

# Post-Lecture Guide

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## Code Blue! Resuscitating Trust in Medicine

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### Guiding Questions for Reflection

Use these questions to spark discussion or personal reflection before, during, or after the lecture:

#### 1. Personal Reflection

- When have you witnessed or experienced a breach of trust in a healthcare setting?
- How do your own identities and experiences shape your understanding of trust in medicine?

#### 2. Institutional Trust

- What historical or systemic factors have contributed to mistrust in medicine, particularly among marginalized communities?
- How does your institution currently foster or hinder trust among patients, learners, and colleagues?

#### 3. Restorative Practices

- What does "resuscitating trust" look like in your daily practice?
- How can transparency, accountability, and humility be integrated into medical education and clinical care?

#### 4. Teaching Trust

- How do we teach future physicians to build and maintain trust with patients?
- What role does cultural humility play in fostering trust?

This guide accompanies the lecture **Code Blue! Resuscitating Trust in Medicine**, which explores the erosion of trust in healthcare systems and the imperative to rebuild it through equity, transparency, and community engagement. We invite you to reflect on the roles of educators, clinicians, and leaders in restoring trust in medicine.

### Recommended Resources

Explore these readings, podcasts, and tools to deepen your understanding:

#### Rebuilding trust in medical science:

##### **How doctors and scientists can bridge the misinformation divide.**

Reed Tuckson, MD, cofounder of the Coalition for Trust in Health & Science, implores physicians and scientists to build bonds with patients and the public.

[Read more at AAMCNews](#)

#### Trust in Physicians and Medical Institutions:

##### **What is it, can it be measured, and does it matter?**

Despite the profound and pervasive importance of trust in medical settings, there is no commonly shared understanding of what trust means, and little is known about what difference trust actually makes, what factors affect trust, and how trust relates to other similar attitudes and behaviors.

[Read more at The Milbank Quarterly](#)

#### Mitigating misinformation: Resources for health care providers

A group of leading health organizations working as the Mitigating Medical Misinformation Work Group commissioned research to address medical misinformation. As part of their work, they have published the following resources to help physicians, specialty societies and certifying boards, health and healthcare organizations, and others to reduce the spread of medical misinformation.

[Read more at Coalition for Trust in Health & Science](#)

#### A model of contributors to a trusting patient physician relationship:

##### **A critical review using a systematic search strategy**

This article critically synthesizes existing scholarship to examine the interpersonal, professional, and structural factors that shape the development and sustainability of trust within the patient-physician relationship.

[Read more at BMC Primary Care](#) (UVM login required)



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