

University of Vermont Project ECHO

Current Topics in School Nursing

This continuing education series will highlight best practices in a range of health care topics and provide an opportunity for networking and connecting with peers. Each session includes a brief didactic talk followed by a case presentation and group discussion. Case presentations are generated from the school nurse cohort, allowing participants to bring forward their challenging scenarios to receive input and recommendations from the group. Using the interactive Project ECHO “All Teach, All Learn” format, participants will have access to pediatric faculty experts and an opportunity to share knowledge and experiences in a community of school nurses.

LEARNING OBJECTIVES FOR THIS ECHO SERIES INCLUDE THE ABILITY TO:

1. **Advocate for and promote** inclusive participation in sports and recreational activities.
2. **Describe** recent updates to the Return-to-Play and Return-to-Learn concussion management protocols and make appropriate recommendations.
3. **Assess and manage** common minor orthopedic injuries in school-aged athletes.
4. **Evaluate** playground-related injuries, including sprains and strains, and determine appropriate management, follow-up, and referral indications.
5. **Explain** key considerations for diabetes management during sports and physical education.
6. **Advocate** for safe participation in sports and physical activities for children with disabilities.
7. **Recognize** and respond to asthma-related issues during physical education and sports activities.

2026-2027 PROGRAM SCHEDULE – Wednesdays from 3:15PM TO 4:45PM

Who should attend: The target audience for this series is a cohort of school nurses throughout Vermont.

DATE	TOPIC	SPEAKER
Oct 14	Nurse as Advocate for Safe and Inclusive Sports In and Out of School	Lauren Young, Ed.D
Nov 11	Common Sports and Playground Injuries: Role of the School Nurse	Matthew Lunser, DO
Dec 9	Is it Up or Down? How Diabetes Responds to Physical Activity	Jennifer Todd, MD
Jan 13	All Kids Belong on the Field: Supporting Children with Disabilities in Sports	Jill Rinehart, MD
Feb 10	“I Bumped my Head”: Concussion Management and Updates for Nurses	Jule Deren, DO
Mar 10	Don’t be Sidelined by Wheezing: Nurses Role in Management of Exercise-Induced Asthma	Erika Aryal, MD

Register by Friday October 2, 2026 in the iECHO platform [iECHORegistrationSchoolNurses](#).

Program has limited enrollment. Cohort-based learning in a supportive peer environment is the foundation of our ECHO series. Active engagement and a willingness to offer cases is expected.



UNIVERSITY OF VERMONT PROJECT ECHO

UVM Project ECHO offers several cohort-based series each year. The target audience often includes individuals or teams from primary care offices throughout the state.

This program is offered at no cost to participants through a grant from the Vermont Department of Health. Participants receive CE for each session attended.

2026-2027 SERIES:

- **UVM Project ECHO Point of Care Ultrasound (POCUS) in Primary Care**
6 Sessions | Mondays 12:00 – 1:00pm | November 2026 – February 2027
- **UVM Project ECHO Current Topics in School Nursing**
6 Sessions | Wednesdays 3:15 – 4:45pm | October 2026 – March 2027
- **UVM Project ECHO Dementia in Primary Care**
5 Sessions | Wednesdays 12:00 – 1:00 | Spring 2027

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PROJECT ECHO

Project ECHO (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. During ECHO sessions, experts and peers share their expertise via case-based learning, enabling practice teams to treat patients with complex conditions in their own communities.

ALL TEACH, ALL LEARN

