



Northeast Kingdom Military Teen Adventure Camp 2023

Vermont State University | Lyndon, 1001 College Road, Lyndonville, VT 05851

Open to all youth, ages 13 – 18

Camp 1 Monday, June 26 – Thursday, June 29

Camp 2 Monday, July 10 – Thursday, July 13

Camp starts at 4 p.m. June 26 and July 10, and ends at 1 p.m. July 29 and July 13



Visit the Northeast Kingdom of Vermont and explore outdoor adventure opportunities that will challenge your mind, body, and spirit! Physical activities will include climbing, high ropes, disc golf, hiking, mountain biking, kayaking, and fitness training. Additional social-emotional engagements will include leadership and resilience training, team building, self-confidence, and mental wellbeing.

Agenda: The exact daily schedule of activities will be announced prior to camp.

The UVM Extension 4-H Military Partnership is partnering with Vermont State University | Lyndon to host this event.

Registration deadline is Friday, May 26, 2023. Visit https://qualtrics.uvm.edu/jfe/form/SV_1N3oSLjsXtNlZbg to register. Enrollment is limited to 20 participants per camp week. There is no registration fee, and everything is included (food, dormitory lodging at Vermont State University | Lyndon, and locally sourced meals). All you need to bring is a smile, a positive attitude, and a willingness to learn!

To request language interpretation/translation assistance and/or a disability-related accommodation to participate in this program, please call or email Anthony Sgherza at 802-656-7606 or anthony.sgherza@uvm.edu by Thursday, June 1, 2023 so we may assist you. Contact Anthony with additional questions.

www.uvm.edu/extension/youth