PADDLING

**Rock 101**
This one week trip is designed to introduce new climbers to outdoor rock climbing. Ideal for first-time climbers, however, any student can join! One of the topics covered on these trips will include basic climbing techniques, climbing knots and belaying. These trips will explore climbing locations around North Western Vermont.
Price: $30 Limit: 9 Date: October 24-26

**Rock 102**
These two weekend trips are for new climbers who want to experience the thrill of rock climbing at ease. These trips are designed for the beginner climber and will focus on teaching the basics of rock climbing. Participants on both trips need a working knowledge of knots and belaying.
Price: $30 Limit: 9 Dates: September 16-18 and September 23-25

**Kayak Weekend**
How do you like a sleeping bag on a kayak trip? You pick it in your boat! Learn some new way to travel with everything you need for the weekend staying dry in your own vessel. Rent cool water and food and require an extra week to pass.
Price: $40 Limit: 9 Date: September 10-11

**Canoe Weekend**
Enjoy the weekend outside of UVM, outside of clubs, and outside of technology. Mid-fall is a great time to get some exercise, start yourself in a little weekend cruise and enjoy the scenery in the water.
Price: $55 Limit: 9 Date: September 17-18

BACKPACKING & HIKING

**Backpacking in Maine Weekend**
This weekend trip features backpacking in some of the most beautiful places you'll ever set foot on. From the islands of the bay to the peaks of the mountains, our goal is for you to get out of your shell and enjoy nature.
Price: $55 Limit: 9 Dates: September 14-15

**Fly Fishing**
Meet some of the Vermont's best anglers in the Adirondacks and learn some of the basics of fly fishing.
Price: $55 Limit: 9 Dates: October 19-21

**Grand Canyon Trip**
Join us for a weekend trip to experience the grandeur of the Grand Canyon, with opportunities to see wildlife, visit national parks and hike along the rim.
Price: $165 Limit: 9 Dates: September 19-20, October 17-18 and December 5-6

**Mt. Mansfield Weekend**
Join us for a weekend trip to experience the majesty of Vermont's highest peak. This trip includes hiking to the summit and a scenic drive down the mountain.
Price: $30 Limit: 9 Dates: October 17-18

**Camel's Hump Exchange**
A weekend trip to experience the beauty of Vermont's most iconic mountain. Enjoy hiking, swimming, and enjoying the natural surroundings.

**Camel's Hump Day Hike**
Join us for a day hike to experience the majesty of Vermont's most iconic mountain. Enjoy hiking, swimming, and enjoying the natural surroundings.
Price: $30 Limit: 9 Date: October 25

**Mt. Mansfield Day Hike**
Join us for a day hike to experience the majesty of Vermont's highest peak. This trip includes hiking to the summit and a scenic drive down the mountain.
Price: $30 Limit: 9 Date: December 5

**Falls of Lana**
A beautiful day hike to one of Vermont's most iconic waterfalls. Enjoy swimming, hiking, and the beauty of nature.
Price: $15 Limit: 9 Dates: September 13

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Greetings uvm students!

UVM Outdoor Programs offer comprehensive, 4-season wilderness recreation, learning and leadership development opportunities. For more than 100 years the UVM Outdoor Club has upheld a proud tradition of one of the oldest collegiate Outing Clubs in the country. UVM’s proximity to the wilderness (Green Mountains, Adirondacks) guarantee an attractive classroom for UVM students interested in developing climbing, biking, and skiing skills in a safe, supportive environment. UVM students interested in personal, physical, and mental challenges are encouraged to join the UVM Outdoor Programs and develop their abilities.

As part of an environmentally focused university, UVM Outdoor Programs encourage students to develop a relationship with their environment through fun, challenge, stewardship and community building – making student experience at UVM more meaningful.

UVM Outdoor Programs provide direct support to students in pursuit of learning and wilderness adventure regardless of their wilderness adventure sports interest list! All of our trips, facilities and leadership training opportunities are open to all and designed to be affordable. Most importantly, trips and training experiences are organized, staffed and led by students like you in the spirit of peer leadership.

Whether you’re hoping to hike Mount Mansfield for the first time, rent equipment to do your own weekend expedition or are looking to develop wilderness leadership skills, UVM Outdoor Pro grams offers something for everyone... most importantly, get outdoors and get involved!

PRT 185: Intro To Mountaineering Condolists Blanca, Peru

Safety climbing in big rockscapes requires personal preparation, group expedition planning, and diverse mountaineering, glacier (climbing & mountaineering). This class will focus on basic & craggy techniques, roped team travel skills, and assessing alpine objectives on the "Arapahoe, Summer" in the Andes Mountain Range.

Contact: B. Lloyd Summer, Weds-Thurs, 5-7pm

PRT 186: Winter Wilderness Ed & Leadership

This class provides understanding of injury, risk management, ethics, and current backcountry infrastructure. The class is open to anyone interested in wilderness education and leadership in winter environments.

Contact: B. Lloyd Winter, Weds-Thurs, 5-7pm

WILDERNESS EXPEDITIONS, CERTIFICATIONS AND CLASSES

The UVMOC rents equipment for wilderness living and snow travel for the day, the weekend or by extended special arrangement. Our rental center is able to supply UVM students with affordable prices. To reserve availability and make gear reservations call or e-mail the OC House well in advance of your desired rental date. Rental gear is issued on a first come, first served basis. Additional information is available at www.uvm.edu/oc for more information.

MINING & BACKPACKING

Backpack (5000 cu/in) $15.00
Daypack (2500 cu/in) $10.00
Hiking poles $3.00
Sweatshirt (summer/winter) $7.00
Stove sack $5.00
Cook Set (pots, pans & lid) $5.00
COOKING

Cook Set (pots, pans & lid) $5.00
Stove (MSR international) $3.00
Plug-in stove $2.00

OC CABIN & RETREAT CENTER

Cabin reservations and information: Minimum group fee of $250 per day.

WINTER CLIMBING WALL

Managed and monitored by the UVM Climbing Club, these facilities and programs offer UVM students interested in rock climbing and bouldering the opportunity to develop climbing skills, establish a support network, and make new friends. The facility is open to all students, residents and non-residents with a MCA program. Membership includes access to all equipment and facility costs.

WINTER ADVENTURE ROPE COURSE

The UVM Adventure Ropes Course is a membership based, non-profit program. Our mission is to provide and promote adventure based, experiential learning and cooperation team building opportunities for UVM students, organizations and the surrounding community.

UVM Climbing Team

The UVM Climbing team is for students interested in competitive indoor climbing and bouldering competition. The climbing team trains together year round and competes in six to eight "tops" throughout the academic year. For more information, e-mail team coordinators at uvmclimbing@uvm.edu.

UVM Climbing Club Cabins

The UVM Climbing Club has been providing UVM student groups with this unique & rustic retreat and recreation service since 1986. "The OC Cabin" can accommodate groups of up to 20 and is close to some of the best hiking, climbing, biking & skiing in the area. Gather your UVM student group for a weekend getaway.

Check Out Other Outdoor Oriented Clubs & Teams

Freestyle Ski Team

Nor'easter Ski Team

Cycling Team (M&W)

Asst. Director of Student Life, Outdoor Programs

Contact John J. Abbott, Assoc. Director of Student Life, Outdoor Programs

www.uvm.edu/~outside

Outside@uvm.edu

jabbott@uvm.edu

W.E. seeking a talented wild east expedition in VT: Enjoy the unspoiled coast of the St. Lawrence river valley and surrounding islands. Learn essential rappelling and climbing skills. The course includes free time for exploring and camping. Contact: Winter Break, March 6-9, 2016

Info Session: Wednesday, October 8th, 6-9pm

Location: Gormley Conference Room, SGA

WINTER 2015

www.uvm.edu/~outside

Outside@uvm.edu

jabbott@uvm.edu

WINTER BREAK EXPEDITIONS, CERTIFICATIONS AND CLASSES

Spring Break Sea Kayaking: Cumberland Islands, GA

Tired of the cold weather in VT? Enjoy the unspoiled coast of the St. Lawrence river valley and surrounding islands. Learn essential rappelling and climbing skills. The course includes free time for exploring and camping. Contact: Winter Break, March 6-9, 2016

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