

| Substance Use Supports               |                                                                                   |                                     |                                                                                                                                                                                                                       |
|--------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Recovery Centers</b>              | Turning Point Center – Chittenden (Parents in Recovery)                           | 802-861-3150                        | <a href="https://turningpointcentervt.org/parents-in-recovery/">https://turningpointcentervt.org/parents-in-recovery/</a>                                                                                             |
|                                      | Addiction Treatment Center, University of Vermont Medical Center                  | 802-847-3333                        | <a href="https://www.uvmhealth.org/locations/addiction-treatment-center-university-of-vermont-medical-center">https://www.uvmhealth.org/locations/addiction-treatment-center-university-of-vermont-medical-center</a> |
|                                      | River Rock Treatment                                                              | 888-308-2624                        | <a href="https://www.riverrocktreatment.com/">https://www.riverrocktreatment.com/</a>                                                                                                                                 |
|                                      | Howard Center - Chittenden Clinic                                                 | 802-488-6450                        | <a href="https://howardcenter.org/">https://howardcenter.org/</a>                                                                                                                                                     |
|                                      | SAVIDA Health                                                                     | 802-448-5072                        | <a href="https://savidahealth.com/listing/savida-health-south-burlington-vt/?utm_source=gbp">https://savidahealth.com/listing/savida-health-south-burlington-vt/?utm_source=gbp</a>                                   |
| <b>Residential Treatment Centers</b> | Lund Residential Treatment Program (Women)                                        | 802-864-7467                        | <a href="https://lundvt.org/">https://lundvt.org/</a>                                                                                                                                                                 |
|                                      | Serenity House - Recovery House, Inc, Wallingford, VT (Men and Women)             | 802-446-2640                        | <a href="https://www.recoveryhousevt.org/">https://www.recoveryhousevt.org/</a>                                                                                                                                       |
|                                      | McGee House & Grace House - Recovery House, Inc, Rutland, VT (Men and Women)      | 802-446-2640                        | <a href="https://www.recoveryhousevt.org/">https://www.recoveryhousevt.org/</a>                                                                                                                                       |
|                                      | Valley Vista Residential Treatment Program - Vergennes & Bradford (Men and Women) | 802-222-5201                        | <a href="https://valleyvistarecovery.com/">https://valleyvistarecovery.com/</a>                                                                                                                                       |
| <b>Harm Reduction</b>                | Vermont Cares                                                                     | 802-528-1135                        | <a href="https://vtcares.org/">https://vtcares.org/</a>                                                                                                                                                               |
|                                      | Howard Center Safe Recovery                                                       | 802-488-6067                        | <a href="https://howardcenter.org/">https://howardcenter.org/</a>                                                                                                                                                     |
| <b>State-Wide Resource</b>           | VT Helplink                                                                       | Call or text “LINK” to 802-565-5465 | <a href="https://vthelplink.org/app/home">https://vthelplink.org/app/home</a>                                                                                                                                         |
| <b>MOUD Providers</b>                | Howard Center - Chittenden Clinic                                                 | 802-488-6450                        | <a href="https://www.uvmhealth.org/locations/howard-center-chittenden-clinic">https://www.uvmhealth.org/locations/howard-center-chittenden-clinic</a>                                                                 |
|                                      | Addiction Treatment Center, University of Vermont Medical Center                  | 802-847-3333                        | <a href="https://www.uvmhealth.org/locations/addiction-treatment-center-university-of-vermont-medical-center">https://www.uvmhealth.org/locations/addiction-treatment-center-university-of-vermont-medical-center</a> |
| Psychiatry Referral Line             |                                                                                   |                                     |                                                                                                                                                                                                                       |
|                                      | Vermont Consultation & Psychiatry Access Program (CPAP)                           | 802-488-5342                        | <a href="https://www.vtcpap.com/">https://www.vtcpap.com/</a>                                                                                                                                                         |
| Community Resources Offerings        |                                                                                   |                                     |                                                                                                                                                                                                                       |
| <b>Home Health and Hospice</b>       | University of Vermont Health, Home Health & Hospice                               | 802-658-1900                        | <a href="https://www.uvmhealth.org/locations/home-health-hospice">https://www.uvmhealth.org/locations/home-health-hospice</a>                                                                                         |
| <b>Designated Agency</b>             | Howard Center                                                                     | 802-488-6900                        | <a href="https://howardcenter.org/">https://howardcenter.org/</a>                                                                                                                                                     |

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| <b>Social &amp; Economic Supports</b> | Burlington Community Justice Center (Legal advocacy)                                                                                       | 802-865-7155 | <a href="https://www.burlingtoncjc.org/">https://www.burlingtoncjc.org/</a>                                                                                                                                                   |
|                                       | Vermonters for Criminal Justice Reform (VCJR) (Legal advocacy)                                                                             | 802-540-0440 | <a href="https://www.vcjr.org/">https://www.vcjr.org/</a>                                                                                                                                                                     |
|                                       | Essex Community Justice Center (Legal advocacy)                                                                                            | 802-872-7690 | <a href="https://essexcjc.org/">https://essexcjc.org/</a>                                                                                                                                                                     |
|                                       | Williston Community Justice Center (Legal advocacy)                                                                                        | 802-503-2320 | <a href="https://willistonjustice.org/">https://willistonjustice.org/</a>                                                                                                                                                     |
|                                       | Working Fields (Employment support)                                                                                                        | 802-348-4610 | <a href="https://www.idealists.org/en/recruiter/d661764c01a84440a64704f49f980faf-working-fields-south-burlington">https://www.idealists.org/en/recruiter/d661764c01a84440a64704f49f980faf-working-fields-south-burlington</a> |
|                                       | Dismas of VT (Housing Insecurity & Social Services Coordination)                                                                           | 802-658-0381 | <a href="https://www.dismasofvt.org/">https://www.dismasofvt.org/</a>                                                                                                                                                         |
|                                       | Lund Family Center (Child and Family support services for whole-family wellbeing)                                                          | 802-864-7467 | <a href="https://lundvt.org/child-and-family-services/">https://lundvt.org/child-and-family-services/</a>                                                                                                                     |
|                                       | The Janet S. Munt Family Room (Parent-Child Center) (Parent-child center with early childhood resources supporting whole-family wellbeing) | 802-862-2121 | <a href="https://www.thefamilyroomvt.org/">https://www.thefamilyroomvt.org/</a>                                                                                                                                               |
|                                       | Milton Family Center (Early childhood resources, parent and caregiver support, food access programs)                                       | 802-893-1457 | <a href="https://miltonfamilycenter.org/">https://miltonfamilycenter.org/</a>                                                                                                                                                 |
|                                       | Kids Safe Collaborative (Care coordination, family support, coordination of medical, recovery, and community resources)                    | 802-863-9626 | <a href="https://www.kidsafevt.org/charm-team">https://www.kidsafevt.org/charm-team</a>                                                                                                                                       |
|                                       | Turning Point Center - Chittenden (Parents in Recovery) (Peer-led recovery support, parenting resources, and family-centered programming)  | 802-861-3150 | <a href="https://turningpointcentervt.org/parents-in-recovery/">https://turningpointcentervt.org/parents-in-recovery/</a>                                                                                                     |
|                                       | Champlain Valley Head Start (CVHS) (Child & Parent Intervention Services ages 0 – 5)                                                       | 802-872-2819 | <a href="https://champlainvalleyheadstart.org/services/centers-and-classrooms/">https://champlainvalleyheadstart.org/services/centers-and-classrooms/</a>                                                                     |
|                                       | Feeding Champlain Valley (Food Insecurity)                                                                                                 | 802-658-7939 | <a href="https://www.feedingchamplainvalley.org/">https://www.feedingchamplainvalley.org/</a>                                                                                                                                 |
|                                       | Hunger Free Vermont (Food Insecurity)                                                                                                      | 802-865-0255 | <a href="https://www.hungerfreevt.org/">https://www.hungerfreevt.org/</a>                                                                                                                                                     |
|                                       | South Burlington Food Shelf (Food Insecurity)                                                                                              | 802-858-5267 | <a href="https://www.southburlingtonfoodshelf.org/">https://www.southburlingtonfoodshelf.org/</a>                                                                                                                             |
|                                       | North End Food Pantry (Food Insecurity)                                                                                                    | 802-399-0985 | <a href="https://www.northendfoodpantry.org/">https://www.northendfoodpantry.org/</a>                                                                                                                                         |
|                                       | The Intervale Center - Food Distribution Center (Food Insecurity)                                                                          | 802-660-0440 | <a href="https://www.intervale.org/">https://www.intervale.org/</a>                                                                                                                                                           |
|                                       | Salvation Army, The Burlington Friendly Kitchen, Soup Kitchen, Food Pantry (Food Insecurity)                                               | 802-864-6991 | <a href="https://easternusa.salvationarmy.org/northern-new-england/greater-burlington/">https://easternusa.salvationarmy.org/northern-new-england/greater-burlington/</a>                                                     |
|                                       | Williston Community Food Shelf (Food Insecurity)                                                                                           | 802-578-0586 | <a href="https://www.willistonfoodshelf.com/">https://www.willistonfoodshelf.com/</a>                                                                                                                                         |

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|                               | Shelburne Food Shelf (Food Insecurity)                                                                                                       | 802-622-3313                       | <a href="https://www.shelburnefoodshelf.org/about/contact">https://www.shelburnefoodshelf.org/about/contact</a>                                                                                                   |
|                               | Champlain Valley Office of Economic Opportunity (CVOEO) Community Resource Center (Burlington, VT) (Food, Housing, and Financial Insecurity) | 802-318-6222                       | <a href="https://www.cvoeo.org/get-help/community-resource-center">https://www.cvoeo.org/get-help/community-resource-center</a>                                                                                   |
|                               | COTS (Housing Insecurity)                                                                                                                    | 802-864-7402                       | <a href="https://cotsonline.org/">https://cotsonline.org/</a>                                                                                                                                                     |
|                               | Vermont WIC (Supplemental Nutrition Program for Women, Infants, and Children)                                                                | 802-863-7200                       | <a href="https://www.healthvermont.gov/family/wic/apply-wic">https://www.healthvermont.gov/family/wic/apply-wic</a>                                                                                               |
|                               | Help Me Grow VT (Early Childhood and Parenting or Caregiver resources)                                                                       | 211 ext. 6 or text HMGVT to 898211 | <a href="https://www.helpmegrowvt.org/home">https://www.helpmegrowvt.org/home</a>                                                                                                                                 |
| <b>State-Wide Resource</b>    | WIC (Burlington) (Supplemental Nutrition Program for Women, Infants, and Children)                                                           | 802-863-7323                       | <a href="https://www.healthvermont.gov/local/burlington#wic">https://www.healthvermont.gov/local/burlington#wic</a>                                                                                               |
|                               | Help Me Grow VT (Early Childhood and Parenting or Caregiver resources)                                                                       | 211 ext. 6 or text HMGVT to 898211 | <a href="https://www.helpmegrowvt.org/home">https://www.helpmegrowvt.org/home</a>                                                                                                                                 |
|                               |                                                                                                                                              |                                    |                                                                                                                                                                                                                   |
| <b>Urgent Care</b>            |                                                                                                                                              |                                    |                                                                                                                                                                                                                   |
|                               | Howard Center Mental Health Urgent Care                                                                                                      | 802-488-6482                       | <a href="https://howardcenter.org/mhuc/">https://howardcenter.org/mhuc/</a>                                                                                                                                       |
|                               | Champlain Medical Urgent Care                                                                                                                | 802-448-9370                       | <a href="https://champlainmedical.com/">https://champlainmedical.com/</a>                                                                                                                                         |
|                               | University of Vermont, Colchester - Urgent Care                                                                                              | 802-847-1170                       | <a href="https://www.uvmhealth.org/locations/urgent-care-colchester-university-of-vermont-medical-center">https://www.uvmhealth.org/locations/urgent-care-colchester-university-of-vermont-medical-center</a>     |
|                               | Clear ChoiceMD Urgent Care - Williston                                                                                                       | 866-814-4520                       | <a href="https://ccmdcenters.com/locations/williston-vt">https://ccmdcenters.com/locations/williston-vt</a>                                                                                                       |
|                               | Clear ChoiceMD Urgent Care - South Burlington                                                                                                | 866-410-9877                       | <a href="https://ccmdcenters.com/locations/south-burlington-vt">https://ccmdcenters.com/locations/south-burlington-vt</a>                                                                                         |
|                               |                                                                                                                                              |                                    |                                                                                                                                                                                                                   |
| <b>Primary Care Offerings</b> |                                                                                                                                              |                                    |                                                                                                                                                                                                                   |
| <b>Obstetric Providers</b>    | Maitri Health Care for Women                                                                                                                 | 802-862-7338                       | <a href="https://www.maitriobgyn.com/">https://www.maitriobgyn.com/</a>                                                                                                                                           |
|                               | University of Vermont Medical Center - Obstetrics and Midwifery - Williston                                                                  | 802-847-1400                       | <a href="https://www.uvmhealth.org/locations/obstetrics-and-midwifery-university-of-vermont-medical-center">https://www.uvmhealth.org/locations/obstetrics-and-midwifery-university-of-vermont-medical-center</a> |
| <b>Pediatric Providers</b>    | Pediatric Medicine                                                                                                                           | 802-658-2320                       | <a href="https://pedimedvt.com/">https://pedimedvt.com/</a>                                                                                                                                                       |
|                               | Lakeside Pediatrics                                                                                                                          | 802-860-1928                       | <a href="https://lakesidepediatrics.org/">https://lakesidepediatrics.org/</a>                                                                                                                                     |
|                               | Timberlane Pediatrics - South Burlington, VT                                                                                                 | 802-864-0521                       | <a href="https://www.timberlanepeds.com/">https://www.timberlanepeds.com/</a>                                                                                                                                     |
|                               | Timberlane Pediatrics - Burlington, VT                                                                                                       | 802-846-8100                       | <a href="https://www.timberlanepeds.com/">https://www.timberlanepeds.com/</a>                                                                                                                                     |

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|                                                     | Timberlane Pediatrics - Milton, VT                                            | 802-893-1200 | <a href="https://www.timberlanepeds.com/">https://www.timberlanepeds.com/</a>                                                                                                                                                                                                     |
|                                                     | Pediatric Primary Care - Burlington, Gosilano Children's Hospital             | 802-847-4696 | <a href="https://www.uvmhealth.org/locations/pediatric-primary-care-burlington-golisano-childrens-hospital-at-university-of-vermont-health">https://www.uvmhealth.org/locations/pediatric-primary-care-burlington-golisano-childrens-hospital-at-university-of-vermont-health</a> |
|                                                     | Pediatric Primary Care - Burlington, Gosilano Children's Hospital - Williston | 802-847-1440 | <a href="https://www.uvmhealth.org/locations/pediatric-primary-care-williston-golisano-childrens-hospital-at-university-of-vermont-health">https://www.uvmhealth.org/locations/pediatric-primary-care-williston-golisano-childrens-hospital-at-university-of-vermont-health</a>   |
|                                                     | Richmond Pediatrics & Adolescent Medicine                                     | 802-434-5090 | <a href="https://richmondpediatricsvt.com/">https://richmondpediatricsvt.com/</a>                                                                                                                                                                                                 |
|                                                     | Essex Pediatrics                                                              | 802-879-6556 | <a href="https://www.essexpediatrics.com/">https://www.essexpediatrics.com/</a>                                                                                                                                                                                                   |
| <b>Adult Clinic (low-cost or free medical care)</b> | Community Health Center - South End                                           | 802-864-0693 | <a href="https://www.chcb.org/locations/south-end/">https://www.chcb.org/locations/south-end/</a>                                                                                                                                                                                 |
|                                                     | Community health Center - Safe Harbor                                         | 802-860-4310 | <a href="https://www.chcb.org/locations/safe-harbor/">https://www.chcb.org/locations/safe-harbor/</a>                                                                                                                                                                             |
|                                                     | Community Health Center - Pearl Street (Ages 10 - 30)                         | 802-652-1080 | <a href="https://www.chcb.org/locations/pearl-street/">https://www.chcb.org/locations/pearl-street/</a>                                                                                                                                                                           |
|                                                     | Community Health Center - Essex                                               | 802-404-1350 | <a href="https://www.chcb.org/locations/essex/">https://www.chcb.org/locations/essex/</a>                                                                                                                                                                                         |
|                                                     | Community Health Center - Winooski                                            | 802-655-4422 | <a href="https://www.chcb.org/locations/winooski/">https://www.chcb.org/locations/winooski/</a>                                                                                                                                                                                   |
|                                                     | Community Health Center - Riverside                                           | 802-864-6309 | <a href="https://www.chcb.org/locations/riverside/">https://www.chcb.org/locations/riverside/</a>                                                                                                                                                                                 |
|                                                     | Community Health Center - Good Health                                         | 802-860-1441 | <a href="https://www.chcb.org/locations/good-health/">https://www.chcb.org/locations/good-health/</a>                                                                                                                                                                             |
|                                                     | Community Health Center - Champlain Islands                                   | 802-372-4687 | <a href="https://www.chcb.org/locations/champlain-islands/">https://www.chcb.org/locations/champlain-islands/</a>                                                                                                                                                                 |

*If you or another practitioner may be struggling with substance use disorder (SUD), confidential assistance is available through the Vermont Practitioner Health Program at 802-223-0400.*

For other Vermont Regional Handout Resources, please visit: [INSERT URL or QR Code]