

# NEW STUDENT WEEKLY

A weekly message with important to-dos, updates, and more to support your onboarding to UVM

**Dear {{Person-Preferred}},**

Can you believe there are just 5 weeks until you're at UVM for New Student Orientation? We can't wait! There are a lot of deadlines to meet this month, so be sure you're using your [New Student Checklist on your App Status page](#) to stay on top of your onboarding tasks.

**If you complete your New Student Checklist before you arrive on January 8th, you'll get a gift from us during orientation.** Stay tuned for details!

## To-Do Items

**✔ Virtual New Student Insight Sessions December 9, 10, 11, 7 pm ET**

Your orientation begins with three virtual New Student Insight Sessions on important topics. These sessions will give you the opportunity to connect with experts from Student Financial Services, Health and Wellbeing, and the Department of Student Affairs. They will share useful resources, and answer your questions! All sessions take place at 7 p.m. ET and you can [find more information and the links to join the sessions on our website](#).

**✔ Complete your Housing and Dining Contract by Dec. 12**

Be sure to complete your housing and dining contract in the [housing portal](#) ASAP! Contracts are due on December 12th and room assignments will be finalized and available in the housing portal by January 5th.


**✔ Set up Direct Deposit**

Even if you're not receiving financial aid, direct deposit is required for all students because it's the fastest and most reliable way for UVM to refund you if your account changes. For example, if you switch meal plans and need a reimbursement or if you adjust your course registration and drop a class with a fee and you need to be refunded.

Setting this up now ensures any refunds go straight to your bank account quickly and securely! [Learn more here and set up direct deposit today](#) to check it off your list.

## Catamount Curiosity!

### Office Hours: A Key Ingredient for Academic Success



At UVM, professors work to make themselves available and want students to use office hours, not just when they are struggling. Office Hours are one of the best ways to connect with your professors and get the most out of your classes, especially as a new student at UVM.

**✔ Check the schedule first**

Most professors list office hours in the syllabus or on the course site. If the times don't work for you, just ask! Professors are usually happy to find an alternative.

**💡 Come with a plan**

Bring a question, an assignment draft, or something you want to review. Having a clear reason for stopping by makes the conversation more helpful. As you get to know your professors, you might feel comfortable dropping in just to chat about the course or your goals.

**☀️ Why bother?**

Office hours aren't just about fixing problems. They can boost your confidence, help you succeed academically, and even open doors for research or recommendations. So start early in the semester and go as often as you need!

## HAVE QUESTIONS?

**Phone:** (802) 656-4136

**Email:** [orientation@uvm.edu](mailto:orientation@uvm.edu)

Monday - Friday  
8:30am - 4:30pm EDT

## OUR COMMON GROUND VALUES

Respect | Integrity | Innovation | Openness | Justice | Responsibility

Visit the [Our Common Ground webpage](#) to learn more.