4-H

SPEAK UP



LET YOUR VOICE BE HEARD!

Share your ideas. Inspire others. Make a difference.

This November our country will vote and elect people to lead at all levels of government (i.e., local, state, national). While citizens younger than 18 do not have the right to vote, your voice matters! Being a good citizen means you have the responsibility to contribute to shaping the world around you and working to make a positive difference in one's community. So, here is your chance to SPEAK UP on issues that matter to you!

Part of civic engagement, a key mission of the 4-H program, is helping young people use their voice to drive change in their communities. The 4-H Speak Up contest encourages youth to explore and share their thoughts and ideas. **Enter a video for a chance to be heard!**

The contest site will be made public from December 1-6 so the 4-H community can see your videos, "like" them and comment. Winners will be decided by "likes" and our 4-H Speak Up judges. The winning video from each age category will be proudly shown on the Vermont 4-H Facebook page. Winners will each receive a \$50 gift certificate to support a business in their local community. It is encouraged that these certificates be used to support businesses that have been impacted by COVID-19.

To enter the contest:

- 1. Be in grades 3-12
- 2. Register to enter the contest at www.uvm.edu/extension/youth/announcements
- 3. Go into Flipgrid using your access code and create or upload a 2 minute or shorter video answering the question: What is one thing you would do to improve your community and why?
- 4. Only one video per participant may be submitted; all videos must be posted no later than November 30.

These resources can be found at www.uvm.edu/extension/youth/announcements:

- Tips and Tricks for a Winning Video
- How to Use Flipgrid and Create or Upload Your Video



Participants must register to get access to the Flipgrid contest site: www.uvm.edu/extension/youth/announcements

To request a disability-related accommodation to participate in this program, please contact Lauren Traister, 4-H Teen & Leadership Program Coordinator, at lauren.traister@uvm.edu or 802-888-4972 by October 28, 2020 so we may assist you.



