

Advising Dashboard For Course Registration Advising For Health and Society Program Spring Semester 2026

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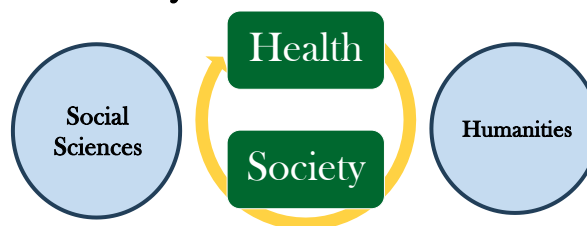


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What is Health and Society (HSOC)

HSOC is an interdisciplinary cross-college major and minor that focuses on social science and humanities approaches to analyzing the relationship between societies' social structures and cultural practices and human health, healing practices, and health-care systems. Housed in the College of Arts and Sciences, the program aims to promote critical understanding of social, cultural, economic, geographic, political, psychological, and environmental contexts that shape varied human experiences of health, illness, healing, and healthcare.

Examining Interactions of Society and Human Health



The main learning objectives for our students in Health and Society include:

1. Recognize and generate the kinds of questions that social science, humanities, and public health scholars ask about the interactions between society and health, including the relationship between societal issues and matters of health, illness, healing, and/or health care in human groups.
2. Effectively identify and critically analyze ways in which societies affect, are affected by, and respond to human health and illness, including how societal problems contribute to human health difficulties, how human health crises contribute to societal problems, and the pros and cons of various societal responses to human health problems.
3. Effectively identify and critically analyze the ways in which human health, illness, healing, and health care are defined, perceived, experienced, constructed, and enacted in different sociocultural settings.
4. Effectively identify and critically analyze the ways in which access to health and health care are distributed, within and across human populations.
5. Effectively identify and critically analyze how social, cultural, geographic, political, economic, economic, psychological, and/or environmental contexts shape human experiences of health, illness, healing, and/or health care.
6. Detect and deconstruct the ways in which knowledge about health, including scientific and clinical knowledge, is shaped by history, values, priorities, cultural frameworks, social conventions, scientific paradigms, social institutions, and/or social, political, and/or financial interests.
7. Communicate effectively about ways in which one's Health and Society education can be ethically and effectively applied to contribute to needs and priorities of specific communities in the spirit of partnership and cultural humility.

Spring 2026 HSOC Course List

Each semester the HSOC Program posts a course list advising sheet on the Advising page of its website:

<https://www.uvm.edu/d10-files/documents/2025-10/HSOCSpring2026CourseListAdvisingSheet3.pdf>.

When on the Advising page, scroll down to the HSOC Course List Advising Sheets and the HSOC Advising Dashboards and find the ones for Spring 2026.

Within the course list, you will see that the courses are divided into two lists, first the CAS courses and second the non-CAS courses. You need to pay attention to that, because students majoring in HSOC and/or another major in the College of Arts and Sciences (CAS) need a certain number of CAS courses for their major, as well as overall. For the HSOC minor as well, a certain number of your HSOC courses need to be CAS-designated.

You will also see columns marked “How Courses Relate to Major” and “How Courses Count Toward Minor.” Under those, there is a column for the 2025-2026 catalog year and a column for the 2024-2025 catalog year. These columns tell you for each course how it relates to the HSOC major and minor for each of those catalog years. These columns tell you whether a course counts as a Required Introductory course, an Intermediate Core course, an Advanced Core course, the required Introductory Methods course, or an HSOC Elective. HSOC majors need to take a certain number of all these types of courses. HSOC minors need to take introductory Required courses, the required Introductory Methods course, and HSOC electives. For the 2025-2026 catalog year, you will notice that some prerequisites that used to count as electives are now ancillary courses that count toward general distribution requirements. If you are following an earlier catalog year, please see the [UVM Catalogue Archive](#) for details.

Please note that most courses are only taught once a year, and some are taught once every other year, not always in the same semester. Check with faculty teaching the course for the next time it will be taught.

HSOC Major and Minor Requirements

Below is how to find the HSOC major and minor requirements. Remember to follow the catalog year that is appropriate for you, depending on when you entered UVM (or joined a new college at UVM).

- **HSOC Major Requirements:** Please see this link for the [2025-2026 HSOC Major Requirements](#). If you are following a previous catalogue year for your requirements, see [course catalogue archives](#) for the HSOC major requirements for that catalogue year. If you are an HSOC major, remember that at least 15 out of your 33 major credits and at least 84 out of your overall 120 credits must be CAS-designated courses. CAS designation is often not intuitive, and many HSOC courses are non-CAS, so be sure to review the HSOC course listing sheet carefully each semester, which tells you which course prefixes (subject codes) are CAS. Also, remember that for the HSOC major, for interdisciplinary exposure, no more than 21 credits for the major can come from a single course prefix (e.g., ECON, SOC).

- **HSOC Minor Requirements:** Please see this link for the [2025-2026 HSOC Minor Requirements](#). If you are following a previous catalogue year for your requirements, see [course catalogue archives](#) for the HSOC minor requirements for that catalogue year. For the HSOC minor, at least 9 of your 18 HSOC credits must be CAS-designated courses. For interdisciplinary exposure, no more than 12 credits of courses for the minor can come from a single course prefix.

If a senior is having difficulty finding needed courses for which they have the prerequisites, they should reach out to their faculty advisor to inquire if a substitution can be made, and if so, what.

Pathways in the HSOC Major and Minor

The HSOC major and minor offer much flexibility and many choices. Having so many choices can be simultaneously exciting and challenging to navigate. To help students to find their way, we have laid out some pathways within HSOC showing students how to get to intermediate and advanced courses.

HSOC majors need to take the prerequisites needed to get from introductory to intermediate to advanced courses within the major. **HSOC majors forge at least two pathways to intermediate and advanced HSOC courses. HSOC minors need to take at least nine HSOC credits at the intermediate level or above.**

Pathways to advanced HSOC courses in the College of Arts and Sciences (CAS) are offered in the departments of Anthropology, Economics, Geography, Political Science, Psychology, and Sociology. These HSOC courses are in biological, medical, and psychological anthropology, health economics, health geography, health policy and politics, health psychology, and sociology of health and illness.

Anthropology:

- ANTH 1190: Global Health, Development and Diversity (3 credits, required introductory course)
- ANTH 2170: Culture, Health & Healing, or ANTH 2181: Aging in Cross-Cultural Persp, or ANTH 2191: Foundations of Global Health, or ANTH 2410: Topics in Biological Anthropology, or ANTH 2205: Gender, Sex, Race & Body (3 credits, intermediate core course)
- ANTH 3192: Anth Research in Global Health, or ANTH 3475: Research in Human Biological Diversity, or ANTH 3560: Human Osteology (Anth 3475 and 3560 need Anth 1400 prereq), or ANTH 3789: Culture, Mind, Body (3 credits, advanced core course)

Economics:

- HSOC 1600: Health Care in America (3 credits, required introductory course)
- MATH 1212: Calculus, or MATH 1234: Calculus (3 credits, prerequisite course, economics prereq, HSOC ancillary course)
- ECON 1450: Microeconomics (3 credits, prerequisite course, economics prereq, HSOC ancillary course)
- ECON 2450: Microeconomic Theory (3 credits, prerequisite course, economics prereq, HSOC ancillary course)
- ECON 2850: Health Economics (3 credits, core intermediate course)
- ECON 3850/4850: Topics in: Health Economics (3 credits, advanced core course)

**Prerequisites for ECON 2850, 3850, and 4850 for HSOC majors and minors (as above) involve fewer ECON courses than for ECON majors and minors.*

Geography:

- ANTH 1190: Global Health, Development and Diversity (3 credits, required introductory course)
- GEOG 1760: Global Environments & Cultures, or GEOG 1770: Geography of Race/Ethnicity in the US, or GEOG 1780: Society, Place, and Power (HSOC ancillary course)
- GEOG 2782: Health Geography (3 credits, intermediate core course)
- GEOG 3782: Topics in Geography and Health (3 credits, advanced core course)

Political Science:

- HSOC 1600: Health Care in America (3 credits, required introductory course)
- POLS 1300: US Political System (3 credits, prerequisite course, political science prereq, HSOC ancillary course)
- POLS 2####: Health Politics and Policy (3 credits, applying for #2490, intermediate core course)
- POLS 3490: Research in Health Politics and Policy, or POLS 3####: State Politics and Policy Research (with health focus, applying for #3492), or POLS 4310: VT Legislative Research Srvc (with health focus) (3 credits, advanced core course)

Psychology:

- HSOC 1600: Health Care in America (3 credits, required introductory course)
- PSYS 1400: Intro to Psychological Sciences (3 credits, prerequisite course, PSYS prereq)
- PSYS 2500: Psychopathology (3 credits, intermediate core course)
- PSYS 3510: Health Psychology (3 credits, advanced core course; make sure to take your intro methods in STAT first)

**Prerequisites for PSYS 3510 for HSOC majors and minors (as above) involve fewer PSYS courses than for PSYS majors and minors.*

Sociology:

- HSOC 1600: Health Care in America or SOC 1340: Global Health Crises (3 credits, required introductory course)
- SOC 1500: Intro to Sociology (3 credits, prerequisite course, soc prereq, ancillary course)
- SOC 2300: Population Health Research, or SOC 2335: Gender Sexualities and Med, or SOC 2260: Crim Justice & Public Health (not offered in future), or SOC 2320: Sociology of Death & Dying (not offered in future) (3 credits, intermediate core course)
- SOC 3300: Health: Race, Class, Gender, or SOC 3####: Soc of Health and Illness, or or SOC 3335: Soc of Reproduction (not offered in future) (3 credits, advanced core course)

Pathways to the intermediate level only in CAS are offered in English, Philosophy, and Religion. Here is what we anticipate the CAS HSOC pathways to intermediate only courses to be:

English:

ENGL 1260: Topics in Literature and Health

ENGL 2###: Drugs and Addiction in Film and Literature

Philosophy:

PHIL 1675: Death and Dying

PHIL 2670: Medical Ethics

Religion:

REL 1650: Religion, Health, and Healing

REL 2652: Mystics, Mediums, and Shamans

Beyond this, HSOC students following catalog years prior to 2025-2026 may be able to also take a pathway to relevant intermediate or advanced courses offered in other non-CAS colleges at UVM. Non-CAS advanced courses that can count toward HSOC include courses like HSCI 3100, HSCI 3300, STAT 3000, CSD 3200, NFS 4245, and NR 3360. Students interested in taking a pathway to those courses need to make sure to find and take the necessary prerequisites. See this [URL](#) for pathways that students can historically choose to take within the HSOC major and minor. For students following later catalog years, these non-CAS courses are electives.

Internships in HSOC

Students who want to take an internship that relates to health and society have several choices.

One great fit is CAS 2920B: CL: COP: Nonprofits & Social Change, a group internship course offered by the College of Arts and Sciences. This course is a community of practice (COP) course led by a faculty member with experience placing students in nonprofit and health related internship positions. To qualify for HSOC elective credit, let your instructor know that you need a community placement that is related to health or well-being. In this course, in addition to your internship work in the community, you meet each week with the course instructor and fellow students to share experiences and get guidance, support, and feedback.

There are many other CAS group internship courses you may consider. In each case, if you want it to qualify as an HSOC elective, you need to request a placement with an organization focused on health or well-being. Such internships include different levels of The Washington Center (CAS 1900, 2900, or 2991), Semester in the City (Boston; CAS 1902, 2902, or 2991), and Semester for Impact (Vermont; CAS 1990 or 299 or 2991).

If you already secured placement with a community organization and none of these group internship course options fits your needs, there is also HSOC 2991 and HSOC 4991, for which you would contact the HSOC program director to request instructor permission. Or you can take SOC 3991 with an HSOC-related placement.

Teaching Assistant Practicum in HSOC

If you are interested in being a teaching assistant, there are a couple ways to proceed. You might be contacted directly by a professor in person or by email with an invitation to apply to be a teaching assistant for one of their courses. This is most likely to happen with a course in which you did outstanding work in your coursework and had excellent attendance and class participation. Alternatively, you might find a general call for applications for a TA position in a group listserv email or on JobX. Or you might reach out yourself to a faculty member to see if they need a TA and ask if you could apply. If you are selected to be a TA in a course, the instructor will decide if your TA practicum will be at the level of HSOC 2994, HSOC 3994, or HSOC 4994, and you will

request an override from the program director. You can qualify for HSOC elective credit if your TA practicum course is 3 credits (not just 1 or 2 credits).

Research Opportunities in HSOC

If you are interested in doing research in HSOC, there are several options. You can take HSOC courses that have a research project or research paper as one of the assignments; this is most likely to be the case in intermediate or advanced courses. You can see if a faculty member needs a research assistant to help them with some aspect of an existing research project that faculty member is conducting, and you can apply to work with them (HSOC 3995 or 4995: Undergraduate Research). Or you can develop your own idea for a research project and find a faculty member who has common interests who has availability to work with you, through an independent study (HSOC 3993), or if your GPA is 3.5 or higher and your proposal is selected, as a senior honors thesis (HSOC 4996).

To prepare yourself for undergraduate research or senior honors thesis work, first you should aim to take courses that provide you with the kinds of knowledge, theoretical frameworks, and research and methodological skills needed to do the kind of research you would like to do. Try to take courses with a professor whose research area interests you, doing as well as you can in their course to demonstrate your capabilities. Some courses offered this spring semester that will help you to develop research methodology skills include STAT 1110, STAT 1410, STAT 3000, SOC 2500/POLS 2800, and ANTH 3192. If you'd like to prepare to do future work with refugees, you may want to take SWSS 1040. For those wishing to do a senior honors thesis, you should take a research design course like ANTH 3192. If you plan to do quantitative analysis for a senior thesis, you should take STAT 3000.

For HSOC-related information and opportunities, sign up for our social media and see our web page:

HSOC Instagram: UVM Health and Society Program (@uvmhealthandsociety)

HSOC Facebook: UVM Health and Society (<https://www.facebook.com/UVMHealthAndSociety/>)

HSOC LinkedIn: Health and Society in UVM CAS

HSOC Web Page: <https://www.uvm.edu/cas/healthsociety>

UVM Global Health Concentration Resources: <https://www.uvm.edu/cas/anthropology/global-health-concentration-resources>

Materials on the College and University Level

Here are some key resources to help you to navigate the changes as you register for Spring 2026 courses.

- **CAS degree requirements with Catamount Core:** [2025-2026 CAS degree requirements with Catamount Core](#). These requirements are for all students entering UVM Fall 2023 and after AND for students who change their degree, such as transferring colleges within UVM. Your degree audit is set to follow your designated catalogue year.
- **CAS degree requirements prior to Catamount Core:** These requirements are for students entering before Fall 2023 who have not made changes to their degree (they have not transferred colleges within UVM): See [course catalogue archives](#) for the requirements that pertain to you. Again, your degree audit is set to follow your designated catalogue year.
- **Finding gen ed designations** (e.g., D1, D2, etc.): Click on the link to the course in the current schedule of courses or the course catalog, and the short description will tell you whether a course counts toward any of the Catamount Core requirements.
- **Resolving degree audit issues:** The Degree Audit software often requires human intervention. If you think you see a problem, contact your HSOC advisor or the HSOC program director, telling them your catalogue year with a link to it (see above), the exact course prefix (subject code) and number in question, and what requirement you hope it can count toward, whether that's a certain Gen Ed requirement, or a certain major or minor requirement. Please note that any course with a 1990, 2990, 3990, or 4990 special topics wildcard designation usually needs human intervention.
- **Finding interdisciplinary courses** (HSOC, etc.) in the Schedule of Courses (the "SOC"): Many courses that count toward HSOC do not have an HSOC course prefix (subject code). This often happens in interdisciplinary programs like HSOC. Those courses that count toward HSOC that have the HSOC prefix in addition to another prefix are called "cross-lists." Those courses that count toward HSOC that don't have the HSOC prefix are called "see also's." See the **classic schedule of courses** to view a list of all HSOC courses to be offered in the upcoming semester, including cross-lists and see also's. Here is the [schedule for Spring 2026 in classic catalog layout](#). Please note that you need to see the [Course List advising sheet for Spring 2026](#) to know how things can count for that semester.
- **Deciphering new and old course numbers:** [Course renumbering widget](#) (if you attended UVM prior to Fall 2023, you can find out here the new 4-digit number for any previous 3-digit course number, and vice versa)
- **Course search tool:** [SOC Advanced Search Tool](#) (to find gen ed courses (e.g., D2, SU, etc.) and courses by course prefix (subject code, e.g., ANTH, SOC, etc.)
- **Overrides:** An override is when a professor allows a student into a course that requires instructor permission or the professor determines that the student can take the course without the usual prerequisites. If you would like to inquire about this, reach out to the professor of the course you would like to inquire about.
- **Exceptions:** An exception is when one's program director and/or faculty advisor determines that the student has made the needed effort to take a required course and/or to attain the prerequisites needed to take a course, but circumstances such as faculty leaves have rendered the normal expectations for the major impossible for the student. In this case, the program director and/or faculty advisor have the discretion to approve a reasonable course substitution that fits the learning objectives of the program.

Exceptions for Graduating Seniors This Spring 2026

This semester SOC 3991 can count for graduating seniors in HSOC by exception sent by an HSOC advisor or program director to the degree audit staff. If you are a graduating senior with additional needs, please reach out to your HSOC advisor and/or the program director.

Advanced Core Course

SOC 3991: Internship (with health-related placement) can be substituted as a 3000 level CAS HSOC core course for graduating seniors by exception. Instructor permission. Contact Prof. Alice Fothergill to inquire.

See below for additional exception options for this spring at various levels of the curriculum.

Exceptions for Any HSOC Student (including Graduating Seniors) This Spring 2026

This semester these can count for any HSOC student by exception sent by an HSOC advisor or program director to the degree audit staff. Please note the prerequisites for each.

Introductory Required Course

Due to unexpected circumstances, the sociology course HSOC 1600: Health Care in America will not be offered this year, SOC 1340: Global Health Crises can be substituted by exception.

Advanced Core Courses

ANTH 3560: Human Osteology can be counted a 3000 level CAS HSOC core course any HSOC student by exception.

POLS 3400: State Politics and Policy Research can be counted a 3000 level CAS HSOC core course any HSOC student by exception if the student focuses their work in the course on health politics and policy.

HSOC Electives

Beyond our regular electives in the course catalog, any of these additional courses can be counted as electives this spring by exception.

ENGL 2700: Stories of the Body.

HCOL 1500: Exploring Wellbeing or Mental Health Stigma.

HCOL 2000: History of Psychoanalysis.

HCOL 2100: Disability Studies and Media Rep.

HDF 3210: Psychology of Aging.

PHIL 2240: Philosophy of Science.

PSYS 3355: Eastern Perspectives on Health.

PSYS 3520: SL: Fit Kids: Special Populations.

SOC 1340: Global Health Crises (if not opting to ask for exception described above).