



Caitlin

PATIENT AND FAMILY ADVISOR
PERINATAL QUALITY
COLLABORATIVE VERMONT

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Caitlin is a patient and family advisor from Barre, Vermont, a certified perinatal nutritionist, and a mom of two. After experiencing a postpartum hemorrhage and uterine infection following the birth of her son in 2020, she made it her mission to advocate for improved birth outcomes and greater awareness of maternal health challenges. Her journey with postpartum depression after the birth of her daughter in 2023 continues to inform her work and passion for maternal mental health advocacy.