

# Our Soil Health Journey

Diggers' Mirth Collective Farm  
at Diggers' Mirth Collective Farm





**Certified Organic**  
**12 cultivated acres in the Intervale**  
**Mixed vegetable market farm**  
**Collectively owned**  
**Since 1992**



8 acres in vegetables, 4 acres in cover crop



DIGGERS' MIRTH  
COLLECTIVE FARM



# Previous Primary Amendments:

**Giroux's Composted Chicken Manure for N  
Sulfate of Potash for K**



# Cover Crop Rotation

## **Year 1:**

**Late April/early May: seed peas and oats**

**Early July: incorporate peas and oats**

**Mid July: seed Sudan Grass**

**August: Mow and/or disk Sudan Grass**

**Late-August: seed peas and oats, and vetch/rye**

**October/November: Incorporate any remaining Sudan Grass**

## **Year 2:**

**Incorporate Sudan Grass again**

**Vegetables**

## **Year 3:**

**Vegetables**

# Cover Cropping Drivers

Weed suppression  
Timely incorporation  
Increase OM  
Nitrogen fixing





# Soil Health at Diggers

- 1. Simple cover cropping system**
- 2. Inexpensive amendments with simple and broad application**
- 3. Ongoing tillage reduction efforts**
- 4. Tarping**



# What's working well?



**High yields**  
**Great weed control**  
**Simple systems**  
**Profitable farm**

# So, what's NOT working well?



Reported: 11/30/2020  
VT County: Chittenden

## Results

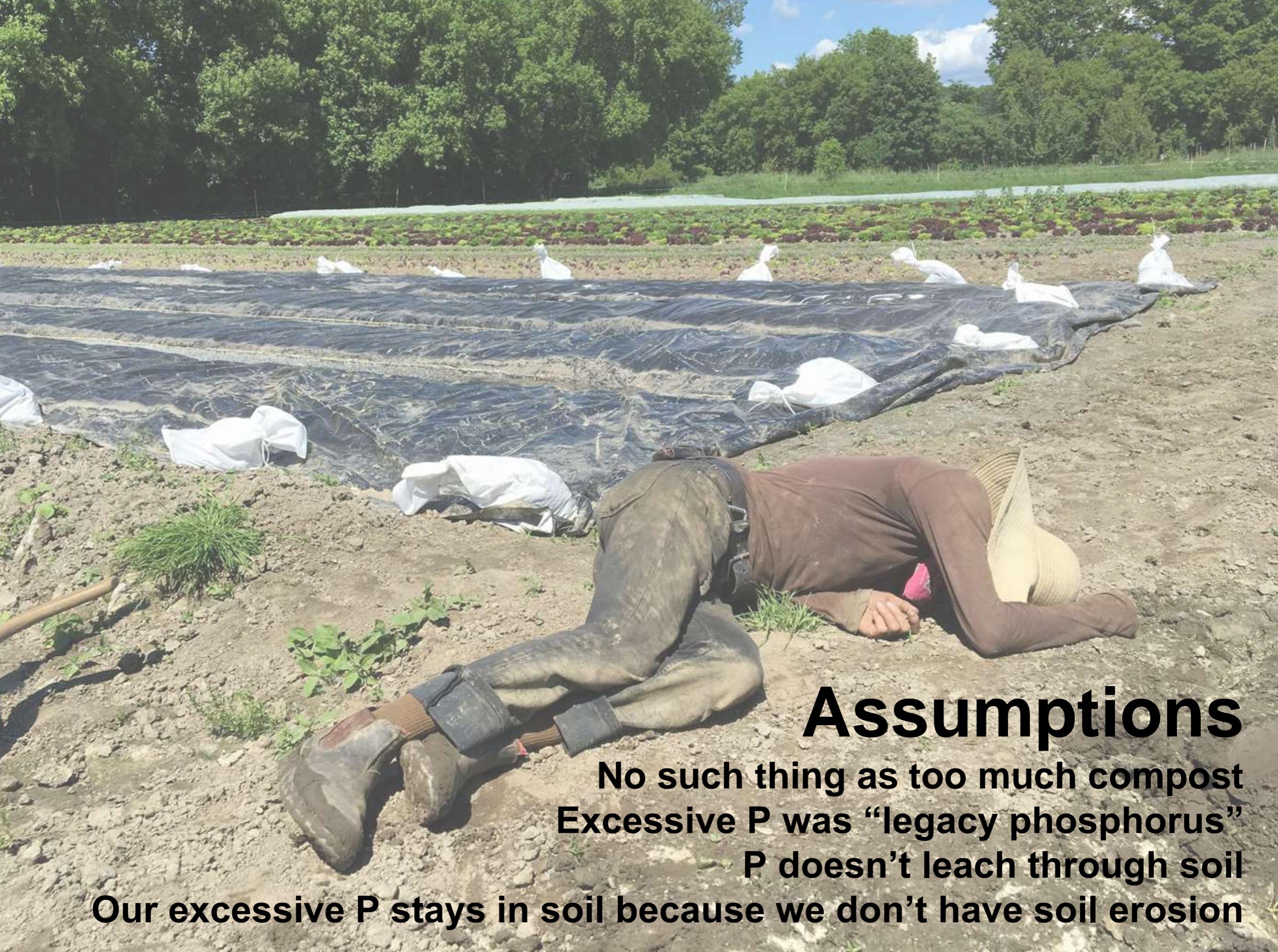
Nutrient	Low	Medium	Optimum	High or Excessive
Phosphorus (P):				[Bar extending to the end of the 'High or Excessive' column]
Potassium (K):				[Bar extending to the end of the 'Optimum' column]
Magnesium (Mg):				[Bar extending to the end of the 'Medium' column]

**Phosphorus is excessive!!!**

<i>Analysis</i>	<i>Value Found</i>	<i>Optimum Range ** (or Average *)</i>	<i>Analysis</i>	<i>Value Found</i>	<i>Optimum Range ** (or Average *)</i>
Soil pH (2:1, water)	7.1		Boron (B)	0.4	0.3*
<b>Modified Morgan extractable, ppm</b>			Copper (Cu)	0.3	0.3*
<i>Macronutrients</i>			Zinc (Zn)	3.7	2.0*
Phosphorus (P)	185.2	4-7	Sodium (Na)	18.0	20*
Potassium (K)	158	100-130	Aluminum (Al)	5	35*
Calcium (Ca)	2040	**	<b>Soil Organic Matter %</b>	2.1	**
Magnesium (Mg)	127	50-100	<b>Effective CEC, meq/100g</b>	11.7	**
Sulfur (S)	8.0	11*	<b>Base Saturation, %</b>		
<i>Micronutrients</i>			Calcium Saturation	87.5	40-80
Iron (Fe)	2.9	7.0*	Potassium Saturation	3.5	2.0-7.0
Manganese (Mn)	5.2	8.0*	Magnesium Saturation	9.1	10-30

\* Micronutrient and S deficiencies are rare in Vermont and optimum ranges are not defined; thus average values in Vermont soils are shown instead.  
\*\* Ranges shown are for Field Crops; Vegetable ranges are higher. Ranges for Calcium, Organic Matter, and Effective CEC vary with soil type and crop.

**Also, all inputs sourced off-farm.**



# **Assumptions**

**No such thing as too much compost  
Excessive P was “legacy phosphorus”**

**P doesn't leach through soil**

**Our excessive P stays in soil because we don't have soil erosion**

MATERIAL	% N	% P2O5	% K2O	% Ca	% Mg	% S	Release Rate	Price per 50 lb	\$/lb N	\$/lb P	\$/lb K
Grioux's Composted Poultry Manure	3%	2%	2%	7%	1%	5%	med	\$1.00	\$0.67	\$1.33	\$1.33
Granite dust			6%		11%	22%	very slow	\$89.00			\$29.67
Greensand		1%	7%				very slow	\$31.50			\$9.00
Gypsum				23%				\$16.50			
K-mag			22%		11%	22%	rapid	\$38.00			\$3.45
Kelp meal								\$69.00			
Peanut meal	8%	1%	2%				slow/ med	\$37.00	\$9.25	\$74.00	\$37.00
Minerals			0%	5%		5%		\$38.00			
Potassium chloride			60%				rapid	\$15.00			\$0.50
Rock phosphate		5%					very slow	\$24.00		\$9.60	
Soybean meal	7%	2%	1%		3%		slow/ med	\$17.00	\$4.86	\$17.00	\$34.00
Sulfate of potash			50%			17%	rapid	\$51.00			\$2.04
phosphate		46%					rapid	\$21.00		\$0.91	
Urea	46%						rapid	\$20.00	\$0.87		
Sulfur, granular						90%	slow/ med	\$28.00			
<b>Blended fertilizers</b>											
Cheep Cheep	4%	3%	3%				med	\$20.50	\$10.25	\$13.67	\$13.67
Custom 5-5-5	5%	5%	5%				med	\$27.00	\$10.80	\$10.80	\$10.80
Custom 6-0-6	6%		6%				med	\$28.50	\$9.50		\$9.50
Pro-Start	2%	3%	3%				med/ rapid	\$17.00	\$17.00	\$11.33	\$11.33
Pro-Booster	10%						med/ rapid	\$32.00	\$6.40		
Pro-Gro	5%	3%	4%				med	\$22.50	\$9.00	\$15.00	\$11.25
Ammonium sulfate	21%					23%	rapid	\$10.70	\$1.02		
Blood meal	12%	1.0%	0.5%				med/ rapid	\$85.00	\$14.17		\$340.00
Bone meal	3%	15%					med	\$39.00	\$26.00	\$5.20	
Bone char	0%	16%	0%				rapid	\$25.00		\$3.13	
Calcitic limestone				38%			med				
Calcium nitrate	15%			19%			rapid	\$21.85	\$2.91		
Chilean nitrate	15%		2%				rapid	\$45.00	\$6.00		
Dehydrated Poultry Manure (Kreher's or other)	5%	4%	3%	9%			med	\$12.00	\$4.80	\$6.00	\$8.00
Dehydrated Poultry Manure (Kreher's or other)	4%	3%	10%				med	\$15.00	\$7.50	\$10.00	\$3.00
Diammonium phosphate		46%					rapid	\$11.83		\$0.51	
Dolomitic limestone				25%	10%		med				
Elemental sulfur sulfate)					10%	13%	rapid	\$18.00			
Feather meal	12%						med	\$50.00	\$8.33		
Fish emulsion	5%	2%					rapid				
Fish meal	9%	7%					med	\$90.00	\$20.00	\$5.71	

**Giroux's (2-3-2) is by far the cheapest source of N**



Source:  
UVM Extension  
Nutrient Management for Vegetable Farmers  
2019

Thank you UVM Extension!



**2012-2019:**

All Giroux's

**2020:**

Cut Giroux's application in half

Applied Pro-Booster for some second cropping

**2021:**

NO Giroux's

Naturesafe 13-0-0 (+ some Chilean Nitrate for early Spring)

Tried to Cover Crop for N



# 2021 Results

- Zero Phosphorus added to soil
- Over twice the cost for N sources)
- Sufficient N, but a little on the edge
- Ran into timing issues with Cover Crops
- Experimented with the use of PSNTs

**PSNT**

**Pre-**

**Sidedress**

**Nitrate**

**Test**

# 2021 PSNT RESULTS

Q2 West	5/22: 15	Cold temps, Sudangrass debris
	7/1: 50 (w/tarp), 35 (solarized), 35 (control)	Higher value with tarp!
	8/9: 16.2	Lower value post-harvest
Q3 West	5/22: 46.1	No Sundangrass here
	6/11: 36.6 (wout tarp), 43.4 (with tarp), 44.1 (young fennel, carrot)	Again, higher value with tarp
	8/9: 14.1	Lower value post-harvest

“In general, the rule of thumb recommendation for veg crops is if the PSNT is below 30 ppm to sidedress with N IF you take the PSNT at a time of normal sidedressing (when crops are already growing).” —Rebecca Maden

# PSNT test ideas for 2022:

–At least once per quadrant in the middle (to capture average release time post-amending) when tarps are removed (2-4 weeks after amending, just before seeding) to test level and signal need to sidedress

–A few times sample sooner or later to see if there are

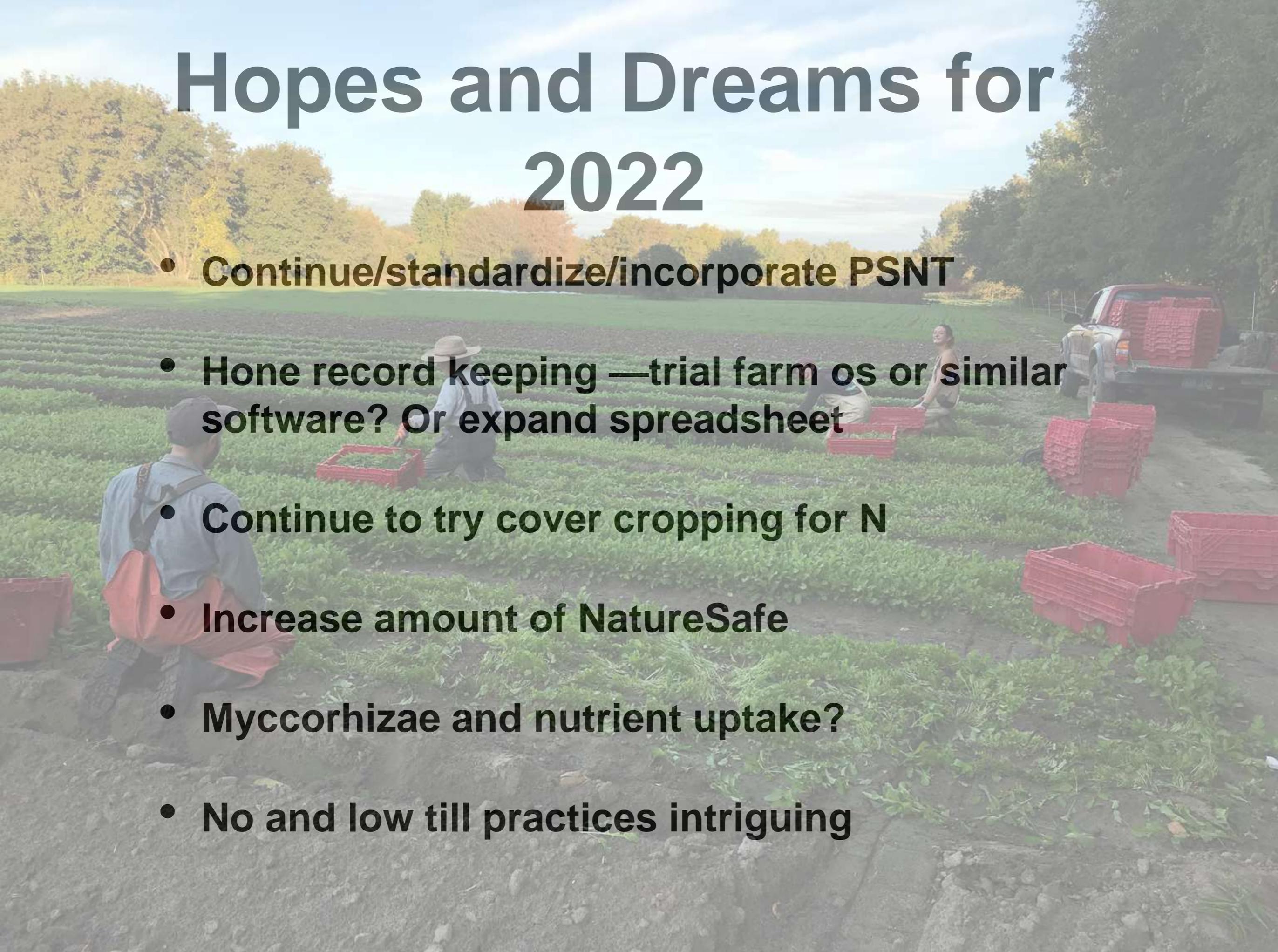
MATERIAL	% N	C:N Ratio	PAN ( <i>plant available nitrogen</i> ) @ 4 weeks	PAN @ 8 weeks	PAN @ 12 weeks
Alfalfa meal	3%	15.1	10%	21%	35%
Blood Meal	12%	3.4	44%	59%	61%
Bone Meal	3%		17%		32%
Bradfield	6%	5.9	34%	45%	54%
Canola Meal	6%	8.7			50%
Chilean Nitrate	16%				84%
Compost (mature)	1%		5%		10%
Espoma	6%	5.8	29%	37%	44%
Feather meal	12%	4.0	45%	47%	65%
Fish Meal	10%		45%	47%	65%
Gluten	9%	5.3	45%	54%	55%
Kreher's	5%	5.8		50%	
Mustard meal	6%	8.9		45%	
(NH4)2SO4	21%	0.0	69%	82%	85%
NatureSafe	13%	3.9	42%	64%	62%
Nutriwave	3%	12.6	18%	23%	36%
Pelletized chicken manure	4%		41%		41%
Poultry litter	2%	14,4	29%		
Progro	5%	4.6	49%	56%	53%
Soybean meal	7%	5.5	48%	61%	57%
Urea	46%	0.4	81%	78%	84%

Point of Ave Max Plant Growth

Point of PSNT Test

**Sources:**  
Oregon State University <http://smallfarms.oregonstate.edu/calculator>  
Heather Darby, UVM <http://www.uvm.edu/vtvegandberry/VVBGAMeeting2014/DarbyOrganicN.pdf>  
Bruce Hoskins, UMaine

# Hopes and Dreams for 2022

- **Continue/standardize/incorporate PSNT**
  - **Hone record keeping —trial farm os or similar software? Or expand spreadsheet**
  - **Continue to try cover cropping for N**
  - **Increase amount of NatureSafe**
  - **Mycorrhizae and nutrient uptake?**
  - **No and low till practices intriguing**
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- A photograph of a farm scene during harvest. In the foreground, a man in a blue shirt and red apron is kneeling in a field of green crops. In the middle ground, another person wearing a hat is also kneeling and working with a red crate. To the right, a white pickup truck is parked with its bed full of red crates. The background shows a line of trees with some autumn-colored leaves under a blue sky with light clouds.

