

# Pre-advising Appointment Worksheet

Have this worksheet completed and readily available to share with your advisor during your appointment.

As a CEMS student, some of the courses required for your major will cover the Catamount Core (for example, Calculus I covers the Mathematics (MA) requirement).

When looking for potential Catamount Core options for the Fall semester, you should look for courses that cover either:

- Arts & Humanities (AH1, AH2, or AH3);
- Social Science (S1);
- Diversity 1 (D1);
- Diversity 2 (D2)

**CATAMOUNT CORE CURRICULUM**

CATAMOUNT CORE is made up of 42 credits in courses distributed across three main areas:

- Liberal Arts (21 credits)
- Core Skills (9 credits)
- Common Ground Values (12 credits)

Students will be able to take courses that fulfill more than one category, but they must still take at least 40 unique credits of courses that have been approved to fulfill CATAMOUNT CORE CURRICULUM requirements.

LIBERAL ARTS 21 CREDITS	CORE SKILLS 9 CREDITS	COMMON GROUND VALUES 12 CREDITS
<b>AH ARTS &amp; HUMANITIES</b> 6 CREDITS FROM ANY OF THE FOLLOWING AH1: Arts AH2: Literature AH3: Humanities	<b>QD QUANTITATIVE &amp; DATA LITERACY</b> 3 CREDITS	<b>D DIVERSITY</b> 6 CREDITS (INCLUDING AT LEAST 3 D1 CREDITS) D1: Race and Racism in the US D2: Diversity of Human Experience
<b>S1 SOCIAL SCIENCES</b> 6 CREDITS	<b>WIL1 WRITING &amp; INFORMATION LITERACY 1</b> 3 CREDITS	<b>SU SUSTAINABILITY</b> 3 CREDITS
<b>N NATURAL SCIENCES</b> 6 CREDITS FROM ANY OF THE FOLLOWING N1: Natural Science (no Lab) N2: Natural Science (w/Lab)	<b>WIL2/OC WRITING &amp; INFORMATION LITERACY 2</b> 3 CREDITS WIL2: Writing & Information Literacy Tier 2 - OR - OC: Oral Communication	<b>GC GLOBAL CITIZENSHIP</b> 3 CREDITS GC1: Global Systems & Problems - OR - GC2: Developing Global Citizens
<b>MA MATHEMATICS</b> 3 CREDITS		

LEARN MORE AT [GO.UVM.EDU/CATAMOUNTCORE](http://GO.UVM.EDU/CATAMOUNTCORE)

Write down 3 to 5 Catamount Core classes that you are interested in taking:

1.
2.
3.
4.
5.

Use this space to write down questions you have for your advisor: