Help Care for our State Lands!

Vermont has over 1600 miles of trails on state lands and needs volunteers to help maintain them. In the past volunteers have been exclusively adults. We know that young people care about and want to protect our lands. We know that young people want to help today—not wait until they are older. This is why we are creating the VTeen 4-H Trail Stewards program.

VTeen 4-H Trail Stewards is a partnership with Vermont Department of Forests, Parks and Recreation, and will be an integral part of trail maintenance on state lands. In our pilot year of this program, VTeen 4-H Trail Stewards will be assigned to maintain trails at Elmore State Park in Elmore and Little River State Park in Waterbury.

What Does a Trail Steward Do?

- Attend the kickoff training workshop on June 1, 2019 (National Trails Day) at the Elmore State Park. This training will focus on trail maintenance skill building, handling tools safely, conservation practices and more.
- Maintain your trails from June 1—October 19, 2019. VTeen 4-H Trail Steward teams will be required to go twice a month (every other week) for approximately 4 hours each visit—that totals 10 visits and 40 hours over the 5 month assignment.
- Submit online trail maintenance and volunteer hours reports after each visit. At the conclusion of the program you will need to complete an overall assessment of your experience.
- Attend a Zoom online meet up mid-program for further trainings on trail maintenance, conservation, and career pathways.
- Attend the end-of-program celebration at Elmore State Park on October 19.

Minimum Qualifications:

- Entering grades 7-12 in the Fall of 2019.
- Be able to hike several miles and carry up to 25 lbs.
- Desire to learn and develop skills related to trail work, conservation and leadership.
- No previous experience is necessary but a positive attitude is essential. We will train you!

Go to www.uvm.edu/extension/youth/announcements to download the application.

Applications are due no later than May 1, 2019.

For more information contact: Lauren Traister, 4-H Teen & Leadership Program Coordinator, Lauren.Traister@uvm.edu, 802-888-4972 1-866-260-5603 x 402

If you require a disability-related accommodation to participate in this program please contact Lauren Traister at 1-866-260-5603 x 402 no later than May 1, 2019.
VTeen 4-H Trail Steward Teen Application
Due no later than May 1, 2019

Circle the location you wish to serve:    Elmore State Park (Elmore)    Little River State Park (Waterbury)

Name_____________________________________________________________ Gender___________________

Mailing Address____________________________________________________________________________

City___________________________________________________________   State_____ Zip_______________

Email_______________________________________________________________________________________

Home Phone___________________________________   Cell Phone___________________________________

County_______________________________________    Do you text? (Circle one) Yes   No

Date of Birth____________________           T-shirt Size (Circle one – Adult Sizes)  SM    MED    LG    XL    XXL

School (full name, no abbreviations)___________________________________________________________

Fall 2019 Grade in School (Circle one)  7    8    9    10    11    12

Race (please check)    ___ White    ___ Black    ___ American Indian    ___ Asian    ___ Hawaiian/Pacific Islander

   ___ Decline to Answer   Other/Explain:___________________________________________________________________________

Ethnic Background (please check)    ___ Non Hispanic    ___ Hispanic    ___ Decline to Answer

VTeen 4-H Trail Stewards will work as a team of 2-4 teens and an adult mentor. Please list the names of your
team members or leave blank if you would like us to assign you to a team:

(1)_________________________________________________________________________________________

(2)_________________________________________________________________________________________

(3)_________________________________________________________________________________________

Adult Mentor:_______________________________________________________________________________

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On a separate sheet of paper, please answer the following questions:

1. Why do you want to be a VTeen 4-H Trail Steward?

2. This program requires you to make a five-month commitment. Describe a time when you had to make a commitment and how you honored that commitment.

3. What do you hope to gain from this experience?

4. What skills do you possess that will help you and your team be successful?

Check Here: ☐ I am aware that I will need to attend the all-day training on June 1 (National Trails Day) and the end-of-the-program celebration on October 19 at the Elmore State Park in Elmore, VT, if selected.

Check Here: ☐ I am aware that I will need access to the internet for email communication and to attend the Zoom online meet-up.

Check Here: ☐ I have discussed the responsibilities of serving as a VTeen 4-H Trail Steward with my parents and am prepared to fulfill all of the commitments. I know that I will need transportation to and from the initial training, my trail stewardship work, and the final celebration.

Check Here: ☐ My parents/legal guardian give permission that the University of Vermont Extension 4-H Program and the Vermont Forests, Parks, and Recreation (VFPR) may use my image in print, electronic, and/or video format for publishing in promotional material. They release all claims against the University and VFPR with respect to copyright ownership and publication including any claim for compensation related to the use of the materials.

Your Signature__________________________________________________________ Date_______________

Parent/Guardian Signature_________________________________________________ Date_______________

If you require a disability-related accommodation to participate in this program, please contact Lauren Traister at 866-260-5603 x402 no later than May 1, 2019.

RETURN TO no later than May 1, 2019:
UVM Extension, attn: VTeen 4-H Trail Stewards, 29 Sunset Drive #2, Morrisville, VT 05661
or email Lauren.Traister@uvm.edu, or fax 802-888-2432
VTeen 4-H Trail Steward Adult Mentor Application
Due no later than May 1, 2019

Circle the location you wish to serve:   Elmore State Park (Elmore)   Little River State Park (Waterbury)

Name_____________________________________________________________ Gender____________________

Mailing Address____________________________________________________________________________________

City___________________________________________________________   State_____ Zip_______________

Email___________________________________________________________________________________________

Home Phone___________________________________   Cell Phone___________________________________

County___________________________________________   Do you text? (Circle one) Yes   No

Date of Birth____________________            T-shirt Size (Circle one – Adult Sizes)   SM   MED   LG   XL   XXL

Race (please check)   ___ White   ___ Black   ___ American Indian   ___ Asian   ___ Hawaiian/Pacific Islander

___ Decline to Answer   Other/Explain:_____________________________________________________________

Ethnic Background (please check)   ___ Non Hispanic   ___ Hispanic   ___ Decline to Answer

VTeen 4-H Trail Stewards will work as a team of 2-4 teens and an adult mentor. Please list the names of your

   team members:

(1)_______________________________________________________________________________________

(2)_______________________________________________________________________________________

(3)_______________________________________________________________________________________

< Turn Page Over for More of the Application >
Check Here: ☐ I understand that I need to have a background check to work with youth and am submitting the 4-H Volunteer Application so that I may be an Adult Mentor in the VTeen 4-H Trail Steward Program.

Check Here: ☐ I am aware that I will need to attend the all-day training on June 1 (National Trails Day) and the end-of-the-program celebration on October 19 at the Elmore State Park in Elmore, VT, if selected.

Check Here: ☐ I am aware that I will need access to the internet for email communication and to attend the Zoom online meet-up.

Your Signature__________________________________________________________ Date_______________

If you require a disability-related accommodation to participate in this program, please contact Lauren Traister at 866-260-5603 x402 no later than May 1, 2019.

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