



Teresa May, DO, MS

Mentee

Background

- Board Certified in Critical Care, Neurocritical Care, Internal Medicine, and Pulmonary Disease
- Attending Physician, Pulmonary, Medical and Critical Care, Maine Medical Center
- Faculty Scientist, Maine Medical Center Research Institute
- MS in Clinical and Translational Sciences

"I feel like I'm pretty lucky to have the mentors that I have. We all are busy clinically, we have a lot of work to do. We work on separate projects, then we'll work together...we're performing different tasks to get to the same place."

NNE-CTR Participation

- Received Round 2 Pilot funding, 2018
- Uses Clinical Research Design Core for data analytics methods, technical support, and for guidance on statistical analytic approaches
- Participated in Professional Development Core courses in statistics and grant writing
- Worked with Rural Health Research and Delivery Core in understanding rural barriers/context for pilot study

Mentee Experience

- Received guidance from mentor to apply for CTR Round 2 Pilot funding
- Uses mentor(s) for help in refining clinical research questions and connecting with other researchers and clinicians in her field
- Receives career guidance support in identifying funding opportunities and authoring guidelines

Value of Mentorship

"All of the grants I've gotten and projects I've done have been heavily influenced by both Dave Seder and Rich Riker. I wouldn't have funding without them. They've been able to introduce me to other people outside of Maine Medical Center. That's been really helpful - networking in societies and authoring guidelines that Dr. Seder sponsored for me."

Learn more

The NNE-CTR Network leverages and coordinates regional resources to conduct collaborative clinical and translation research and disseminate findings to improve both health and healthcare delivery in our region. To learn more or join the NNE-CTR Network, visit: <http://nne-ctr.net/>
This work is supported by the NIH CTR grant (NNE-CTR): U54GM115516



David Seder, MD

Mentor

Background

- Board Certified in Critical Care, Neurocritical Care, Internal Medicine, and Pulmonary Disease
- Chief of Critical Care Services, Maine Medical Center
- Associate Professor of Medicine, Tufts University School of Medicine
- Also funded by PCORI CER-1602-34137

"It's really a team approach to research. On paper I'm her mentor, and I do function in that role, but we are more like collaborators. She has her own ideas and area of study that she "owns" and we try to support her and not interfere with her work. We want her to be the expert in that area."

NNE-CTR Participation

- Received Round 1 Pilot funding, 2017
- Mentor for CTR Pilot grant awarded

Mentor Contributions

- Co-mentors with other senior researchers to provide team-based approaches for feedback on research questions and design
- Advocates to protect research time on behalf of mentee
- Reviews and provides guidance on grant applications and manuscripts

"I really believe in the work we do. I think it's important for the community, and having another really competent person on our team who does a lot of good is incredibly satisfying."

Value of Mentorship

"When you have a good mentee, everything about your job is better. It's like having a good friend, somebody who shares the work, shares your intellectual environment, and expands your capacity to grow your programs. We all just bounce constantly off each other in terms of a good research question and the right infrastructure to do it, it's very much a team environment."