Lamoille County Field Days

July 21–23, 2023

203 Wilson Road, Johnson, VT

Dear 4-H member,

I am excited to send you this announcement and invite you to join us this summer in the 4-H Barn at Lamoille County Field Days!

Even if your club has not been active this year, I welcome you to participate at the fair! We will be offering a variety of categories in which you can enter and display your work.

Our county Dairy Show will be taking place on Saturday and we hope to have a great turnout! We will be selling raffle tickets for the Lamoille County 4-H Foundation again and we would love your help in the barn promoting 4-H and sharing your enthusiasm.

This year is a chance for Lamoille County 4-H to rebuild and grow with renewed enthusiasm. I encourage you to use this opportunity to show all of the amazing work that you do by entering exhibits!

Bring your exhibits to the 4-H Barn on either Wednesday, July 19 from 3:00 to 6:30 p.m., or Thursday, July 20 between 10 a.m. and 12 noon. All exhibits must stay in the 4-H Barn until 4:00 p.m. on Sunday, July 24. Premiums earned will be given out at checkout on Sunday.

To get the 4-H Barn ready for your exhibits, we will have a work night on Monday, July 17 starting at 4:00 p.m. There will be plenty of pizza to eat after the work is done! Please let me know if you are planning to help so we can be sure to order enough pizza for everyone.

To request a disability-related accommodation to participate in this program, please contact Holly Ferris, 4-H Educator for Lamoille/Caledonia Counties, at holly.ferris@uvm.edu or (802) 656-7562 by July 1, 2023 so we may assist you.

I can’t wait to see you!

Holly

www.uvm.edu/extension/youth
4-H SCHEDULE

Monday, July 17
(Rain date: Tuesday, July 18)
4:00 p.m. Work night and pizza party @ 4-H Barn

Wednesday, July 19
3:00 – 6:30 p.m. Exhibit Drop-off

Thursday, July 20
10 a.m. – 12 p.m. Exhibit Drop-off

Friday, July 21
9:00 a.m. Gates open / 4-H Barn open for viewing

Saturday, July 22
9:00 a.m. Gates open / 4-H Barn open for viewing
10:30 a.m. 4-H Dairy Show begins

Sunday, July 23
4:00 p.m. Exhibits Released / Collect Premiums / Close Barn
4-H Exhibiting Guidelines

Please read carefully.

Tabletop exhibits, educational activities, and animal exhibits must be registered by Thursday, July 13 at the Morrisville Extension office. The registration form is at the end of this packet.

Open to any 4-H member from Lamoille County. Ribbons and premiums will be awarded based on the exhibitor’s achievement toward a set of standards designed for each separate category. Clover Buds, ages 5–7, are not judged and will receive participation ribbons.

Blue = Fantastic Job!
Red = Great Job!
White = Good Job!

The most outstanding exhibits in each category will be awarded a “Best of Show” ribbon. Each exhibit category will have a Junior Best of Show winner and a Senior Best of Show winner.

Junior = ages 8–12 as of January 1, 2022.
Senior = ages 13–18 as of January 1, 2022.

All exhibits must be entered and dropped off either Wednesday, July 19, from 3–6:30 p.m., or Thursday, July 20 from 10 a.m. – 12:00 noon.

All exhibits must be removed Sunday, July 24 at 4 p.m. Premiums will be awarded at time of checkout on Sunday, July 24.

All exhibits must have been produced, made, or cared for by exhibitors during this 4-H year (October 1, 2022 to the present).

All exhibits must include an exhibitor’s tag.

Cloverbud exhibits will receive $2.00 for each exhibit and a participation ribbon.

No dirty or wrinkled items. This is a place to display the best work that you are proud of.

Registrars may refuse entries if the guidelines are not met or if submission is not appropriate for display in the 4-H Barn.

PREMIUMS: BLUE $3, RED $2, WHITE $1 (unless otherwise noted)
4-H Exhibiting Guidelines

Below are all the 4-H club participation categories. Please remember that all work/entries will be displayed for the public as a club.

Club Tabletop Exhibits

Notes: An excellent tabletop exhibit captures people’s attention and conveys information using both a background display and displayed articles or props. A combination of words, pictures, and objects help the viewer learn about the subject.

Educational Activities as a Club

These exhibits demonstrate an idea or project learned through club or project activities. Exhibitors of educational activities will attract public attention to their presentation of information by showing their skills in the process and answering questions about their activity.

A Club Scarecrow

Scarecrow must meet the following criteria: have at least one prominent 4-H clover or emblem, must be free standing and not more than 6 feet tall. Scarecrows may be entered by 4-H clubs only and is limited to 1 entry per club. The theme of the scarecrow should represent your club’s project areas.

Club Banners

Banners must be of permanent cloth construction and have tabs for hanging.

Premiums awarded for any club exhibit go to the club not to each individual.

Club Premiums: BLUE $10, RED $7, WHITE $5
4-H Member Exhibit Sections

Below are all the categories you can enter and participate in as a club. Please remember that all work/entries will be displayed for the public as a club again this year.

Section I: Tabletop Exhibits

If you are planning to enter Honey or Maple Syrup this year it needs to be a Tabletop Exhibit showing the process of creation.

Remember: An outstanding tabletop exhibit captures people’s attention and conveys information using both a background display and displayed articles or props. A combination of words, pictures, and objects help the viewer learn about a subject. Space is limited to 3 feet.

Section II: Educational Activities

These exhibits will consist of the demonstration of an idea or project learned through club or project activities. Exhibitors of educational activities will attract attention to watch their presentation of information by showing their skills in the process and answering questions about their activity.

Presentation should be for one hour, which can be broken up into shorter segments. For example: Four 15-minute demonstrations over the period of one hour, or four, 15-minute presentations scheduled throughout the day. The educational activity should be set up and operated by the members involved.

Club Premiums: BLUE $10, RED $7, WHITE $5
4-H Member Exhibit Sections

All Premiums in sections III–X are BLUE $3, RED $2, WHITE $1

Section III: Crafts and Creations

We will be dividing crafts into separate categories for judging. Exhibitor may enter one (1) craft per category, with the exception of “Other/ Miscellaneous.” Exhibitors may enter five (5) items in this category.

A) Knitting
B) Crocheting
C) Sewing
D) Quilting
E) Embroidery & Needlepoint
F) Hooking, Braiding & Weaving
G) Woodworking, Carving & Wood burning
H) Metal Works: Blacksmithing & Metalsmithing (creating useful items out of metal) Some examples are tools, kitchenware, tableware, jewelry and art
I) Handmade Jewelry
J) Basketry
K) Holiday Crafts
L) Scrapbooking / Cards
M) Mobiles
N) Paper Mache or Paper Crafts
O) Recycled Materials Artwork
P) Ceramics, Pottery & Clay
Q) Recycled Materials Artwork
R) Recycled / Upcycled materials made into something new and useful.
S) Technology & Graphic Arts: Some examples could be a tri-fold brochure about your club or project. A flyer/poster that promotes 4-H
T) STEM and Maker Tinker: Some examples are a robot that accomplishes a task, a creation that you design and build that solves a problem or serves a useful purpose
U) Other / Miscellaneous: Examples could be an additional craft in one of the other categories or something else you have made or would like to make and share that doesn’t quite fit in an other category on the list.
4-H Member Exhibit Sections

Section IV: Drawing / Painting
May also include collages, prints and 2-D artwork that can be hung or framed. Drawings / paintings / all work must be able to hang securely on the wall. A matte to frame your photo or a plastic frame are the only methods acceptable for display.

Section V: Posters
A poster promoting 4-H or another topic or idea.

Posters must be 14" by 22" in size and must be able to hang securely on the wall. Poster may be horizontal or vertical, and may be produced in any of the following mediums: watercolor, ink, crayon, acrylic, charcoal, oils, or collage (NOT 3-dimensional). Exhibitors are limited to two (2) poster entries.

Section VI: Photography
Notes: An excellent photograph should have a strong center of interest and should tell a story.

Photos must be the original work of 4-H’ers and have been created in the past 12 months.

A matte or plastic frame for your photo. Exhibitors are limited to three (3) photo entries. Digitally altered photo: Please include a short description of process and programs used in its creation.
Section VII: Flowers

A) Potted plants
B) Herb Arrangements
C) Wild Flowers
D) Cut Flowers

Members wishing to make a floral arrangement with flowers and or herbs they have grown in their garden.

Glass vases are not permitted.

Exhibitors are limited to two (2) “Flower” entries.

Section VIII: Eggs

To exhibit in this class please enter 6 eggs displayed in an egg box. Exhibitors are limited to two (2) “Egg” entries.

Section IX: Food

Notes: Examples of a “Food” exhibit are: ½ unfrosted cake, ½ loaf of bread, ½ coffee cake, ½ pie, 3 unfrosted cupcakes, 3 cookies, 3 bars, 3 raised rolls, 3 doughnuts.

Display on white paper plates. Recipes must be included with step by step instructions. No mixes permitted.

Jams, jellies and other canned food display in a sealed jar no larger than 16 ounces.

Any food that must be refrigerated is not permitted. Exhibitors are limited to three (3) “Food” entries.
4-H Member Exhibit Sections

Section X: Garden Vegetables
Exhibitors are limited to five (5) garden entries.

All items should be placed on a paper plate for exhibiting.

It is expected that all vegetables entered in the following classes will have been grown by the 4-H gardener in their own garden plot. Gardeners can enter exhibits in up to 5 classes. If you have other vegetables from your garden that are ready for Field Days and are not on this list, please exhibit at least three (3) of each.

Radishes (3-6 roots)
Radishes should be clean and as uniform as possible. Leave ½ – 1 inch stem on top and trim the root.

Cabbage (1 head)
The head should be free from insect and disease damage. All types should have 2–4 wrapper leaves. Cut the stem about ¼ inch below the lowest leaf.

Spinach, Lettuce (head or leaf) Greens, Kale or Chard
Can be in a Bunch. Heads should be full-size and solid. Outer soiled leaves should be removed on both types without scalping them. Both types should be free from tip burn, brown rib, broken leaves, or seed stalks. Cut off roots ¼ inch from the bottom leaf on both types. If lettuce is packed in a plastic bag, it will be less apt to wilt.

Beets (3 roots)
Beets should be clean, free of small roots, cracks and blemishes. Cut off tops to approximately one inch.

Peas (3-6 pods)
The pods should be green and well-filled with peas which are medium-sized variety. Handle the pods as little as possible to avoid removing the blush.

Beans — Green or Yellow (3-6 pods)
The pods must be in edible condition, crisp and tender. The pods should be fairly straight, with a small portion of the stem attached to the pod. All beans in display should be the same color.

Onions (3-5 bulbs)
Onions should be 1 ½ – 3 inches in diameter with all the bulbs of uniform size with a clean and smooth appearance. Trim roots at base of bulb and cut tops 1 ½ to 2 inches from the top of the bulb.

Garlic (3-5 Bulbs)
Dried, braided together or tops trimmed to 1 inch, cleaned and minimally peeled.
4-H Member Exhibit Sections

Section XI: Vegetable Basket Exhibits
A display of 3 or more different kinds of vegetables in amounts listed in Single Vegetable Exhibits. Must be attractively displayed in a bowl, basket or box no larger than 15" x 18" with no commercial advertising visible. All produce must be labeled with variety and the member’s name.

Section XII: Decorated Vegetable Exhibits
Play with your food! Use your imagination, dress up your vegetables and have fun!

Section XIII: Live Animals in the 4-H Barn
Please consider providing animals for the 4-H Member Animal Barnyard. We can use young cattle, chickens, rabbits, alpacas, ponies, goats, pigs, sheep, etc. The animals will be kept under shelter. All 4-H member animals in the barnyard must be preregistered.

If putting an animal in the 4-H Barn you must clean out the stall, feed and give water to your animal no later than 8:30 a.m. each day and come several times throughout the day to check on your animal — or make arrangements with the 4-H Educator. Proof of vaccinations is needed for entry.

Animals may come in between 5 and 6 p.m. on July 21. Space is limited.

You will be notified if your animal is selected.
4-H Member Fair Registration and Barn Sign-Up

This form must be returned to the Morrisville Extension Office by Friday, July 14.

You may enter more than one section on this entry form. Please read this exhibit book carefully; entries that do not follow the rules will not be permitted to be exhibited.

Exhibitor’s Name ____________________________________________________________

Age __________ Phone ________________ Email ________________________________

Club Name __________________________________________________________________

Section I — Tabletop Exhibit

Title ________________________________________________________________

Section II — Educational Activity

Will you be doing an Educational Exhibit at this time?  YES □  NO □

Note: It is encouraged to do an educational exhibit, activity, or demonstration during your 4-H Barn shift. The premiums for such is listed below and more details can be found in your fair book.

If yes what resources/support would you need from your 4-H Educator?

_________________________________________________________________________

Electrical outlet needed?  YES □  NO □

Describe the Activity or Demonstration and what you will be doing:

_________________________________________________________________________

If you need more space, please write on the back.

Will the activity / demonstration be done during your barn duty?  YES □  NO □  desired day/time: _______________________

Section XIII — Live Animal in the 4-H Barn

Indicate below which animal(s) you will bring — space is limited. You will be notified by July 18 if your animal is selected and you will receive a $10 premium.

Animal(s) ________________________________________________________________

Barn sign-up time on the next page
4-H Member Fair Registration and Barn Sign-Up

Fill out your three preferred Barn Duty times below and return to the Morrisville Extension office no later than July 19. If you e-mail this back please send to holly.ferris@uvm.edu and Put “Barn Sign Up” in the subject line.

I will do:  ONE SHIFT [ ] TWO SHIFTS [ ] THREE SHIFTS [ ]

(Shift preference will be given to those who commit to doing an educational demonstration or activity during their time.)

Put a 1 in the day/time for your first preference
Put a 2 in the day/time for your second preference
Put a 3 in the day/time for your third preference

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<th>Volunteers in the 4-H Barn</th>
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Registration must be returned no later than July 14 to:

UVM Extension
Morrisville Office
Attn: Holly Ferris, 4-H Educator
29 Sunset Drive, Suite 2
Morrisville, VT 05661