



THE UNIVERSITY OF VERMONT
EXTENSION



Schedule a **THRIVE** workshop today!

Target life skills

Focus on the four **H**s - head, heart, hands & health

Build **R**elationships

Create space for **I**nquiry

Elevate youth **V**oice



Help youth find ways to **E**ngage and use these skills in real world situations



4-H has been helping youth thrive for over 100 years! Through experiential learning activities we deliver high quality programs framed in a positive youth development context. Let us work with your middle and high school students to intentionally focus on the development of critical life skills/transferable skills.

PARTICIPANTS WILL GAIN transferable skills, such as:

Teambuilding ✿ Leadership ✿ Communication ✿ Goal-Setting
Problem-Solving ✿ Critical Thinking ✿ And more!

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