

# Bio-Logic

REGENERATIVE FARMING



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# How all started

In a time when capitalism distracts us from what truly matters, when the climate is changing, when diseases are multiplying, when mental health problems are exploding, and when the cost of living is exorbitant... we end up getting lost in frustration and sadness...

When we become aware of this, we open our minds and see things more clearly.

That's what happened to me.

As a nature lover, I realized that I was used to consider it something completely foreign to me. And I was wrong.

We are all part of it!





# So What?

Being fortunate enough to be in a family of farmers and landowners, I decided to take back control of my food by developing my vegetable garden. Not only because imported food are extremely expensive, but also because I wanted first to ensure they were organically grown and secondly because I wanted to have a diversity of veggies.

*Since the beginning of my project, I knew I wanted to work with nature and not against her.*

# Starting with no support...

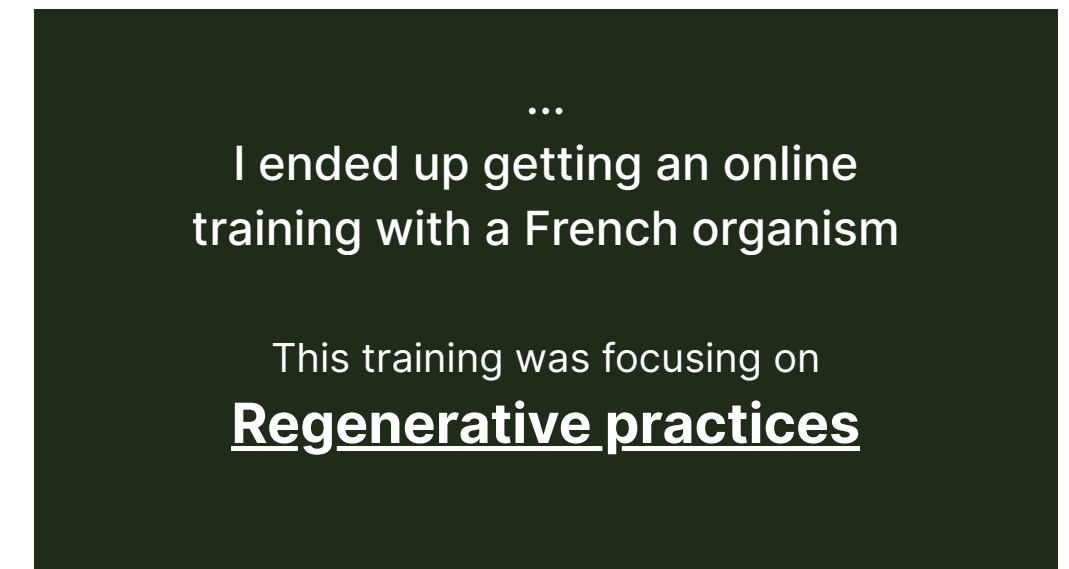
When you start a projet, sometime it takes time before people around you understand and click on. A part of my closest family members, nobody really realised what all that was about.

I got also no support as well from the Department of agriculture.

**But I've decided not to give up!**

Knowing nothing about agriculture, I had to find by myself all the informations on:

- How plants are growing (cycles)
- How preparing the soil
- How manage potential plant disease
- How to prepare organic fertilizers etc...



# Keep going...

The online training was a great help in structuring this new adventure and understanding how to implement regenerative practices.

But it's hard to stay motivated when you lack support and have a feeling you're on the right track, yet no one recognizes your work. No one to confirm that Yes! it is the right direction!

Several times, I felt like giving up, but my passion for agriculture was too strong.

In July 2025, I've been lucky enough to have RV's team visiting the farm and my garden. This is the moment where I started myself to regenerate because I had support...



# What happened **THAT** day?



Having experts in my garden was an incredible experience. For the first time in over two years, I was able to get advise, find out if my practices were good or bad, and so on.

A soil testing was conducted to see the level of microbes and fungis. The result was above my expectations. And I was congratulate for my work!

So finally, I had a team ready to share knowledge, passion and vision and give advises.

**THAT** day, I was very emotional but it gave me the feeling of being **UNSTOPPABLE!**



# Learning Exchange Experience

Due to my regenerative practices, I've been selected to participate to the Learning Exchange held last year in Australia @Five Sixty Farms.

I felt so thankful for being offered this opportunity. It help me to open up my mind even wider on different topics such as the impact of regenerative practices on climate change, on our bodies, on our spirit, but also it helped me understand that it was all about being in a community and helping each other as well.



The highlights of these exchanges for me are

## 01 SUPPORT

You are not alone anymore. You are surrounded by people who care for you and share with you their knowledges.

**Mistakes are gifts that help you grow**

## 02 INSPIRATION

Each person has her own story and can inspire others. When you visit a farm, you visit a model chosen for some reasons. Using technics you might never think about.

**Technics you could apply and/or adapt to you environnement!**

## 03 MOTIVATION

Being fed by so many stories and models opens your mind and make you feel excited. You want to test new things as soon as you go back home.

But above all, you want to share and...

**you want your work having a good impact on your community**

# What we did...

We've been welcomed @Five Sixty Farms.

People from different countries were present. We started to discover each other.

The program included site visits. We met people regenerating forests, planting food forest, using syntropics model, preserving forest from invasive species... etc



We also had courses about nutrition and fermenting.  
We've been served healthy food all along the exchange.

We all then started to feel better in our body and in our minds.

We connected strongly to each other. We felt like we found a new family. People that support you, understand you and want you to succeed. No negativity, only positive attitudes and behaviours.



# After the Learning Exchange

After all these intense moments, and all the inspiration we've got, it is time to step back and think: Ok what's next? What should I do know with all that?

From my side, and having the ideal spot for that, I have decided that I want to have a positive impact on my community. Therefore, becoming a host became an evidence.

Vanuatu has so much to offer and the sens of community is strong not only locally but also in the region.

I wanted to be part of **Regenerative Verification Program** and therefore being able to host and share my work and vision to other farmers, farmers to be and other key people able to push that movement for the interested of all.



# Steps done to become a host under the Regenerative Verification Program

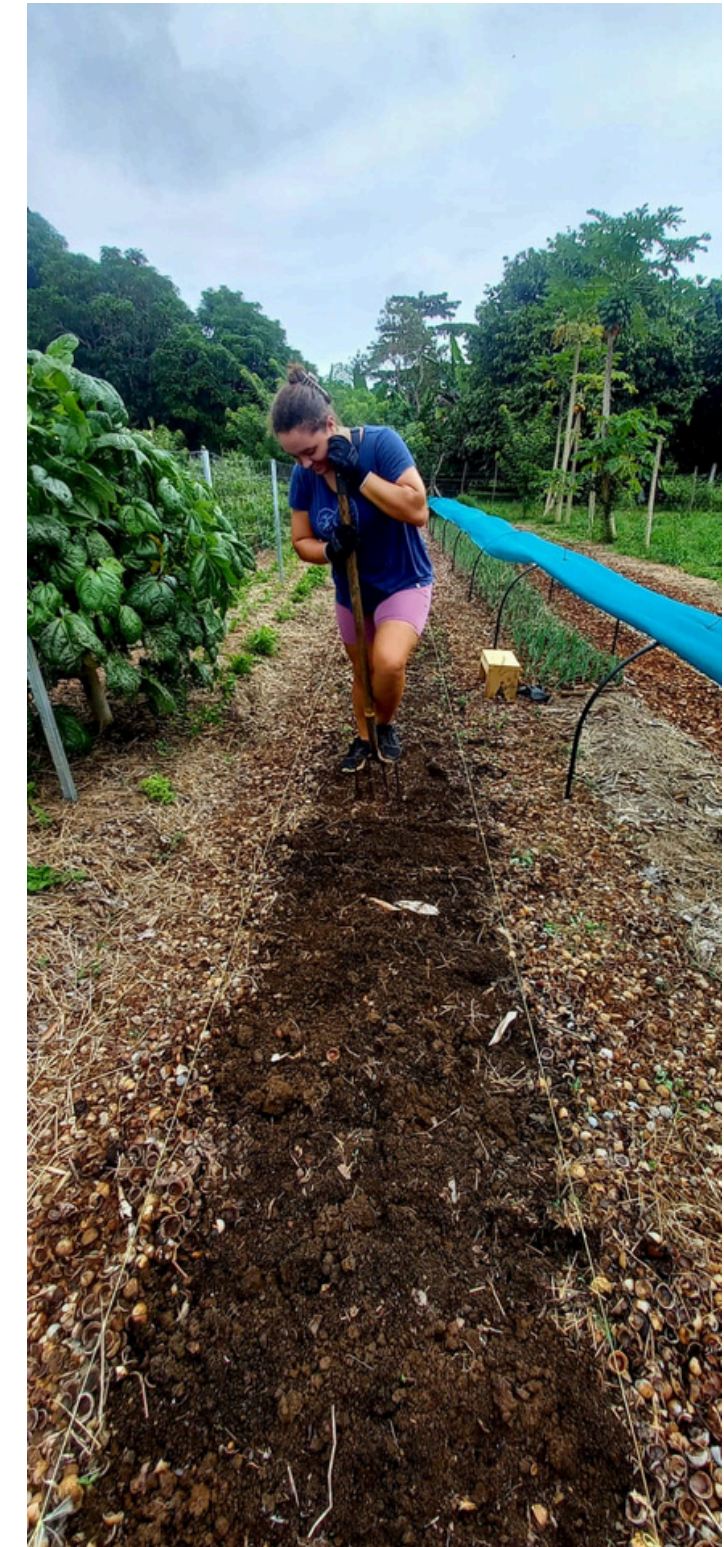
Where to start when everything needs to be done at the same time?

## 01 The garden

Gardens structure :  
Currently, there are two  
gardens of 12 beds each  
sized 20m x 0.8 cm

Work consisted in:

- A - Preparing the garden to be able to provide food
- B - Organising a training to get more confidence on how explaining the regenerative way of preparing the soil and also being able to explain why and what I am planning as next
- C - Opening a new garden so new training can be organised



02

## The accomodation part

Accomodating guest is not as simple as we can think. The house must be safe, and the basics like bathroom and toilets need to be perfectly fonctionable.

We engaged some money and over 6 months of hard work to renovate the main house and transform our previous Noni factory into a dormitory so men and female are separate.

We wanted the place to be cosy and provide a friendly environment for our guests.



# Global & Pacific Leadership & Endorsement



**Vanuatu** is now standing at the forefront of the global regenerative movement, and we are establishing the **foundation for regenerative verification** that the world is now ready to embrace through the **Regenerative Verification Program**.

I'm excited to be now hosting my first **Regenerative Learning Exchange in August 2026!**

