

Orleans & Essex County

Substance Use Supports			
Recovery Centers	Journey to Recovery	802-624-4156	https://www.jtr-cc.org/
State-Wide Resource	VT Helplink	Call or text “LINK” to 802- 565-5465	https://vthelplink.org/app/home
MOUD Providers	BAART – Newport	802-400-0528	https://baartprograms.com/locations/vermont/newport
	SaVida Health – Newport	802-487-0781	https://svidahealth.com/listing/svida-health-newport-vt/
	Island Pond Health Center	802-723-4300	https://www.nchcv.org/locations-providers/island-pond-health-and-dental-center/
Psychiatry Referral Line			
	Vermont Consultation & Psychiatry Access Program (CPAP)	802-488-5342	https://www.vtcpap.com/
Community Resources Offerings			
Home Health and Hospice	Orleans, Essex VNA, & Hospice	802-334-5213	https://orleansessexvna.org/
	Strong Families Vermont – Visiting Nurse and Hospice for Vermont	888-300-8853	https://www.healthvermont.gov/family/family-planning-pregnancy/strong-families-vermont-home-visiting
Designated Agency	Northeast Kingdom Human Services	802-334-6744	https://nkhs.org
Social & Economic Supports	Northeast Kingdom Community Action (Orleans)	802- 748-6040	https://nekcv.org/
	Umbrella (Orleans & Essex)	802-748-8645	https://www.umbrellanek.org/
	Aware (Orleans)	802-472-6463	https://awarevt.org/
	Newport Parent Child Center (Orleans)	855-663-5224	https://www.occacvt.org/
	Help Me Grow VT	211 ext. 6 or text HMGVT to 898211	https://www.helpmegrowvt.org/home
State-Wide Resource	WIC (Newport) (Orleans & Essex) (Supplemental Nutrition Program for Women, Infants, and Children)	802-334-4390	https://www.healthvermont.gov/local/newport/wic-newport

Regional Resource Document

	Help Me Grow VT (Early Childhood and Parenting or Caregiver resources)	211 ext. 6 or text HMGVT to 898211	https://www.helpmegrowvt.org/home
Urgent Care			
	Northern Express Care (Orleans)	802-995-2412	https://www.northernexpresscare.org/
Primary Care Offerings			
Obstetric Providers	North Country OBGYN	802-334-7331	https://northcountryhospital.org/service/s/obstetrics-gynecology/
Pediatric Providers	North Country Pediatrics	802-334-5929	https://northcountryhospital.org/pediatrics/
	Concord Health Center	802-748-9405	https://www.nchcv.org/services/primary-care/
	Island Pond Health Center	802- 723-4300	https://www.nchcv.org/locations-providers/island-pond-health-and-dental-center/
	Vermont Consultation & Psychiatry Access Program (CPAP)	802-488-5342	https://www.vtcpap.com/
Psychiatry Referral Line			
Adult Clinic (low-cost or free medical care)	Island Pond Health Center (Essex County)	802-723-4300	https://www.nchcv.org/locations-providers/island-pond-health-and-dental-center/
	Concord Health Center (Orleans County)	802-695-2512	https://www.nchcv.org/locations-providers/concord-health-center/

If you or another practitioner may be struggling with substance use disorder (SUD), confidential assistance is available through the Vermont Practitioner Health Program at 802-223-0400.

For other Vermont Regional Handout Resources, please visit: [INSERT URL or QR Code]