

# YES 2023 ZERO WASTE LUNCH



We invite everyone to try to make their lunch Zero Waste!

Each year we work to make YES a zero waste event! Our goal is to produce as little trash as possible and give all attendees opportunities to recycle and compost.

Here are a few simple steps to help you pack a lunch that is waste free!

- Ditch the brown bag! Choose a re-usable lunch box or lunch bag instead.
- Use a cloth napkin (i.e., one that can be washed and re-used) instead of paper napkins or towels.
- Pack metal utensils instead of plastic.
- Use a re-fillable water or juice bottle (i.e., don't pack juice boxes and single-use plastic water bottles).
- Avoid single serve packaging; buy your food in bulk and pack in reusable containers. Do not use single-use plastic bags.

Remember to compost your food scraps at the end of lunch, recycle any plastic containers (that is not a reusable one from home) and bring home any containers, napkins or utensils to be washed and used again!

**This small change will end up making a big difference!**

Waste Sorting Station at YES provided by the  
**Central Vermont Solid Waste Management District**

