



University
of Vermont

MASTER YOUR MAJOR!

Learn how to apply evidence-based strategies to excel in your courses.

STRATEGY		DEFINITION
	Retrieval Practice	Actively recall information from memory to strengthen understanding and improve long-term retention.
	Dual Coding	Integrate verbal and visual information, such as combining text with diagrams or illustrations, to enhance comprehension and memory.
	Interleaving	Alternate between different topics or concepts during study sessions to deepen understanding and improve application across contexts.
	Concrete Examples	Apply specific, relatable examples to clarify and solidify abstract or complex concepts.
	Elaboration	Expand ideas by connecting them to existing knowledge and providing detailed explanations and descriptions.
	Spaced Practice	Distribute study sessions over time to reinforce learning and combat forgetting, leading to better retention.

MAJOR: Education

EXAMPLE TOPIC: Classroom Management Strategies



Write three methods for addressing classroom disruptions from memory.



Relate classroom management strategies to scenarios you've observed in teaching placements.



Create a diagram of a classroom layout showing strategies for minimizing disruptions.



Explain why positive reinforcement often works better than punishment in the classroom.



Alternate studying classroom management strategies with assessment design principles.



Schedule 15 minutes every other day to review classroom management notes.