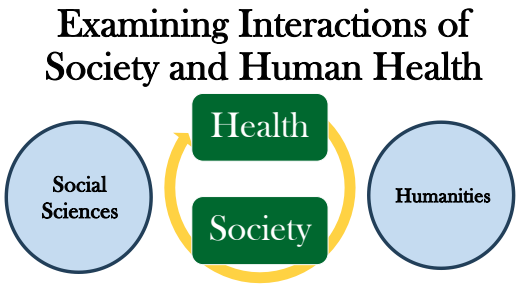
Advising Dashboard For Course Registration Advising For Health and Society Program Spring Semester 2027

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What is Health and Society (HSOC)

HSOC is an interdisciplinary cross-college major and minor that focuses on social science and humanities approaches to analyzing the relationship between societies' social structures and cultural practices and human health, healing practices, and health-care systems. Housed in the College of Arts and Sciences, the program aims to promote critical understanding of social, cultural, economic, geographic, political, psychological, and environmental contexts that shape varied human experiences of health, illness, healing, and healthcare.



Spring 2027 HSOC Course List

Each semester the HSOC Program posts a course list advising sheet on the Advising page of its website: https://www.uvm.edu/cas/healthsociety/advising. When on the Advising page, scroll down to the HSOC Course List Advising Sheets and the HSOC Advising Dashboards and find the ones for the upcoming semester.

Within the course list, you will see that the courses are divided into two lists, first the CAS courses and second the non-CAS courses. You need to pay attention to that, because students majoring in HSOC and/or another major in the College of Arts and Sciences (CAS) need a certain number of CAS courses for their major, as well as overall. For the HSOC minor as well, a certain number of your HSOC courses need to be CAS-designated.

You will also see columns marked "How Courses Relate to Major" and "How Courses Count Toward Minor." Under those, there is a column for the 2025-2026 catalog year onward and a column for the 2024-2025 catalog year. These columns tell you how each course relates to the HSOC major and minor for those catalog years. They tell you whether a course counts as a Required Introductory course, an Intermediate Core course, an Advanced Core course, a required Statistics course, an HSOC Elective, or an Ancillary course needed as a prerequisite for some HSOC courses. HSOC majors need to take a certain number of all these types of courses. HSOC minors need to take Introductory Required courses, a required Statistics course, and HSOC Electives. For the 2025-2026 catalog year onward, you will notice that some prerequisites that used to count as electives are now ancillary courses that count toward general distribution requirements. Usually, these are prerequisites needed for some of our intermediate or advanced HSOC courses, and the required Statistics course is ancillary. If you are following an earlier catalog year, please see the UVM Catalogue Archive for details.

HSOC Major and Minor Requirements

Below is how to find the HSOC major and minor requirements. Remember to follow the catalog year that is appropriate for you, depending on when you entered UVM (or joined a new college at UVM).

• **HSOC Major Requirements:** Please see this link for the 2026-2027 HSOC Major Requirements. If you are following a previous catalogue year for your requirements, see course catalogue archives for the HSOC major requirements for that catalogue year. If you are an HSOC major, remember that at least 15 out of your 33 (or 34) major credits and at least 84 out of your overall 120 credits must be CAS-designated courses. CAS designation is often not intuitive, and many HSOC courses are non-CAS, so be sure to review the HSOC course listing sheet carefully each semester, which tells you which course prefixes (subject codes) are CAS. Also, remember that for the HSOC major, for interdisciplinary exposure, no more than 21 credits for the major can come from a single course prefix (e.g., ECON, SOC).

• **HSOC Minor Requirements:** Please see this link for the 2026-2027 HSOC Minor Requirements. If you are following a previous catalogue year for your requirements, see course catalogue archives for the HSOC minor requirements for that catalogue year. For the HSOC minor, at least 9 of your 18 HSOC credits must be CAS-designated courses. For interdisciplinary exposure, no more than 12 credits of courses for the minor can come from a single course prefix.

Course Frequency

Please note that ***most courses are taught once a year***, and some once every other year, not always in the same semester. Check with the instructor for the next time a course will be taught. Our required courses Health Care in America (SOC 1300) and Global Health, Development & Diversity (ANTH 1190) are taught once a year. This year SOC 1300 is in the spring and ANTH 1190 was in the fall. ANTH 1190 will be taught in Fall 2027.

HSOC Learning Objectives

The main learning objectives for our students in Health and Society include:

1. Recognize and generate the kinds of questions that social science, humanities, and public health scholars ask about the interactions between society and health, including the relationship between societal issues and matters of health, illness, healing, and/or health care in human groups.
2. Effectively identify and critically analyze ways in which societies affect, are affected by, and respond to human health and illness, including how societal problems contribute to human health difficulties, how human health crises contribute to societal problems, and the pros and cons of various societal responses to human health problems.
3. Effectively identify and critically analyze the ways in which human health, illness, healing, and health care are defined, perceived, experienced, constructed, and enacted in different sociocultural settings.
4. Effectively identify and critically analyze the ways in which access to health and health care are distributed, within and across human populations.
5. Effectively identify and critically analyze how social, cultural, geographic, political, economic, economic, psychological, and/or environmental contexts shape human experiences of health, illness, healing, and/or health care.
6. Detect and deconstruct the ways in which knowledge about health, including scientific and clinical knowledge, is shaped by history, values, priorities, cultural frameworks, social conventions, scientific paradigms, social institutions, and/or social, political, and/or financial interests.
7. Communicate effectively about ways in which one's Health and Society education can be ethically and effectively applied to contribute to needs and priorities of specific communities in the spirit of partnership and cultural humility.

Pathways in the HSOC Major and Minor

The HSOC major and minor offer much flexibility and many choices. Having so many choices can be simultaneously exciting and challenging to navigate. To help students to find their way, we have laid out some pathways within HSOC showing students how to get to intermediate and advanced courses.

HSOC majors need to take the prerequisites needed to get from introductory to intermediate to advanced courses within the major. **HSOC majors** forge **at least two pathways to intermediate and advanced** HSOC courses. **HSOC minors** need to take **at least nine HSOC credits at the intermediate level or above**.

Pathways to advanced HSOC courses in the College of Arts and Sciences (CAS) are currently offered in the departments of Anthropology, Economics, Geography, Political Science, Psychology, and Sociology. These HSOC courses are in biological, medical, and psychological anthropology, health economics, health geography, health policy and politics, health psychology, and sociology of health and illness.

Anthropology:

•ANTH 1190: Global Health, Development and Diversity (3 credits, required introductory course)
•ANTH 2170: Culture, Health & Healing, or ANTH 2172: Psychological Anthropology, or ANTH 2174: Drugs & Health Across Cultures, or ANTH 2181: Aging in Cross-Cultural Persp, or ANTH 2191: Foundations of Global Health, or ANTH 2205: Gender, Sex, Race & Body, or ANTH 2410: Topics in Biological Anthropology (3 credits, intermediate core course)
•ANTH 3189 Mind, Body, Culture, or ANTH 3192: Anth Research in Global Health, or ANTH 3560: Human Osteology (Anth 3560 needs Anth 1400 prereq) (3 credits, advanced core course)

Economics:

•HSOC 1600: Health Care in America (3 credits, required introductory course)
•MATH 1212: Calculus, or MATH 1234: Calculus (3 credits, prerequisite course, economics prereq, HSOC ancillary course)
•ECON 1450: Microeconomics (3 credits, prerequisite course, economics prereq, HSOC ancillary course)
•ECON 2450: Microeconomic Theory (3 credits, prerequisite course, economics prereq, HSOC ancillary course)
•ECON 2850: Health Economics (3 credits, core intermediate course)
•ECON 3850/4850: Topics in: Health Economics (3 credits, advanced core course)
**Prerequisites for ECON 2850, 3850, and 4850 for HSOC majors and minors (as above) involve fewer ECON courses than for ECON majors and minors.*

Geography:

•ANTH 1190: Global Health, Development and Diversity (3 credits, required introductory course)
•GEOG 1760: Global Environments & Cultures, or GEOG 1770: Geography of Race/Ethnicity in the US, or GEOG 1780: Society, Place, and Power (HSOC ancillary course)
•GEOG 2782: Health Geography (3 credits, intermediate core course)
•GEOG 3782: Topics in Geography and Health (usually Healthy Cities) (3 credits, advanced core course)

Political Science:

•HSOC 1600: Health Care in America (3 credits, required introductory course)
•POLS 1300: US Political System (3 credits, prerequisite course, political science prereq, HSOC ancillary course)
•POLS 2490: Health Politics and Policy (3 credits, intermediate core course)
•POLS 3492: State Politics and Policy Research (with health focus), or POLS 4310: VT Legislative Research Srvc (with health focus) (3 credits, advanced core course)

Psychology:

•HSOC 1600: Health Care in America (3 credits, required introductory course)
•PSYS 1400: Intro to Psychological Sciences (3 credits, prerequisite course, PSYS prereq)
•PSYS 2500: Psychopathology (3 credits, intermediate core course)
•PSYS 3510: Health Psychology (3 credits, advanced core course; make sure to take your intro methods in STAT first)
**Prerequisites for PSYS 3510 for HSOC majors and minors (as above) involve fewer PSYS courses than for PSYS majors and minors.*

Sociology:

•HSOC 1600: Health Care in America, or SOC 1340: Global Health Crises (3 credits, required introductory course)
•SOC 1500: Intro to Sociology (3 credits, prerequisite course, soc prereq, ancillary course)
•SOC 2300: Population Health Research, or SOC 2335: Gender Sexualities & Medicine, or SOC 2460: Sociology of Disaster (3 credits, intermediate core course)
•SOC 3300: Health: Race, Class, Gender, or SOC 3310: Soc of Health and Illness, or SOC 3335: Soc of Reproduction (not offered in future) (3 credits, advanced core course)

Pathways to the intermediate level only in CAS are offered in English, Philosophy, and Religion. Here is what we anticipate the CAS HSOC pathways to intermediate only courses to be:

English:
ENGL 1260: Topics in Literature and Health (e.g., Drugs and Addiction in Literature and Film)
ENGL 2###: Drugs and Addiction in Film and Literature (sometimes offered at intermediate level)

Philosophy:
PHIL 1675: Death and Dying
PHIL 2670: Medical Ethics

Religion:
REL 1650: Religion, Health, and Healing
REL 2652: Mystics, Mediums, and Shamans

Beyond this, HSOC students following catalog years prior to 2025-2026 may be able to also take a pathway to relevant intermediate or advanced courses offered in other non-CAS colleges at UVM. Non-CAS advanced courses that count toward HSOC include courses like HSCI 3100, HSCI 3300, STAT 3000, CSD 3200, NFS 3262, NFS 4245, and SEP 3360. Students taking a pathway to those courses need to make sure to find and take the necessary prerequisites. See this URL for pathways that students can historically choose to take within the HSOC major and minor. For students following later catalog years, these non-CAS courses are electives.

Note on Degree Audits

Please note that **degree audits often contain errors and/or omissions**, which **must be fixed by hand**. Errors occur because the degree audit is a product of programming that sometimes contains mistakes. Omissions occur because the degree audit does not reflect options that emerged after your catalog year.

Check your degree audit each semester for possible errors or omissions. Contact your advisor to tell them what you think may be missing. If they agree, your advisor can email degree audit staff to request a correction.

Internship, Teaching and Research Opportunities in HSOC

Internships in HSOC

Students who want to take an internship that relates to health and society have several choices of internship courses that can count as HSOC electives.

One great fit is CAS 2920B: CL: COP: Nonprofits & Social Change (3 cr), a group internship course offered by the College of Arts and Sciences. This course is a community of practice (COP) course led by a faculty member with experience placing students in nonprofit and health related internship positions. To qualify for HSOC elective credit, let your instructor know that you need a community placement that is related to health or well-being. In this course, in addition to your internship work in the community, you meet each week with the course instructor and fellow students to share experiences and get guidance, support, and feedback.

There are many other CAS group internship courses you may consider. In each case, if you want it to qualify as an HSOC elective, you need to request a placement with an organization focused on health or well-being. Some examples include CAS 2991B/C: CL: Legislative (3 cr) or CAS 3922A: SL: Community News Service (3 cr). If you already secured placement with a community organization and none of these group internship course options fits your needs, there is also HSOC 2991 (3 cr) and HSOC 4991 (3 cr), for which you would contact the HSOC program director to request instructor permission.

Teaching Assistant Practicum in HSOC

If you are interested in being a teaching assistant, there are a couple ways to proceed. You might be contacted directly by a professor in person or by email with an invitation to apply to be a teaching assistant for one of their courses. This is most likely to happen with a course in which you did outstanding work in your coursework and had excellent attendance and class participation. Alternatively, you might find a general call for applications for a TA position in a group listserv email or on JobX. Or you might reach out to a faculty member to see if they need a TA and ask if you could apply. If you are selected to be a TA in a course, the instructor will decide if your TA practicum will be at the level of HSOC 2994, HSOC 3994, or HSOC 4994, and you will request an override from the program director. You can qualify for HSOC elective credit if your TA practicum course is 3 credits (not just 1 or 2 credits).

Research Opportunities in HSOC

If you are interested in doing research in HSOC, there are several options. You can take HSOC courses that have a research project or research paper as one of the assignments; this is most likely to be the case in intermediate or advanced courses. You can see if a faculty member needs a research assistant to help them with some aspect of an existing research project that faculty member is conducting, and you can apply to work with them (HSOC 3995 or 4995: Undergraduate Research). Or you can develop your own idea for a research project and find a faculty member who has common interests who has availability to work with you, through an independent study (HSOC 3993), or if your GPA is 3.5 or higher and your proposal is selected, as a senior honors thesis (HSOC 4996) if your proposal is accepted by the Honors Committee.

To prepare yourself for undergraduate research or senior honors thesis work, first you should aim to take courses that provide you with the kinds of knowledge, theoretical frameworks, and research and methodological skills needed to do the kind of research you would like to do. Try to take courses with a professor whose research area interests you, doing as well as you can in their course to demonstrate your capabilities. Some courses that can help you to develop research methodology skills include STAT 1110 or STAT 1410, STAT 3000, SOC 2500/POLS 2800, GEOG 2550, ANTH 3130, and ANTH 3192. If you'd like to prepare to do future work with refugees, you may want to take SWSS 1040. For those wishing to do a senior honors thesis, you should take a research design course like ANTH 3192. If you plan to do quantitative analysis for a senior thesis, you should take STAT 3000.

For HSOC-related information and opportunities:

HSOC Web Page: https://www.uvm.edu/cas/healthsociety

HSOC Email List: Sent to all HSOC majors and minors.

HSOC Instagram: Sign up: UVM Health and Society Program (@uvmhealthandsociety)

HSOC Facebook: Sign up: UVM Health and Society (https://www.facebook.com/UVMHealthAndSociety/)

HSOC LinkedIn: Sign up: Health and Society in UVM CAS

UVM Global Health Concentration Resources: https://www.uvm.edu/cas/anthropology/global-health-concentration-resources

Materials on the College and University Level

Here are some key resources to help you to navigate the changes as you register for Spring 2027 courses.

• **CAS degree requirements with Catamount Core:** 2026-2027 CAS degree requirements with Catamount Core. These requirements are for students entering UVM Fall 2023 and after AND for those who change their degree, like transferring colleges within UVM. Your degree audit follows your designated catalogue year.

• **CAS degree requirements prior to Catamount Core**: These are for students entering before Fall 2023 who have not made changes to their degree (they have not transferred colleges within UVM): See course catalogue archives for the requirements that pertain to you. Again, your degree audit follows your catalogue year.

• **Finding gen ed designations** (e.g., D1, D2, etc.): Click the course link in the schedule of courses or course catalog, and the short description will tell you whether it counts toward any Catamount Core requirements.

• **Resolving degree audit issues:** The Degree Audit software often requires human intervention. If you think you see a problem, contact your HSOC advisor or the HSOC program director, telling them your catalogue year with a link to it (see above), the exact course prefix (subject code) and number in question, and what requirement you hope it can count toward, whether that's a certain Gen Ed requirement, or a certain major or minor requirement. Please note that any course with a 1990, 2990, 3990, or 4990 special topics wildcard designation usually needs human intervention. Any exceptions also require human intervention and that must be initiated by you contacting your advisor *after* you register for the course.

• **Finding interdisciplinary courses** (HSOC, etc.) in the Schedule of Courses (the "SOC"): Many courses that count toward HSOC do not have an HSOC course prefix (subject code). This often happens in interdisciplinary programs like HSOC. Those courses that count toward HSOC that have the HSOC prefix in addition to another prefix are called "cross-lists." Those courses that count toward HSOC that don't have the HSOC prefix are called "see also's." **See the classic version of the schedule of courses** to be posted here for Spring 2027 to view a list of all HSOC courses to be offered in the upcoming semester, including cross-lists and see also's. Please note that you need to see the Course List advising sheet for Spring 2027 on the HSOC Advising webpage to know how things can count for that semester: https://www.uvm.edu/cas/healthsociety/advising. Scroll down to where it says HSOC Course List Advising Sheets and find the one for the upcoming semester.

• **Deciphering new and old course numbers:** Course renumbering widget (if you attended UVM prior to Fall 2023, you can find out here the new 4-digit number for any previous 3-digit course number, and vice versa).

• **Course search tool:** SOC Advanced Search Tool (to find gen ed courses (e.g., D2, SU, etc.) and courses by course prefix (subject code, e.g., ANTH, SOC, etc.)

• **Overrides:** An override is when a professor allows a student into a course that requires instructor permission or the professor determines that the student can take the course without the usual prerequisites. If you would like to inquire about this, reach out to the professor of the course you would like to inquire about.

• **Exceptions:** An exception is when one's program director and/or faculty advisor determines that the student has made the needed effort to take a required course and/or to attain the prerequisites needed to take a course, but circumstances such as faculty leaves have rendered the normal expectations for the major impossible for the student. In this case, the program director and/or faculty advisor have the discretion to approve a reasonable course substitution that fits the learning objectives of the program.

Exceptions and Substitutions for Graduating Seniors This Spring 2027:

If a senior planning to graduate this spring is having difficulty finding needed HSOC courses, they should contact their advisor to inquire if any substitution can be made. If the advisor is unsure, they can contact the program director.

If a needed course lists prerequisites you do not have, try emailing the professor to see if other courses you have taken might suffice for an override or if you can take a prerequisite at the same time (called co-requisite).

If any of the exceptions below apply to you, show this to your advisor after you register, and they can ask the degree audit office to make the exception by hand.

Advanced Core CAS HSOC Courses

Graduating students needing an advanced core CAS HSOC course this spring semester should take ANTH 3192: Anthropological Research in Global Health or PSYS 3510: Introduction to Health Psychology. If you do not have the prerequisites, contact the instructor to see if you can be granted an override as an HSOC major with the courses you have taken. If an override is not possible, contact the HSOC Program Director to inquire if other options are available by exception.

HSOC Electives

Beyond our regular electives in the course catalog, any of these additional courses can be counted as electives this spring by exception. You may also find additional options listed on the spring course list advising sheet.

BIOL 3990: Forensics
HCOL 1500: Exploring Wellbeing
HCOL 1500: Mental Health Stigma
HCOL 1500: The Black Death
HCOL 2000: Qualitative Methods
HLTH 2770: Iceland Ther Thermal Springs
HLTH 3010: Reimagining Medicine: Sci Evid Integ Care
HSCI 1993: IS: Pub Hlth: Disability Int Con
HSOC 1990: Horror Films, the Sick and the Well
NFS 2195: Foods for Planetary Health
NFS 3254: Global Food Safety
NH 3990: Italy: Aging Well Med Style
PSYS 3530: Fit Kids: Mental Health Focus

Helpful for Careers, But Not Counted as HSOC Elective

PH 2000: Careers in Public Health (only 1 credit)

Final Note: Sometimes courses are added or removed by the registrar after this guide has been developed.