



VTeen 4-H Trail Stewards



Help Care for our State Lands!

Vermont has over 1600 miles of trails on state lands and needs volunteers to help maintain them. In the past volunteers have been exclusively adults. We know that young people care about and want to protect our lands. We know that young people want to help today—not wait until they are older. This is why we are creating the VTeen 4-H Trail Stewards program.

VTeen 4-H Trail Stewards is a partnership with Vermont Department of Forests, Parks and Recreation, and will be an integral part of trail maintenance on state lands. In our pilot year of this program, VTeen 4-H Trail Stewards will be assigned to maintain trails at Elmore State Park in Elmore and Little River State Park in Waterbury.

What Does a Trail Steward Do?

- Attend the kickoff training workshop on June 1, 2019 (National Trails Day) at the Elmore State Park. This training will focus on trail maintenance skill building, handling tools safely, conservation practices and more.
- Maintain your trails from June 1—October 19, 2019. VTeen 4-H Trail Steward teams will be required to go twice a month (every other week) for approximately 4 hours each visit—that totals 10 visits and 40 hours over the 5 month assignment.
- Submit online trail maintenance and volunteer hours reports after each visit. At the conclusion of the program you will need to complete an overall assessment of your experience.
- Attend a Zoom online meet up mid-program for further trainings on trail maintenance, conservation, and career pathways.
- Attend the end-of-program celebration at Elmore State Park on October 19.

Minimum Qualifications:

- Entering grades 7-12 in the Fall of 2019.
- Be able to hike several miles and carry up to 25 lbs.
- Desire to learn and develop skills related to trail work, conservation and leadership.
- No previous experience is necessary but a positive attitude is essential. We will train you!

Go to www.uvm.edu/extension/youth/announcements to download the application.

Applications are due no later than May 1, 2019.

For more information contact: Lauren Traister, 4-H Teen & Leadership Program Coordinator,
Lauren.Traister@uvm.edu, 802-888-4972 1-866-260-5603 x 402

If you require a disability-related accommodation to participate in this program please contact Lauren Traister at 1-866-260-5603 x 402 no later than May 1, 2019.



www.uvm.edu/extension/youth



VTeen 4-H Trail Steward Teen Application
Due no later than May 1, 2019

Circle the location you wish to serve: **Elmore State Park (Elmore)** **Little River State Park (Waterbury)**

Name _____ Gender _____

Mailing Address _____

City _____ State _____ Zip _____

Email _____

Home Phone _____ Cell Phone _____

County _____ Do you text? (Circle one) Yes No

Date of Birth _____ T-shirt Size (Circle one – Adult Sizes) SM MED LG XL XXL

School (full name, no abbreviations) _____

Fall 2019 Grade in School (Circle one) 7 8 9 10 11 12

Race (please check) White Black American Indian Asian Hawaiian/Pacific Islander
 Decline to Answer Other/Explain: _____

Ethnic Background (please check) Non Hispanic Hispanic Decline to Answer

VTeen 4-H Trail Stewards will work as a team of 2-4 teens and an adult mentor. Please list the names of your team members or leave blank if you would like us to assign you to a team:

(1) _____

(2) _____

(3) _____

Adult Mentor: _____

On a separate sheet of paper, please answer the following questions:

1. Why do you want to be a VTeen 4-H Trail Steward?
2. This program requires you to make a five-month commitment. Describe a time when you had to make a commitment and how you honored that commitment.
3. What do you hope to gain from this experience?
4. What skills do you possess that will help you and your team be successful?

Check Here: I am aware that I will need to attend the all-day training on June 1 (National Trails Day) and the end-of-the-program celebration on October 19 at the Elmore State Park in Elmore, VT, if selected.

Check Here: I am aware that I will need access to the internet for email communication and to attend the Zoom online meet-up.

Check Here: I have discussed the responsibilities of serving as a VTeen 4-H Trail Steward with my parents and am prepared to fulfill all of the commitments. I know that I will need transportation to and from the initial training, my trail stewardship work, and the final celebration.

Check Here: My parents/legal guardian give permission that the University of Vermont Extension 4-H Program and the Vermont Forests, Parks, and Recreation (VFPR) may use my image in print, electronic, and/or video format for publishing in promotional material. They release all claims against the University and VFPR with respect to copyright ownership and publication including any claim for compensation related to the use of the materials.

Your Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

If you require a disability-related accommodation to participate in this program, please contact Lauren Traister at 866-260-5603 x402 no later than May 1, 2019.

RETURN TO no later than May 1, 2019:

UVM Extension, attn: VTeen 4-H Trail Stewards, 29 Sunset Drive #2, Morrisville, VT 05661
or email Lauren.Traister@uvm.edu, or fax 802-888-2432



VTeen 4-H Trail Steward Adult Mentor Application

Due no later than May 1, 2019

Circle the location you wish to serve: Elmore State Park (Elmore) Little River State Park (Waterbury)

Name _____ Gender _____

Mailing Address _____

City _____ State _____ Zip _____

Email _____

Home Phone _____ Cell Phone _____

County _____ Do you text? (Circle one) Yes No

Date of Birth _____ T-shirt Size (Circle one – Adult Sizes) SM MED LG XL XXL

Race (please check) White Black American Indian Asian Hawaiian/Pacific Islander
 Decline to Answer Other/Explain: _____

Ethnic Background (please check) Non Hispanic Hispanic Decline to Answer

VTeen 4-H Trail Stewards will work as a team of 2-4 teens and an adult mentor. Please list the names of your team members:

(1) _____

(2) _____

(3) _____

< Turn Page Over for More of the Application >

Check Here: I understand that I need to have a background check to work with youth and am submitting the 4-H Volunteer Application so that I may be an Adult Mentor in the VTeen 4-H Trail Steward Program.

Check Here: I am aware that I will need to attend the all-day training on June 1 (National Trails Day) and the end-of-the-program celebration on October 19 at the Elmore State Park in Elmore, VT, if selected.

Check Here: I am aware that I will need access to the internet for email communication and to attend the Zoom online meet-up.

Your Signature _____ Date _____

If you require a disability-related accommodation to participate in this program, please contact Lauren Traister at 866-260-5603 x402 no later than May 1, 2019.

RETURN TO no later than May 1, 2019:

UVM Extension, attn: VTeen 4-H Trail Stewards, 29 Sunset Drive #2, Morrisville, VT 05661
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