



Dear {{Person-Preferred}},

As you are preparing for the holidays, don't forget to stay on top of your [New Student Checklist](#)! There are lots of important tasks to take care of before you arrive for New Student Orientation on January 8th.

If you complete your New Student Checklist before you arrive on January 8th, you'll get a pair of UVM-themed Darn Tough Socks as a gift from Orientation and Student Advancement. Darn Tough is a Vermont company, famous for making cozy socks that will keep your feet happy all winter long and for many winters to come (they have a lifetime guarantee!). If you finish your checklist, you can pick up your socks on January 10th during orientation.

Be sure to follow [@uvmorientation on instagram](#) to get the latest on giveaways, get to know your orientation leaders, and get a sneak peak into what we will do during orientation. As we get closer to your arrival at UVM, you may be hearing from us by email more than once a week with important information.

To-Do Items

✔ Virtual Session: Exploring UVM's Health & Wellbeing Services

TONIGHT at 7 pm ET

Join this virtual session where you'll explore the many ways UVM supports students' physical, mental, and emotional well-being. From counseling and primary care to dynamic wellness programs, learn how these resources can help you thrive throughout your college experience. Don't miss this chance to connect and set yourself up for success! You can [sign into the session here](#).

✔ Get your CATCard so you can eat during Orientation!

Your digital UVM Identification, or your CATCard, will be used to scan you into dining halls during Orientation for all of your meals. **Meals during orientation are free for all new students, but you must have an active CATCard to access them!** You'll also need your CATCard for the rest of your time at UVM to get into the library, the fitness center and more. [Follow the instructions on this page to get yours set up today.](#)

As an off campus student, you can sign up for [a meal plan](#) that will start after orientation on January 11th.

✔ Complete your Learning Modules in Vector by January 6th

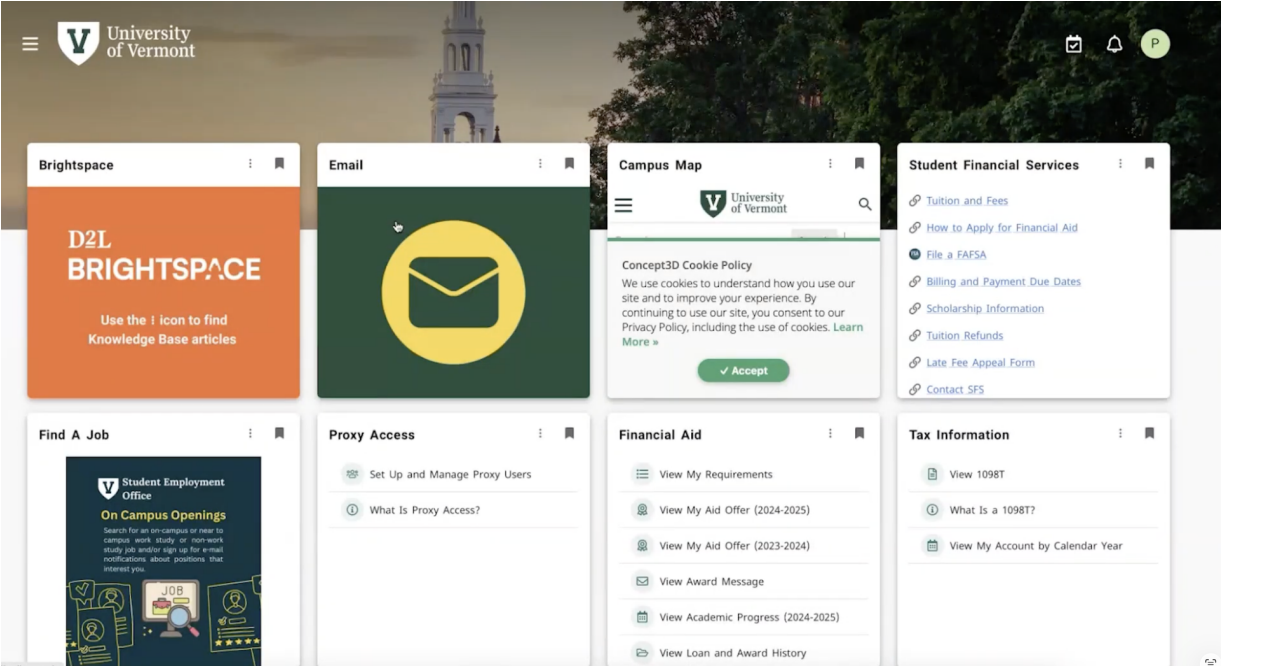
Take charge of your UVM experience by diving into interactive trainings that empower you to create a safer, healthier, and more supportive campus community. These required courses cover essential topics: AlcoholEdu, Mental Wellbeing, and Sexual Assault Prevention for Undergraduates. You may have run into a technical glitch if you tried to access the modules previously, but they are available [online now](#) and typically take 45-90 minutes to complete. Every learner is different, so plan ahead and give yourself enough time to finish before the semester begins.

✔ Check out off-campus housing options

If you haven't found off-campus housing yet or you're looking for a roommate, visit the [UVM Off-Campus Housing page](#) to see available options.

Catamount Curiosity!

MyUVM: A Resource Just for You!



myUVM is an information hub for students and staff that you can customize to keep all your essential information in one place. You can use it to view or change your course schedule, see your Financial Aid page, schedule appointments, access Brightspace for courses, and more. [Watch this walkthrough video](#), made by senior and Orientation expert Kaley, to find out how myUVM can help you stay organized and access many important resources from one location on the web. The easiest way to access your myUVM portal, is to Google "myUVM login" and get started!

HAVE QUESTIONS?

Phone: (802) 656-4136

Email: orientation@uvm.edu

Monday - Friday
8:30am - 4:30pm EDT

OUR COMMON GROUND VALUES

Respect | Integrity | Innovation | Openness | Justice | Responsibility

Visit the [Our Common Ground webpage](#) to learn more.

