

<b>A Full Bite Nutrition</b>	Private practice	Britt Richardson, owner	Montpelier, VT	Teled available	802-229-2704	<a href="http://www.afullbite.com">www.afullbite.com</a>
<b>Adams Center for Mind and Body</b>	Group practice	Molly Parker	South Burlington, VT	Teled available	802-859-1577	<a href="http://www.theadamscenter.com/about">www.theadamscenter.com/about</a>
<b>Amy Rice, RD, MA</b>	Private practice	Amy Rice, owner	Vergennes, VT	Teled available	802-989-1942	<a href="mailto:amyrice.rd.ma@gmail.com">amyrice.rd.ma@gmail.com</a>
<b>Attune2Food</b>	Group practice	Group practice	VT	Call for details	802-321-4190	<a href="https://attune2food.com/">https://attune2food.com/</a> Primarily works with parents of younger children with ARFID or picky eating.
<b>Berry Street</b>	National group	N/A	Many states throughout the US	Teled available	Text +1 888-532-2115 <a href="mailto:support@berrystreet.co">support@berrystreet.co</a> or online contact form	<a href="https://www.berrystreet.co/">https://www.berrystreet.co/</a>
<b>Clearmountain Integrative Nutrition</b>	Private practice	Emily Stone, owner	Richmond, VT	Teled available	802-318-3095	<a href="http://www.clearmountainvt.com">www.clearmountainvt.com</a>
<b>Colbrook Nutrition</b>	Private practice	Bret Hermansky, owner	VT	Teled only	802-222-6462	<a href="mailto:bret@colbrooknutrition.com">bret@colbrooknutrition.com</a> BCBS, VT Medicaid, Cigna and MVP Generally ages 15+
<b>Efird Nutrition</b>	Group practice	Elaina Efird, owner	VT	Teled only	Use contact form on website	<a href="https://www.efirdnutrition.com/">https://www.efirdnutrition.com/</a> ages 15+ In network with United and Tricare East, reach out for other plans
<b>Equip</b>	Virtual program	Multidisciplinary team	All states	Teled only	855-387-4378	<a href="https://equip.health/">https://equip.health/</a> Outpatient and higher levels of care, ages 6-24
<b>Herrin Nutrition Services</b>	Private practice	Marcia Herrin, owner	Lebanon, NH	Teled available	603-643-7677	<a href="https://marciaherrin.com/">https://marciaherrin.com/</a>
<b>Juniper</b>	Private practice	Kelsey Rose, owner	Burlington, VT		n/a	<a href="https://www.juniper-ed.com/we-practice-what-we-preac">https://www.juniper-ed.com/we-practice-what-we-preac</a> Small caseload

**Vermont Registered Dietitians with Eating Disorder Experience**  
Updated June 2026 (AK)



Adolescent Medicine  
Eating Disorder Assessment Clinic  
802-847-4696

<b>Lauren Haughey Nutrition</b>	Private practice	Lauren Haughey, owner	Vermont	Teled available	802-622-1734	<a href="http://www.laurenhaugheynutrition.com">www.laurenhaugheynutrition.com</a> Also licensed in other states, including NY (no NY Medicaid)
<b>Living Better Nutrition</b>	Private practice	Laura Biron, owner	Stowe, VT	Teled available	802-578-6191	<a href="http://www.livingbetternutrition.com">www.livingbetternutrition.com</a>
<b>No Diet Dietitian</b>	Large group practice	Many RDs	Williston, VT	In-person limited, mostly teled	802-222-6907	<a href="https://nodietdietitian.com/">https://nodietdietitian.com/</a> VT Medicaid, most commercial insurance plans, Tricare Also licensed in other states, including NY (no NY Medicaid)
<b>The 21<sup>st</sup> Century RD</b>	Private practice	Kelsey McCullough, owner	Burke, VT	Teled only	802-227-2585	<a href="https://21stcenturyrd.com/">https://21stcenturyrd.com/</a> Licensed in VT, MH, ME Ages 16+
<b>Sumra RD Nutrition</b>	Private practice	Sumra Harper-Deas, owner	Middlebury, VT	In-person, limited teled	802-222-0992	<a href="http://www.sumrardnutrition.com/">www.sumrardnutrition.com/</a>
<b>ThrivInspired Nutrition</b>	Small group practice	Dana Notte, Molly McKendry, owners	South Burlington, VT	Teled available	802-236-9516	<a href="http://www.thrivinspirednutrition.com/">www.thrivinspirednutrition.com/</a>
<b>Vermont Eating Disorder Collective</b>	Collective	Michaela Wilson	VT	Teled available	802-424-0020 <a href="mailto:contact@vtedc.com">contact@vtedc.com</a>	Ages 12+; BCBS VT, United, VT Medicaid, Aetna, MVP Health <a href="https://vtedc.com/services">https://vtedc.com/services</a>
<b>Whole Health Nutrition</b>	Large group practice	Abby Wadsworth & Leslie Langevin, owners	Multiple Locations, VT	Teled available	802-999-9207	<a href="http://www.wholehealthnutritionvt.com/">www.wholehealthnutritionvt.com/</a>