



THE UNIVERSITY OF VERMONT
EXTENSION



Northwest Regional Presentation Days

Saturday, April 13, 2019

Action Exhibits, Stage, Photo exhibits, Table Tops, Posters, Sewing/Fashion Review, Technology, Food Contest, Maker-Tinker challenge

TENTATIVE LOCATION:

Champlain Valley Union High School
[369 CVU Rd, Hinesburg, VT 05461](#)

The following are DUE [MARCH 29th](#) in your local Extension office:

1. **Registration form** (see last page)
2. Posters, photos (limit: total of 3 per member), photo based designs, Tech Exhibits (computer games, power points, webpage exhibits, videos, maker/tinker exhibits) and all sewing projects
3. Written reflections (or Sewing Record Book for clothing projects) for work submitted on [March 29th](#) (see #2 above)

For evaluation criteria & written reflection forms contact your 4-H Educator or go to: <https://www.uvm.edu/extension/youth/4-h-state-day-and-big-e-eastern-states-exposition-ese>

NEW DIVISIONS!

For details (introductions/overviews and evaluation criteria) see <https://www.uvm.edu/extension/youth/4-h-state-day-and-big-e-eastern-states-exposition-ese>

1. **Fun with Food**
2. **Maker Tinker Challenge**
3. **4-H Promotional Video**

Schedule for Regional Day Saturday April 13th

(All times are tentative and dependent upon the number of entries.)

- 8:00 Teen Facilitators Arrive *(Contact your county Educator if you want to be one!)*
- 8:30-9:00 Registration (and set up of Action, Technology, and Table Top Exhibits)
- 9:15 Opening Ceremony (Evaluation of Table Top Exhibits Begins)
- 9:30 Stage Presentations*

Following Stage:

Viewing of displays: Action Exhibits (these will run for 1 hour only), Table Top Exhibits, Photography, Quilt and Sewing Exhibits, Tech. Exhibits**, Posters, Photo based design

Mandatory Fashion Revue Practice*** (Specific time will be announced)

Time will be announced: Fashion Revue, Door Prizes, Awards, and Clean-up

*** Bring your own device to play music. A microphone will be available.**

**** Bring your own equipment and an extension cord for tech. exhibit displays.**

*** * * If you are also participating in multiple events please make a note on your registration form so we may schedule accordingly AND remind 4-H staff at registration on April 13^h.**

>Bring your own snacks and lunch.

Door Prizes:

Each club is asked to bring one small door prize (suggested value of \$5 to \$10.00)

Emblem use:

The 4-H emblem (clover with Hs) is a federally protected mark and only approved marks may be used. Links to acceptable emblem use may be found at this link: <http://nifa.usda.gov/program/4-h-national-headquarters>
Note: Hand drawn clovers without Hs are permitted.

Dress Code & Program Content/Expectations for University of Vermont 4-H Events:

Link- <https://www.uvm.edu/sites/default/files/media/eval-dresscode-program-expectations.pdf> Participants are expected to observe the requirements AND should use the lyric checklist (enclosed).

Teen Facilitators:

Teens are asked to assist with various tasks such as registration, welcome, setting up, etc. Interested teens should contact their county 4-H Educator. **Teens should arrive at 8:00 am on April 13th.**

Cloverbuds:

Cloverbuds may participate individually or with a group of Cloverbuds. They will not be evaluated but will receive a participation ribbon. *Cloverbuds may not be part of a group effort that includes non- Cloverbuds.* **Cloverbuds cannot participate in State Day.** Cloverbud posters, photos, photo based designs, tech exhibits, or sewing will be due in local 4-H offices by **March 29th** and should be registered (but no written reflection page is required).

Presentation Divisions:

IMPORTANT: For details of expectations and requirements for each presentation division refer to the Evaluation/Criteria Information available on-line at <https://www.uvm.edu/extension/youth/4-h-state-day-and-big-e-eastern-states-exposition-ese>

NOTE: Communications Contests are prior to Regional Day!

Demonstrations, Public Speaking, and Illustrated Talks will be performed and evaluated prior to Regional Day at County Extension offices (or at suitable nearby spaces). Contact your county 4-H Educator to learn the dates and details.

Fashion Revue and Clothing/Textiles Evaluation:

All garments, sewing work, and quilts (and records or Written Reflections and narratives^{***}) are due in your county Extension office by **March 29th.**

Chittenden County: "On the Model" judging will be the week of **April 8th** (details TBA).

Franklin and Grand Isle County: call Martha Manning at 524-6501 to schedule an appointment.

Addison County: "On the Model" judging date and time TBD. Contact Martha.seifert@uvm.edu for details

^{***}All Fashion Revue participants must submit an 8 ½ x 11 page with a photo of their garment above a narrative that tells about them, their garment, and their sewing experiences for the fashion review. All typing must be in 14-point font and double spaced. This may be sent via e-mail. Pattern envelope and instruction sheets (if used), AND clothing records must be submitted with the clothing projects.

Quilt Display and Non-Garment Sewing Projects: Any quilt or non-garment sewing project by a 4-Her may be exhibited at Regional Day. They are due in local extension offices on the same day as clothing. Sewing records (or a written reflection) should be submitted with sewing projects.

STATE DAY INFORMATION:

STATE DAY WILL BE HELD [May 11th](#) at the Barre Auditorium.

Contact your 4-H Educator to learn more about this State Day Event

Note: **To be considered for Eastern States, an action exhibit must have a minimum of 4 participants in it during 4-H State Day.** Not all four participants have to “perform” at the same time. Those with fewer than 4 participants may participate at State Day but will not be considered for Eastern States.

Note: **For stage performances that are selected to go on to ESE:** The number of participants at ESE may not be more than the number of participants at State Day BUT the members that go to ESE do not have to be the same as those that performed at State Day.

If you have any questions contact your county 4-H Educator:

Martha R. Edwards Manning
4-H Educator
Franklin/Grand Isle Counties
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4-H Educator
Addison County
UVM Extension
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Martha.seifert@uvm.edu

If you require disability related accommodations to participate in this program, please let your county 4-H Educator know by [March 22, 2019](#) so we may assist you (contact information is noted above).

Volunteers are needed to help evaluate 4-Her's work and presentations (prior to Regional Day and the day of the event). Please contact your county 4-H Educator if you are willing and able to help.

Teens interested in helping at Regional Day should contact their county 4-H Educator.



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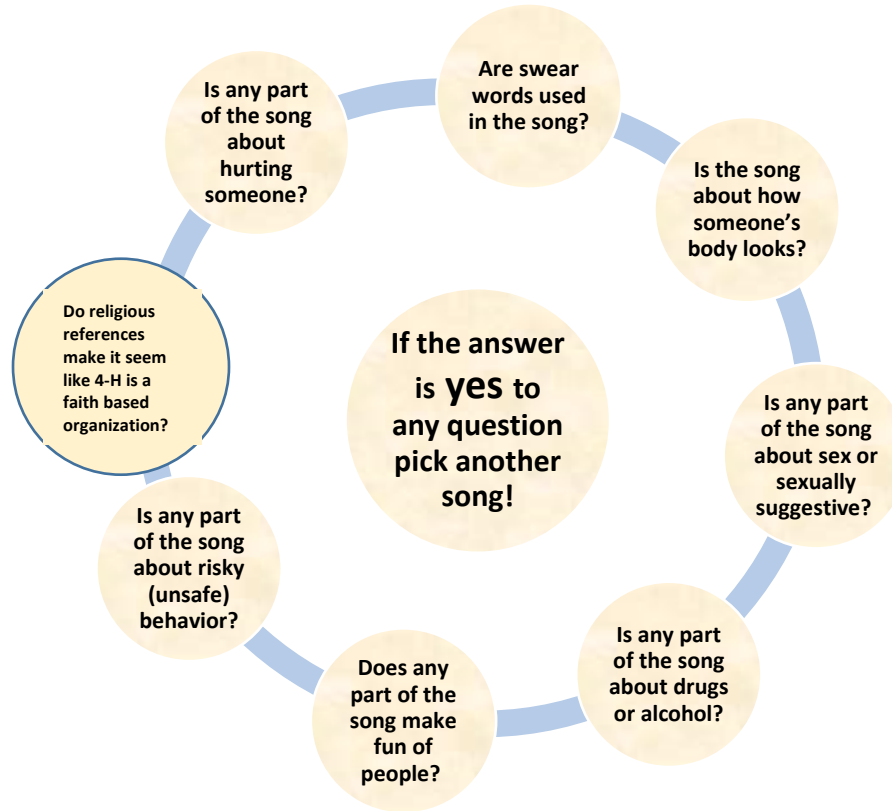
Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture. University of Vermont Extension, Burlington, Vermont.



UVM EXTENSION 4-H LYRIC CHECKLIST



Sometimes a great sounding song is not ok for 4-H use because of what the words (lyrics) say *or imply*. Read your lyrics carefully **before** you start to practice for a 4-H presentation and use the lyrics checklist (questions below) to see if you should pick another song. If the answer to any question below is “yes” you should pick another song. Suggestion: have at least two adults review the lyrics too using the checklist to make sure you haven’t missed anything.



When in doubt... check with your 4-H Educator OR PICK ANOTHER SONG
Songs deemed inappropriate may make a performance ineligible for State Day or ESE.

From the DRESS CODE & PROGRAM CONTENT/EXPECTATIONS FOR UNIVERSITY OF VERMONT 4-H EVENTS:

Program Content/presentation – Lyrics, costumes, signs, dialogue and other program content should support the positive ideals of the 4-H program. 4-H prides itself on helping young people develop skills for success in life; for example: conflict resolution, solving problems by peaceful methods, modeling respect for all groups of people, and appreciating differences. With this in mind, all activities at University of Vermont 4-H events.....

1. Will discourage the use/display of any items or activities which promote violence. Firearms, archery supplies and other related equipment are permissible when used in an educational context by trained Shooting Sports enthusiasts in a forum which promotes safety.
2. will not promote violence;
3. will not include sexually explicit material or foul language;
4. and will not be degrading to any population



Registration for Northwest 4-H Regional Day



This form, posters, sewing projects, photos, photo design, and tech. projects along with forms as listed in the chart below are due in your local 4-H office by: **March 29, 2019** If you require disability related accommodations to participate in this program, please let your 4-H Educator know by **March 22, 2019** by calling 1-800-571-0668 or emailing Martha.manning@uvm.edu or rosemarie.garritano@uvm.edu or martha.seifert@uvm.edu

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|------------------|---|
| Name: | Age as of Jan. 1 st of current 4-H year: |
| Mailing Address: | Town and Zip Code: |
| E-mail Address: | County: |
| Phone: | Club: |

| Check what you are entering | Category | Forms to Include | Title (if applicable) |
|---|--|---------------------------|--|
| *NOTE: If you are entering a specific category more than once (ex. 2 posters) write the additional entry in the blank section of the chart. | | | |
| | PPT, Webpage, Computer Game | WR* | |
| | Video Technology | WR* | |
| | NEW: 4-H Promotional Video | WR* | |
| | Poster (Individual only!) | WR* | |
| | Tabletop Exhibit (Individual) | <i>Bring WR to event!</i> | Need electricity? Yes No |
| | NEW: Fun with Food Challenge | | |
| | Maker/Tinker Exhibit | WR* | |
| | NEW: Maker Tinker Challenge | WR* | |
| | Photo Based Design | WR* | A "before" photo must also be submitted. |
| | Photography | WR* | |
| | Clothing/Fashion | RB** + see next column | Members must also submit pattern envelope and instructions (if used) and an 8 1/2 x 11 sheet with a photo of their garment above a 14pt font narrative for the fashion review. Check those that apply: If eligible I will attend: ___ State Day ___ Eastern States |
| | Non-Clothing Sewing Project | RB** or WR* | Members should also submit instructions if used. |
| | Quilt | RB** or WR* | Members should also submit instructions if used. |
| | Individual Stage Presentation | | Circle one: skit, dance, singing, instrumental, other: ___ |
| CLUB OR GROUP WORK | <u>One</u> person from the club/group should enter the following on behalf of the club/group: | | <i>For club/group entries please list the names of all participants on the back of this form.</i> |
| | Action Exhibit | | Need electricity? Yes No |
| | Group Stage Presentation | | Circle one: skit, dance, singing, instrumental, other: |
| | Club/Group Table Top | <i>Bring WR to event!</i> | Need electricity? Yes No |

*WR (Written Reflection) means you must submit your completed Written Reflection for these categories with your registration
 **RB means you must submit your completed sewing record book.