



# Military Teen Future Leader Camp

Norwich University

Save the Dates!

**Saturday, July 13 – Sunday, July 21, 2024**

**Saturday, July 27 – Sunday, August 4, 2024**

Visit <https://go.uvm.edu/flc2024> for more information.

FLC is available to rising high school sophomores, juniors, and seniors. High School graduates will only be allowed to attend FLC if accepted and committed to attending Norwich University. They must have made the first-year enrollment deposit prior to enrolling in FLC.

## What is FLC?

**PART 1:** A typical day begins at 5:30 a.m. and includes morning physical fitness followed by training sessions focusing on individual and team skills. Evening sessions focus on interactive classroom instruction on the methods, traits, and principles of leadership and effective communication. Initial instruction on rappelling, rock wall climbing, map reading, and a compass course.

**PART 2:** Participants confront the physical challenges of hiking, climbing, and rappelling outdoors. They practice wilderness survival skills during an overnight camping exercise and then test what they've learned during the Search and Rescue Exercise (SAREX). Teams spend their final days competing in the Olympic Challenge Course, a drill competition, and a leadership exam. There will be a graduation ceremony on the final day, prior to checkout.

Contact UVM Extension 4-H Health and Wellness Program Coordinator Anthony Sgherza at [asgherza@uvm.edu](mailto:asgherza@uvm.edu) or 802-656-7606 with questions.

*Scholarship opportunities covering registration fee are available for first 30 applicants who register.*

*A \$300 deposit is required and will be reimbursed (processed) the first day camp begins.*

[www.uvm.edu/extension/youth](http://www.uvm.edu/extension/youth)

