



Ashlee

PATIENT AND FAMILY ADVISOR
PERINATAL QUALITY
COLLABORATIVE VERMONT

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Ashlee is a mom to a daughter, aged ten, and an aunt (but they just call her Ashlee) to three, two girls aged 17 and 6 and a boy who is 12. She has been in recovery for nine years, starting her journey as a community member, then resident, of Lund. She has a passion for using her story to help change the stigma around mental health and SUD, especially with Mom's. She has been working with VCHIP for the past six years, using her voice and lived experience to help with many different things.