



Sheep Activity Sheet

Page 4

**Life Skill: Decision Making Set Ability: Interpret/
Analyze/ Reason Science Standard: 7.2 Investigation**

Ice Cream in a Bag

What you will need:

- 1 tablespoon sugar
- 1/2 cup milk or half & half
- 1/4 teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size resealable plastic food storage bag
- 1 gallon-size resealable plastic food storage bag

Directions:

1. Fill the large bag half full of ice and add the rock salt. Seal the bag.
2. Put milk, vanilla, and sugar into the small bag and seal it.
3. Place the small bag inside the large one and seal it again carefully.
4. Shake until the mixture is ice cream, which takes about 5 minutes.
5. Wipe off the top of the small bag and then open it carefully. Enjoy!

Tips:

1/2 cup of milk will make about 1 scoop of ice cream, so double the recipe if you want more. Don't increase the proportions more than that -- a large amount might be too big for kids to pick-up because the ice itself is heavy.

Created by Wendy Sorrell, April 2020