

**Regional Outpatient
Eating Disorder Treatment Programs
(varying levels of care)**
Updated October 2025 (AK)



Adolescent Medicine
Eating Disorder Assessment Clinic
802-847-4696

PROGRAM	CONTACT INFO	AGES SERVED	GENDERS SERVED	LOCATION(S)	ADDITIONAL NOTES
Boston Children's Hospital ARFID Program	617-355-6341 https://www.childrenshospital.org/programs/arfid	6-18	All genders	Boston, MA	
Cambridge Eating Disorders Center	603-715-5150 https://www.eatingdisordercenter.org/new-hampshire-treatment-program/	12+	All genders	Concord, NH	Most major insurances, including VT Medicaid
Comprehensive Care Center for Eating Disorders of Northeastern New York	https://www.albanymed.org/specialty/eating-disorders/# Family Based Treatment (outpatient therapy) Tammy Ogden at ogdent@amc.edu (Albany, NY). Behavioral Health Clinic (outpatient therapy) Dr. Jennifer Lent - 518-262-5511 ARFID Clinic: 518-262-5401 (Albany, NY)	Varies	All genders	Northeastern New York	
Herrin Nutrition Services	603-643-7677 https://marciaherrin.com/	All	All genders	Lebanon, NH	Private practice
HPA/LiveWELL	518-218-1188 https://hpalivewell.com/	12+	All genders	Albany, NY	In-person or virtual.
Reflections Eating Disorder Center	603-890-2724 https://parklandmedicalcenter.com/specialties/eating-disorders/	9+	All genders	Salem, NH	
Renfrew Center	1-800-RENFREW (736-3739) https://renfrewcenter.com/locations/boston-ma/	12+	Female and female-identifying	Boston, MA	

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Walden	413-582-0100 (Amherst, MA) 781-899-2400 (Waltham, MA) https://www.waldeneatingdisorders.com/locations/massachusetts-locations/	10+	All genders	Braintree, Waltham and Westborough, MA	Most major insurances, some programs accept VT Medicaid
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