained for each animal that is exhibited at a show during the project year. Fill in the information in each column for each class that the animal has been entered.

Expenses – You will have spent some money and earned some income from your project during the year. This section of the record book will help you track and document your [E] expenses.

Income – You may have earned some money with your sheep project during the year. This section of the record book will help you track and document your [I] income. Write down the date, a description of the item, and the amount earned.

Total Profitability- This record is for Level 2 only. Fill in the information for each section of the record. You will find it on the Expenses and Income records. The better records that you keep during the year, the more accurate you will be. Subtract the total expenses for the year from the total income from the year. You may have a negative number.

In the **Year End Review: A Look Back** section of this record book, there are four forms to complete for Level 1 and six forms to complete for Level 2. Directions for each form follow.

Summary of Flock Management – The purpose of this record is to summarize information that you may have already collected. It should prompt your reflection of your flock management skills and the outcomes of that management. Answer each question as completely as you can, it is best to answer in complete sentences.

The Three Most Important Things I Learned – Consider all that you learned throughout the sheep project year. Then, choose the three things that were most important to you and write them down.

Review of Project Year Goals – You should rewrite your year’s goals in the appropriate column and then explain how you worked toward this goal and whether you reached it or not.

Sheep Project Story – Write a story about your 4-H sheep project include specifics about what you did, what you learned, challenges you met, successes you had and fun times you had. Write in complete sentences and have someone check your spelling.

End of Year Signatures – Have one of your parents and your leader sign this section.

Photos and Certificates – In this section, include pictures that you took of your sheep. Also, include pictures that were taken of you while involved in your project. Be sure to label and date the pictures. You may have received certificates of participation or achievement. Display these items in this section of your project record book.

4-H Motto: To Make the Best Better

4-H Slogan: Learning By Doing

4-H Pledge: I pledge my head to clearer thinking,
My Heart to greater loyalty,
My hands to larger service,
And my health to better living,
For my club, my community,
My country and my world.

4-H Colors: Green and White